



ANTHEM TRIBE TALKSHEET

Return on Investment

SCRIPTURE:

Philippians 4:6-7
John 1:19
Acts 2:1-4
Jeremiah 33:3

MAIN POINTS:

What prayer isn't:

- Perfection
- Performance

What prayer is:

Confession
Communication
Conversation

CHALLENGE TO YOUTH:

Find time this week to practice prayer in this way

START:

- Remove distractions
- Be still

TALK:

- Tell God the biggest things on your heart and mind
- Ask him questions, pray for others

LISTEN:

- Quiet your mind, write down what you feel him saying

DISCUSSION QUESTIONS

- What in your life has already changed this new year?
- What are your biggest distractions in life?
- What takes up the most space in your thoughts?
- How can you personally create space to pray to God?