



ANTHEM TRIBE TALKSHEET

JOY

SCRIPTURE:

- Psalm 34:17-20, James 1:2-4. 1 Peter 5:7

MAIN POINTS:

- Jesus brings joy in a place of despair

GOAL OF TRIBES:

- To understand that joy is always available to us

CHALLENGE YOUTH THIS WEEK:

- Each day this week, write down something that made you joyful that day.

DISCUSSION QUESTIONS

- Have you ever experienced despair or trials? Share a time when you felt like life had hit rock bottom.
- How do you respond to difficult times? How do you typically react to that rock bottom feeling?
- How can we see our circumstances from God's perspective? How can we embrace His joy instead of our despair?
- What things do you need to cast on the Lord this week?