



ANTHEM TRIBE TALKSHEET

Confidence in Christ

SCRIPTURE:

Psalm 139:13-14
2 Corinthians 5:17
Ephesians 2:10

MAIN POINTS:

- God created you with specific intention and design
- You are unique, and God has a plan for your life

CHALLENGE YOUTH THIS WEEKEND:

- Spend time with God this week and ask him to help overcome self-doubt and a negative, unhealthy view of yourself.

DISCUSSION QUESTIONS

- What are some fall events at school you are looking forward to?
- How can our Christian community and church family play a role in building our self-esteem?
- What can we do to support and encourage each other in our journeys towards healthy self confidence?
- How can prayer be a tool for building confidence in who God created you to be?
- How can we apply the teachings of Jesus to enhance our self-worth and confidence?