



## ANTHEM TRIBE TALKSHEET

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### SPIRITUAL TRANSFORMATION

#### SCRIPTURE:

- Romans 7:15-25

#### MAIN POINTS:

- Real change isn't behavior modification, real change is spiritual transformation.
- God, then me
- God, not me
- God THROUGH me
- When you know your why you know your way

#### CHALLENGE YOUTH THIS WEEKEND:

- Identify a change you want to make in your life and write out your spiritual why behind it.

### DISCUSSION QUESTIONS

- What are some good habits that you already have in your life?
- Which part of this message was most impactful for you and why?
- Read **Zechariah 4:6**, What are some specific areas in your life where you're needing God's power?
- Have you recently started something with great intentions, only to fall short or give up? How could a "God through me" approach help you find the change you're looking for?
- Share about a time when you made a lasting change in your life. What role did God have in that decision?
- After hearing about having a "spiritual why", did one come to mind for you?