



ANTHEM TRIBE TALKSHEET

Holy Habits

SCRIPTURE:

- Romans 12:2

MAIN POINTS:

- Never underestimate the big change that comes from a small habit

CHALLENGE YOUTH THIS WEEKEND:

- Find one practical step to help lead you to make a holy and healthy habit.

DISCUSSION QUESTIONS

- Who do you look up to the most in your life?
- Is there a gap between the person you are, and the person you want to be?
- What does the best version of yourself look like?
- What spiritual disciplines do you want to practice more?
- What practical steps can you take to make this a habit?