



WEEK
FOUR
SEPTEMBER 2022

SMALL GROUP
PRETEEN

PRELUDE

SOCIAL

STORY

WORSHIP

GROUPS

HOME

CREATING A SAFE PLACE TO CONNECT
25 MINUTES

MADE TO CONNECT

an activity that invites kids to share and collaborate with others while growing their understanding



DISCUSSION QUESTIONS

[TALK ABOUT GOD | BIBLE STORY REVIEW]

WHAT YOU NEED: No supplies needed

WHAT YOU DO:

Ask:

- What does it mean to trust God?
- When is it easy to trust God? When is it hard?
- What does it look like to be worrying about (fill in with examples from the Take a Snapshot Activity) and still be trusting God?
 - For example: Your grandma is sick and you are worried about her—what does it look like to trust God in that situation?
- Why do we know we can trust God even when we are worried or anxious about situations in our lives? What can you do to train yourself to trust God no matter what?
- How does trusting God influence the decisions you make?

TODAY'S BIBLE STORY

Weighed Down

Jacob and Esau's Reconciliation
Genesis 31:3; 32:3-32; 33:1-17

TODAY'S KEY QUESTION

What do people worry about?

TODAY'S BOTTOM LINE

You can trust God even
when you're worried.

MONTHLY MEMORY VERSE

"Trust in the Lord with all
your heart. Do not depend on
your own understanding."

Proverbs 3:5, NIV

MONTHLY VIRTUE

Trust—Putting your confidence
in someone you can depend on

BASIC TRUTH

I can trust God no matter what.



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MADE TO CREATE

an activity that explores ideas through the process of drawing, building, designing, and problem-solving



VERSE TO TAKE WITH YOU

[HEAR FROM GOD | MEMORY VERSE ACTIVITY]

WHAT YOU NEED: "Verse Cards" Activity Page, Bibles, decorating supplies

WHAT YOU DO:

- Gather kids in a circle.
- Give kids a set of "Verse Cards."
- As a group, read the cards and discuss what the verse says about trusting God.
- As you discuss the verses, let kids use the supplies to decorate the cards.
- Potential discussion questions:
 - What do these verses have in common?
 - Is there one verse that you connect with more than the others? Why?
 - What do these verses remind you about God?
 - Read Philippians 4:6. Why is it important to remember to give thanks to God? How can giving thanks help you to trust God when you are worried or anxious?
 - Read Psalm 13:5-6. What does this verse remind us about God? What are some ways we can praise God? How can we focus on God's goodness? How can focusing on these things help us trust God?
 - How is the Bible a tool to teach us to trust God no matter what? Why is memorizing Scripture an important tool to grow your trust in God?
- Encourage kids to memorize the verses on their "Verse Cards" this week.

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MADE TO REFLECT

an activity that creates space
for personal processing
and application



MAKE IT PERSONAL WITH PRAYER [PRAY TO GOD | PRAYER ACTIVITY]

WHAT YOU NEED: Paper, pencils, Bibles

WHAT YOU DO:

- Quickly review the examples of ways we can learn to trust God even when we are worried.
 - This should be fast paced.
 - Quickly tick off the examples with your fingers. Stop when you get to five or when kids run out of examples.
 - Examples could include: pray, read the Bible, memorize Scripture, lean on God, talk with other Jesus followers, participate in Small Group, etc.
- Explain one way to remind ourselves to trust God when we are worried is to refocus our thoughts to who God is. When we remember who God is, we are reminded why we can trust Him no matter what.
- Give kids a piece of paper and a pencil.
- Instruct kids to write the letters of the alphabet in a descending column on their paper.
- Give kids a few minutes to make a list of words/phrases that describe God, with each word/phrase beginning with a different letter of the alphabet.
 - For example: Amazing, Bigger than my fears, Creator, Divine, Eternal, etc.
- Allow kids to share their lists with the group.
- Remind kids that it is hard to pray, especially when you are worried, because your thoughts are all over the place. When you can't seem to find the words to pray or things around you are so chaotic, go through the alphabet in your mind and think about what you know to be true about God for each letter of the alphabet. It is one way you can redirect your thoughts towards a God who is always trustworthy.
- Close in prayer.

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