



WEEK  
**TWO**

SEPTEMBER 2023

SMALL GROUP

**K-1**

PRELUDE

SOCIAL

STORY

WORSHIP

GROUPS

HOME

PROVIDING TIME FOR FUN INTERACTION  
15 MINUTES

### MADE TO MOVE

an activity that increases the oxygen in the brain and taps into the energy in the body



## 2. OPENING ACTIVITY

**WHAT YOU NEED:** Stuffed animal and tambourine, bells, shaker, keys, or other “noisy instruments”

**WHAT YOU DO:**

- Guide kids to sit in a circle.
- Set the stuffed animal in the center, pretending it’s asleep.
- Lead kids to whisper in a chant:
  - Little monkey [or animal’s name]’s sleeping on the ground. Shh! Shh! Shh!
  - We promise not to wake it with a sound. Shh! Shh! Shh!
- Guide kids to pass the instruments as quietly as possible around the circle.
  - Add challenge by having kids pass the instruments behind their backs or multiple items simultaneously!
- Add fun by periodically pretending the stuffed animal is about to wake. (Shh! Don’t wake the [monkey/animal]!)

**WHAT YOU SAY:**

*(Whispering)* “You all did a great job of keeping your promise not to wake the [animal’s name]! It’s still asleep. Let’s quietly go to Large Group where **[Transition]** we’ll hear about someone who kept a **VERY IMPORTANT** promise. **Let’s go learn more.**”

### TODAY’S BIBLE STORY

#### Friends Forever

David and Mephibosheth  
1 Samuel 19-20; 2 Samuel 9

### TODAY’S BOTTOM LINE

Friends keep their promises.

### MONTHLY MEMORY VERSE

“A friend loves at all times.  
They are there to help when trouble comes.”  
Proverbs 17:17, NIV

### MONTHLY VIRTUE

Friendship—Using your words and actions to show others you care

### BASIC TRUTH

I should treat others the way I want to be treated.

Lead your group to the Large Group area.



CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

**MADE TO IMAGINE**

an activity that promotes empathy and facilitates concrete application through role-play and reenactment



**\*2. PROMISES**

[LIVE FOR GOD | APPLICATION ACTIVITY]

**WHAT YOU NEED:** "Promises" Activity Page, and red and green index cards

**WHAT YOU DO:**

- Give each kid a red and green index card.
- Explain that you'll read a scenario that kids might experience.
- Instruct the kids to hold up a green card if they should make the promise or hold up a red card if they should not make the promise.
- In order to determine what color card to hold up, encourage kids to ask themselves:
  - Can I keep this promise?
  - Should I keep this promise?
- Before you begin, remind kids of the Bottom Line. **Friends keep their promises.**
- Tell them that there are some promises that aren't wise to keep and that also means that we need to be careful what promises we make to others. (We shouldn't make any promises that we can't or shouldn't, keep.)
- Explain to kids that they are going to practice choosing which promises to make.
- One by one, read the scenarios on the "Promises" Activity Page to the group, prompting kids to hold up their card.
- Each time a promise is a "red card," talk about why it's not a promise they should make.
  - Ask the kids to determine what they could do instead.

**WHAT YOU SAY:**

"You all did a great job! In order to show others that we care, we need to be careful about the promises we decide to keep. We know that **friends keep their promises**, and we also know that being a good friend means telling a trusted adult when something feels wrong or someone may get hurt. The best way to get a good friend is to be a good friend!"

**TODAY'S BIBLE STORY**

**Friends Forever**

David and Mephibosheth  
1 Samuel 19-20; 2 Samuel 9

**TODAY'S BOTTOM LINE**

**Friends keep their promises.**

**MONTHLY MEMORY VERSE**

**"A friend loves at all times.  
They are there to help when trouble comes."  
Proverbs 17:17, NIV**

**MONTHLY VIRTUE**

**Friendship—Using your words and actions to show others you care**

**BASIC TRUTH**

**I should treat others the way I want to be treated.**



CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

**MADE TO CREATE**

an activity that explores ideas through the process of drawing, building, designing, and problem-solving



**3. AT ALL TIMES**

[HEAR FROM GOD | MEMORY VERSE ACTIVITY]

**WHAT YOU NEED:** "Proverbs Pantomime" Activity Page, "At All Times" Activity Page, Bibles marked to Proverbs 17, cleaned ceramic tiles, paper plates, permanent markers, and pre-cut adhesive felt squares

**TODAY'S BIBLE STORY**

**Friends Forever**

David and Mephibosheth  
1 Samuel 19-20; 2 Samuel 9

**TODAY'S BOTTOM LINE**

**Friends keep their promises.**

**MONTHLY MEMORY VERSE**

**"A friend loves at all times.  
They are there to help when trouble  
comes."  
Proverbs 17:17, Nlrv**

**MONTHLY VIRTUE**

**Friendship—Using your  
words and actions to show  
others you care**

**BASIC TRUTH**

**I should treat others the way  
I want to be treated.**

**WHAT YOU DO:**

- Invite a volunteer to open the Bible to Proverbs 17:17.
- Read the verse aloud, encouraging the kids to say it with you.
- Briefly review the signs for "friend," "loves," and "help" (Nlrv) and lead kids in saying the verse with the signs.
- Give each kid a ceramic tile on a paper plate.
- Invite kids to draw a way they can keep a promise to love or help a friend.
  - Caution them not to touch the top of the tile with their fingers. The oils on their skin will keep the marker from sticking to the tile.
- Give each kid a felt square and an "At All Times" sticker.
- Have kids put the sticker on the felt, peel off the backing, then stick the felt to the bottom of their tile (if the marker is dry).
- Explain to the kids that they can use the tiles like coasters, set their cup on the tile and remember that **friends keep their promises!**

**WHAT YOU SAY:**

"Proverbs 17:17 says, 'A friend loves at all times. They are there to help when trouble comes.' Friends show love to each other by helping them, encouraging them, and standing up for them. How else can a friend show love to another friend? (They can keep their promises, share, let them pick first, etc.) Yes! (Restate the kids' ideas) **Friends keep their promises.**"



WEEK  
**TWO**  
SEPTEMBER 2023

SMALL GROUP  
**2-3**

PRELUDE      SOCIAL      STORY      WORSHIP      GROUPS      HOME

CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

**MADE TO REFLECT**

an activity that creates space for personal processing and application



**4. PRAY AND DISMISS**  
[PRAY TO GOD | PRAYER ACTIVITY]

**WHAT YOU NEED:** No supplies needed

**WHAT YOU DO:**

- Read the prayer below, pointing to the parts of your body as you pray.
- As you point to the part of your body, direct the kids to point to themselves, too.

**WHAT YOU SAY:**

“God, life is certainly better with other people in it. Thank You for the friends You’ve put in our lives and for the opportunities You’ve given us to be good friends, too. God, help us to (*point to head*) **KNOW** who our good friends are and **UNDERSTAND** what it means to be a good friend to others. Help us to (*point to lips*) **SPEAK** words of encouragement and only make promises we can keep. Because we know that **friends keep their promises**. Help us to (*point to heart*) **LOVE** our friends and treat others the way we want to be treated. Thank You for keeping Your promise and giving us the best friend of all, Jesus! We love You, Jesus, and we pray these things in Your name. Amen.”

As adults arrive to pick up, encourage the kids to show off the instruments they made in “Early Arriver.” Share with the adults that it’s more fun to do life—and make music—with friends!

**TODAY’S BIBLE STORY**

**Friends Forever**

David and Mephibosheth  
1 Samuel 19-20; 2 Samuel 9

**TODAY’S BOTTOM LINE**

**Friends keep their promises.**

**MONTHLY MEMORY VERSE**

“A friend loves at all times.  
They are there to help when trouble comes.”  
Proverbs 17:17, Nlrv

**MONTHLY VIRTUE**

**Friendship—Using your words and actions to show others you care**

**BASIC TRUTH**

**I should treat others the way I want to be treated.**