



## FOR LEADERS ONLY

An adult makes about 35,000 choices every day, but adults are not the only ones with choices to make. Children have their fair share of choices too—about 3,500 of them. Every. Single. Day. Should I eat this snack or that snack? Should I play with this toy or that toy? Should I do this and share or do that and keep it all for myself?

Knowing that our preschooler's 3,500 daily choices will one day turn into 35,000 daily choices is why we want to teach preschoolers that, when they have a choice between This or That, they can trust that God knows what's best for them.

### WEEK 1

**Story Focus: God knows what is best for me.** God told Adam and Eve they could eat from ANY tree but one. Eve had a choice between THIS—do what God said—or THAT—doing what she thought was right. Adam and Eve learned that they should have done what God said because God knew what was best for them. And God knows what's best for us too!

### WEEK 2

**Story Focus: I can trust what God says.** As Moses led the Israelites out of Egypt, he told God's people to trust God. And God parted the sea to make a dry path for them to walk on! Moses and God's people trusted that God knew what was best for them, and we can trust that God knows what's best for us, too!

### WEEK 3

**Story Focus: God knows what is best for everyone.** Jonah had a choice to make. Should he do what God says and go to Ninevah? Or should he get on a boat and run away? After a horrible boat ride, a few nights in a fish, and one spit up later, Jonah had a change of heart and did what God said to do. God knew what was best for Jonah and the people of Ninevah.

### WEEK 4

**Story Focus: I can trust God knows best even when it is hard.** Naaman had to choose between doing THIS—do what God said—or THAT—keep looking for another way to get better. Naaman did not understand why God told him to dip in the water seven times, but Naaman learned that God knew what was best for him. And we know that God knows what's best for us, too!