SMALL GROUP

K- 3

**PRELUDE** 

SOCIAL

STORY

WORSHIP

**GROUPS** 

HOME

PROVIDING TIME FOR FUN INTERACTION
15 MINUTES

# MADE TO CONNECT

an activity that invites kids to share and collaborate with others while growing their understanding



Before kids arrive, take a few moments to pray for them. Thank God for knowing all the little details of our lives, including the hard moments that even those around us don't know. Pray that kids would be encouraged to push through hard times and know that God knows everything about their situation and cares about them and what they're walking through.

# **TODAY'S BIBLE STORY**

### **Deliver Us**

Burning Bush and the 10 Plagues Exodus 3-6:12; 7-12:42

## **TODAY'S BOTTOM LINE**

Hold on because God knows what you're going through.

# **MONTHLY MEMORY VERSE**

"Let us not become tired of doing good. At the right time we will gather a crop if we don't give up." Galatians 6:9, NIrV

## **MONTHLY VIRTUE**

Grit—Refusing to give up when life gets hard

# **BASIC TRUTH**

I can trust God no matter what.

# 1. EARLY ARRIVER

**WHAT YOU NEED:** Offering container, blank cards, envelopes, and pens or pencils

#### WHAT YOU DO:

- Welcome kids to Small Group and get them settled with their offering and Bibles
- As they arrive, set out the cards and pencils.
- Encourage kids to write a note to someone who has been there for them in a hard or challenging situation: a parent, friend, teacher, or coach.
- Collect the cards at the end.

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CREATING A SAFE PLACE TO CONNECT 25 MINUTES

# MADE TO IMAGINE

an activity that promotes empathy and facilitates concrete application through role-play and reenactment

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# GOD KNOWS [LIVE FOR GOD | APPLICATION ACTIVITY]

**WHAT YOU NEED:** "World Prayer Map" Activity Pages, pens or pencils

## WHAT YOU DO:

- Hand each kid a "World Prayer Map" and pen or pencil.
- Ask them if they can name any of the countries they see on their map.
- Explain that everywhere, all over the world, kids just like them are going through really hard things.
- God doesn't just know what we are going through. God knows what every person EVERYWHERE is going through. Just like we pray for God to help us, we can ask God to help other kids in other parts of the world to hold on, too.
- Tell kids to circle an area or country on their map (other than their home country) that they will commit to praying for. They are choosing to pray for the kids in those countries who are going through hard things, that they would be able to hold on to God.
- Give kids 30 seconds to silently pray for the kids in the countries they chose.
- Instruct kids to turn over their map and write something hard they're going through.
- Tell them that when they pray this week for God to help them through their hard thing, pray for the kids in the area of the world they circled on their map, too.

#### WHAT YOU SAY:

"The world looks really small on these maps because it's just on a little piece of paper. The world is actually SO big, and there are so many people who live on Earth. God created ALL of us and knows what each of us is going through. You can **Hold on because God knows what you're going through."** 

[Make It Personal] (Share an age-appropriate story of when you knew God was with you. If you have ever traveled internationally, think of a story to tell them of the country you visited. Help them get an idea of life outside of where they live right now. Whatever story you choose, make sure kids know that even though what you were going through was hard, God knew what you were going through and was with you the whole time.)

SMALL GROUP

PRELUDE SOCIAL STORY WORSHIP GROUPS HOME

CREATING A SAFE PLACE TO CONNECT 25 MINUTES

# MADE TO MOVE

an activity that increases the oxygen in the brain and taps into the energy in the body

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# DON'T GIVE UP

[HEAR FROM GOD | MEMORY VERSE ACTIVITY]

**WHAT YOU NEED:** "Don't Give Up" Activity Pages, Bibles, resistance loop bands, and buckets

#### WHAT YOU DO:

• Help kids look up and read Galatians 6:9 in their Bibles with the navigation tips below.

Finding verses with 2nd and 3rd graders: Guide kids to open their Bibles to the front and find the table of contents. Hold up a Bible opened to the table of contents to show the kids what the page looks like. When the kids find the table of contents, lead them to find Galatians in the list under "New Testament." When the kids find Galatians, lead them to look at the page number beside the word. Explain that the number tells them on what page they can find Galatians. Help the kids find the page. When they find Galatians, explain that the big numbers on the page are the chapter numbers. Help them find chapter 6. Explain that the small numbers are verse numbers. Help them find verse 9 in chapter 6.

- Read the memory verse out loud together and let a couple of kids say it from memory if they can.
- Split kids into two teams and tell each team to line up single file.
- Hand a resistance loop band to the first child on each team.
- Explain and demonstrate how they will place the loop band around their knees and slightly spread their legs so it doesn't fall down.
- Instruct kids to waddle to their team's bucket, pick up a word or phrase, and waddle back to their team.
- If their band falls while waddling, they must stop and reposition it until it is tight again, then they can keep going.
- They can't use their hands to hold the band up.
- Once everyone in the team has gone and all cards have been taken out of each team's bucket, the team must work together to put them in order.
- Once the verse is in order, tell them to all jump up and say it out loud together.

### WHAT YOU SAY:

"That was pretty tough! You guys did a great job of encouraging each other and working hard to get it done. Did any of you get tired during that? (Pause for show of hands.) It was tough work. Our memory verse reminds us to not grow tired. It isn't talking about being physically tired but to not grow tired of doing good. Has anyone ever said, 'I'm tired of making my bed,' or 'I'm tired of doing my homework'?

"It's normal to get tired of doing stuff like homework or chores. But let's not get tired of doing good things for other people and showing them God's love! When you do, you know that you can hold on because God knows what you're going through."

SMALL GROUP

K-3

PRELUDE SOCIAL STORY WORSHIP GROUPS HOME

CREATING A SAFE PLACE TO CONNECT 25 MINUTES

# MADE TO REFLECT

an activity that creates space for personal processing and application



# PRAY AND DISMISS [PRAY TO GOD | PRAYER ACTIVITY]

WHAT YOU NEED: No supplies needed

#### WHAT YOU DO:

• Use the conversation below as a guide to lead kids into prayer.

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#### WHAT YOU SAY:

"Moses HELD ON because he knew that God knew what he was going through. He knew that God had SEEN him and that God was WITH him. Just like God was with Moses, God is with you, too! God never meant for us to keep going on our own. God gave us JESUS to walk with us. And when you put your trust in Jesus, His Holy Spirit gives you the power to keep going. Let's pray.

"Dear God, thank You SO MUCH that You are always with us. You love us and You care for us, more than we can imagine! Thank You that You know what we're going through. Thank You, God, that when we HOLD ON, good things WILL come. In Jesus' name we pray, amen."

As adults arrive to pick up, encourage kids to tell them what Moses saw in the desert (the burning bush). Add that when Moses saw the burning bush, he knew that God knew what the Israelites were going through.