



PRELUDE SOCIAL WORSHIP STORY GROUPS HOME

PROVIDING TIME FOR FUN INTERACTION
15 MINUTES

MADE TO MOVE

an activity that uses a preschooler's natural desire to move to help them learn



1. MOUNTAIN CLIMBERS

WHAT YOU NEED: No supplies needed

WHAT YOU DO:

BEFORE THE ACTIVITY: Instruct the children to spread out in the activity area. Ask children to put their arms out to make sure they're not touching any other friend, then drop

their hands to their sides.

DURING THE ACTIVITY: Lead the children to complete a mountain climber exercise. Show the children how to get down on the floor in a push-up or plank position. Their hands should be on the floor beneath their shoulders and their legs should be extended straight behind them with toes on the floor. Demonstrate how to lift one knee to your chest and return to the starting position, followed by lifting the other knee to your chest and again returning to the starting position. Lead the children to repeat as time and interest allow.

AFTER THE ACTIVITY: Talk about how Jesus and His friends, the disciples, climbed a mountain in our story today.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "Friends, come stand here in our activity area. Let's spread out! Put your hands out like this (*demonstrate*) to make sure you aren't touching another friend. Arms out everyone! Now you can put them down. Good job!"

DURING THE ACTIVITY: "Let's go mountain climbing! I'll teach you an exercise called 'mountain climbers.' Everyone, watch me! (*Demonstrate.*) First, you put your hands flat on the floor and push your legs back out behind you like you're going to do a push-up. You lift one foot to your chest like this and put it back down. Then lift your other foot to your chest and put it back down. That's it. That's a mountain climber! Try it with me. (*Repeat as desired.*) That was so fun and tiring! Mountain climbing can be tough and tiring."

AFTER THE ACTIVITY: "In today's Bible story, Jesus and His friends go to a mountain. Jesus gave His friends a very special message to go and tell everyone, everywhere. Come with me!"

TRANSITION: Move to Worship and Story by pretending to climb a mountain as you walk along.

BIBLE STORY

Jesus wants me to tell others He is alive.

GREAT COMMISSION
MATTHEW 28:19-20

MEMORY VERSE

"I am alive for ever and ever!"

REVELATION 1:18, NIV

KEY QUESTION

Who is alive?

BOTTOM LINE

Jesus is alive.

BASIC TRUTH

Jesus wants to be my friend forever.



PRELUDE SOCIAL WORSHIP STORY **GROUPS** HOME

CREATING A SAFE PLACE TO CONNECT
25 MINUTES

MADE TO MOVE

an activity that uses a preschooler's natural desire to move to help them learn



1. TRAVEL AND TELL

[HEAR FROM GOD | MEMORY VERSE REVIEW]

WHAT YOU NEED: "Travel and Tell" Activity Page, cardstock, and painter's tape

WHAT YOU DO:

BEFORE THE ACTIVITY: Copy "Travel and Tell" on cardstock, one set per group. Tape to the walls or furniture

around the room at preschooler height.

DURING THE ACTIVITY: Go to each picture and say the memory verse with motions. Repeat as desired.

AFTER THE ACTIVITY: Repeat the memory verse with the motions.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "Friends, join me over here. In our Bible story, we learned that Jesus wants us to go and tell everyone, everywhere that Jesus is alive and wants to be their friend forever. Let's get ready to travel and tell!"

DURING THE ACTIVITY: "Follow me! (*Walk to the picture of a grandma.*) There's someone's grandma! Let's tell her our memory verse. 'I am alive (*point up*) for ever and ever,' (*twirl around or twirl pointed finger*) Revelation 1:18. (Open hands like a book.) Bye grandma!

"Let's go tell someone else. Follow me to the grocery store. (*Pause.*) Hey, there's the grocery clerk. Let's tell him the good news. 'I am alive (*point up*) for ever and ever,' (*twirl around or twirl pointed finger*) Revelation 1:18. (Open hands like a book.) Bye, sir!

"Let's go tell someone else. Follow me to the playground. (*Pause.*) Hey, there are friends playing in the sandbox. Let's tell them the good news! 'I am alive (*point up*) for ever and ever,' (*twirl around or twirl pointed finger*) Revelation 1:18. (Open hands like a book.) Bye, playground friends!

(Repeat as many times as desired.) "You did a great job of telling everyone, everywhere that **Jesus is alive.**"

AFTER THE ACTIVITY: "Let's say the verse one more time and add the motions. 'I am alive (*point up*) for ever and ever,' (*twirl around*) Revelation 1:18. (Open hands like a book.) Good job! **Who is alive? Jesus is alive.**"

BIBLE STORY

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**GREAT COMMISSION
MATTHEW 28:19-20**

MEMORY VERSE

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REVELATION 1:18, NIV

KEY QUESTION

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CREATING A SAFE PLACE TO CONNECT
25 MINUTES

MADE TO THINK

an advanced activity specifically designed for older preschoolers



3. TELL ME SOMETHING!

[LIVE FOR GOD | APPLICATION ACTIVITY]

WHAT YOU NEED: No supplies needed

WHAT YOU DO:

BEFORE THE ACTIVITY: Gather the children to sit at the table.

BIBLE STORY

Jesus wants me to tell others He is alive.

GREAT COMMISSION
MATTHEW 28:19-20

DURING THE ACTIVITY: Ask the children if anyone has a joke they would like to share. If no one offers to share a joke, there are a couple of suggestions below to jump-start the joke-telling. Then encourage the children to tell something they learned from today's Bible story and review the Bible story.

AFTER THE ACTIVITY: Talk about how Jesus wants us to go and tell everyone, everywhere that **Jesus is alive.**

WHAT YOU SAY:

BEFORE THE ACTIVITY: "Friends, come sit with me. I have a fun job for us."

DURING THE ACTIVITY: "Today, our job is to tell some silly jokes. Does anyone have a joke they'd like to share? We'll go one at a time. (Pause.) Those are funny jokes!

"I have some jokes, too. What do you call a train with a cold? A choo-choo train! Isn't that funny? I have another. What type of tree fits in your hand? A palm tree! (Point to the palm of your hand.) This part of your hand is called your palm. Here's another one. What is a pirate's favorite letter? ARRRR! I like sharing jokes with you! That's a fun job!"

"In today's Bible story, we learned that there is one really important job Jesus gave to His friends, the disciples. He told some of His friends about it—on a mountain! Can you tell me something about that very important job? (Encourage responses.) That's right! Our story began on a mountain with Jesus and His friends, the disciples. While they were on the mountain, Jesus gave His friends an important job. Jesus told His friends to go and tell everyone, everywhere that Jesus is alive and wants to be their friend forever. That's a very IMPORTANT job!

AFTER THE ACTIVITY: "And guess what? We can do that job, too! We can tell everyone that **Jesus is alive** and wants to be your friend forever! Tell me, **who is alive? Jesus is alive.**"

MEMORY VERSE

"I am alive for ever and ever!"

REVELATION 1:18, NIV

KEY QUESTION

Who is alive?

BOTTOM LINE

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CREATING A SAFE PLACE TO CONNECT
25 MINUTES

MADE TO REFLECT

an activity that encourages personal application and prayer



6. JOURNAL AND PRAYER

[PRAY TO GOD | PRAYER ACTIVITY]

WHAT YOU NEED: "Memory Verse Card" paperclipped in Bible, journal, and a fun-shaped pen

WHAT YOU DO:

BEFORE THE ACTIVITY: If you do not have the "Memory Verse Card" in your Bible, copy "Memory Verse Card" on cardstock and cut, one per small group. Paperclip one card in your Bible at Revelation 1:18. You will keep this card in your Bible all month.

DURING THE ACTIVITY: Lead the children to your Small Group spot, sit down, and gather the children around you. Review the Bible story and memory verse then pray with the children.

WHAT YOU SAY:
SMALL GROUP LEADER (SGL): "It's Small Group time! Today, every time we take three steps, we're going to stop and say, '**Jesus wants to be my friend forever!**' Are you ready? Count with me!" (*Count out loud with each step and every time you say, "three," stop and say, "Jesus wants to be my friend forever!" Continue as you lead the children to your Small Group spot.*)

CHILDREN AND SGL: "One . . . two . . . three! **Jesus wants to be my friend forever!**"

SGL: "Here we are! Let's sit down and talk about today's Bible story. One, two, three, sit down with me! (*Open the Bible and lay it in front of the children.*)

"In our Bible story today, Jesus told His friends to GO and TELL everyone, everywhere the good news that **Jesus is alive. Who is alive?**"

CHILDREN AND SGL: **Jesus is alive!"**

SGL: "That's right! And Jesus says in the Bible verse we're learning . . . (*Turn the pages of your Bible to the Memory Verse Card.*) 'I am alive for ever and ever,' Revelation 1:18. (*Close Bible and lay it down.*)

"That's Jesus talking! Let's stand up and say what Jesus said with the motions. Just say what I say and do what I do.

CHILDREN AND SGL: "'I am alive (*point up*) for ever and ever,' (*twirl around*) Revelation 1:18." (*Open hands like a book.*)

(*Repeat the verse with motions a few times.*)

SGL: "Yay! **Jesus is alive!** Now let's sit down so we can write in our prayer

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(6. JOURNAL AND PRAYER, CONTINUED)

journal and talk to God. *(Hold journal and fun-shaped pen.)*

“Since Jesus wants all of His friends to GO and TELL everyone, everywhere that **Jesus is alive** and wants to be their friend forever, we’re going to make a list of people we can GO and TELL. When I say your name, tell me one person you can GO and TELL about Jesus. *(Remember to print so the children can recognize their names and the letters.)*

“Wow! Look at our list! I see a lot of people who will have happy faces when we GO and TELL them that **Jesus is alive!** Would anyone like to pray before I pray?” *(Give each child who wants to pray the opportunity to do so.)*

PRAYER

SGL: “Dear God, Thank You that **Jesus is alive** and wants to be *(say each child’s name)* friend forever. Help us GO and TELL *(read the list the children made)* that **Jesus is alive** and wants to be their friend forever, too. We love You, God. In Jesus’ name, amen.”