

## **ANTHEM TRIBE TALKSHEET**

## Why are u so afraid

#### **SCRIPTURE:**

Mark 4:1

Mark 4:35-41

Luke 1:37

**Romans 5:3-5** 

#### **MAIN POINTS:**

- We focus on what He is not doing and forget about wat He has done
- HIS WORD: when has Jesus not done what He said He will do?
- HIS TRUST: "The boat can't go down when Jesus is on board"
- HIS PEOPLE: It's not "time will tell" but rather "troubles will tell"

# CHALLENGE YOUTH THIS WEEKEND:

- When fear > faith = more fear
- When faith > fear = more faith

### **DISCUSSION QUESTIONS**

- In what ways do you relate to the disciples' reaction to the storm? (fear, panic, uncertainty)
- How do you respond to the "storms" in your own life?
- What are some ways we can strengthen our faith and trust in God during the "storms" in our life?
- Can you think of a recent situation where you felt overwhelmed or afraid? How might remembering Jesus' power and presence have helped in that moment?
- How does the story of Jesus calming the storm reveal aspects of God's character (his love, sovereignty, his power)?