

PRELUDE

SOCIAL

STORY

WORSHIP

GROUPS

HOME

CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

### MADE TO CONNECT

an activity that invites kids to share and collaborate with others while growing their understanding



### DISCUSSION QUESTIONS

[TALK ABOUT GOD | BIBLE STORY REVIEW]

WHAT YOU NEED: No supplies needed

WHAT YOU DO:

Ask:

- What feels out of control?
- Why do things sometimes feel out of control?
- What helps you calm down when things feel out of control?
- Who are some people in your life that you can trust to help you?
- What are some ways you can you rely on God to help you?

### TODAY'S BIBLE STORY

#### When You Believe

Israel Goes Through the Red Sea  
Exodus 13:17-14:31

### TODAY'S KEY QUESTION

What feels out of control?

### TODAY'S BOTTOM LINE

Hold on because God is still in control.

### MONTHLY MEMORY VERSE

"Let us not become tired of doing good. At the right time we will gather a crop if we don't give up."

Galatians 6:9, NIV

### MONTHLY VIRTUE

Grit—Refusing to give up when life gets hard

### BASIC TRUTH

I can trust God no matter what.

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### MADE TO MOVE

an activity that increases the oxygen in the brain and taps into the energy in the body



### VERSES TO TAKE WITH YOU

[HEAR FROM GOD | MEMORY VERSE ACTIVITY]

**WHAT YOU NEED:** "Red Sea Verse" Activity Page, 12 prepared red balloons, 12 prepared blue balloons

#### WHAT YOU DO:

- Divide kids into two teams and ask them to stand with their teams on one end of your group space.
- If your balloons are already inflated, place each set of 12 balloons in two lines (one line for red and one line for blue).
- Be sure to space the lines far enough apart so they don't run into each other when kids are popping them).
- If balloons still need to be inflated, recruit each team to blow up their balloons and then place them in a line.
- Explain that the line of balloons is their "Red Sea," and they will need to work together to cross to the other side.
- When you say, "Go!" teams must walk in a line to their balloons. They must work together to stomp on their balloons, and pop them.
- Once a team pops all their balloons, they must collect all 12 folded up slips of paper that were inside. They must work together to put the words of the verse in order.
- The first team to finish putting the verse together wins.
- Give the entire group a chance to say the verse out loud together.

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### MADE TO REFLECT

an activity that creates space for personal processing and application



### MAKE IT PERSONAL WITH PRAYER [PRAY TO GOD | PRAYER ACTIVITY]

**WHAT YOU NEED:** Grit Prayer Journals (from Week 1), pens or pencils, dry erase board, dry erase marker

#### WHAT YOU DO:

- Remind kids that all month long, you're using these journals to pray about things that fall under these categories, and "gratitude" is the category for this week.
  - **Gratitude**-give thanks to God
  - **Relationships**-pray for the people in your life
  - **Identity**-ask God to help you grow in specific ways when it comes to who you are becoming
  - **Truth**-pray the truth of God's Word. Choose a verse to pray and focus on.
- Ask kids to think of things they are grateful to God for and make a list of those things on the dry erase board.
- Talk to kids about how Moses and the Israelites must have been extremely grateful when they realized that God was, in fact, in control of their situation and working for them. When we can see the effects of how God is with us, it's important to express our gratitude in prayer.
- Remind the group about their GRIT Prayer Journals they made during Week 1.
- Hand them out and give kids some time to write down prayers of gratitude to God. (Be sure to provide a journal for any kids who have not been to church yet this month.)
- After everyone is finished writing, lead the group in a prayer where there is open time for people to say tell God, "Thank you," for anything specific they want to mention.
- Encourage your kids to pray out loud, but also, do not force anyone to say anything.
- Close the group in prayer.

#### WHAT YOU SAY:

"God, we have had such an incredible month together learning about how to have grit. Thank You for your Word and how it teaches us that we can hold on because you are in control. Help us to always remember that. In Jesus' name, Amen."

- Tell the kids they can keep their GRIT Prayer Journals, and take them home.
- Encourage them to keep using them for their own personal prayer time.

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