



## ANTHEM TRIBE TALKSHEET

---

### SELF TALK/ IDENTITY

#### SCRIPTURE:

- John 8:44-45

#### MAIN POINTS:

- You do what you do because of what you think of you
- A distorted identity leads to destructive habits, destructive habits reinforce a distorted identity
- A Christ-centered identity leads to Christ-like habits, Christ-like habits reinforce a Christ-centered identity
- Who before do

#### CHALLENGE YOUTH THIS WEEKEND:

- Identify your spiritual who this week

### DISCUSSION QUESTIONS

- What did you want to be when you were growing up?
- Which part of this message was most impactful for you and why?
- Read **Proverbs 23:7 NKJV**, How have you seen your thoughts or feelings influence your choices or actions?
- Are you happy with the direction your thoughts are taking you? If not, how might you change your thoughts to change your actions?
- Who does God say you are? How does your life reflect this truth, and how might living in this truth change your life?
- Who do you want to become? Who does God want you to become? Do you notice any differences there? Share what you're thinking and feeling with your group.