



ANTHEM TRIBE TALKSHEET

TURN DOWN FOR WHAT

SCRIPTURE:

Galatians 6:8-9

Luke 5:16

Isaiah 30:15

Psalms 46:10

MAIN POINTS:

- If the devil can't get you to sin, he'll get you to be distracted.
- God desires all of your attention
- Don't be so distracted you forget to love God

DISCUSSION QUESTIONS

- How can we integrate moments of silence and solitude into our daily routines to enhance our spiritual connection with God?
- What benefits have you experienced or can envision from embracing silence and solitude in your spiritual journey?
- How does the practice of silence and solitude help us listen to God and discern His guidance in our lives?
- Share an instance where you felt God's presence or received clarity during a moment of intentional silence and solitude.
- How can we encourage one another to prioritize and make space for silence and solitude in a world that often emphasizes business and noise?
- Reflect on Psalm 46:10 ("Be still and know that I am God"). How does being still before God in moments of solitude deepen our understanding of His nature and character?