



WEEK  
**THREE**  
SEPTEMBER 2022

SMALL GROUP  
**3-5** YEAR  
-OLDS

PRELUDE SOCIAL WORSHIP STORY GROUPS HOME

PROVIDING TIME FOR FUN INTERACTION  
15 MINUTES

## MADE TO MOVE

an activity that uses a preschooler's natural desire to move to help them learn



## FOLLOW THE LEADER

**WHAT YOU NEED:** No supplies needed.

**WHAT YOU DO:**

**BEFORE THE ACTIVITY:** Gather the children in a line in your activity area.

**DURING THE ACTIVITY:** Explain that you will play "Follow the Leader" around the room. After a minute or so of leading, choose a new friend as the leader. Repeat, allowing each child a turn at leading their friends around the room. Remind the children that they must mimic all the movements the leader makes.

**AFTER THE ACTIVITY:** Talk about how we'll hear about a leader named Moses in our Bible story today.

**WHAT YOU SAY:**

**BEFORE THE ACTIVITY:** "Friends, gather here in a line, right behind me!"

**DURING THE ACTIVITY:** "Let's play 'Follow the Leader.' Do you know how to play? It's easy! Just follow me, and do what I do. (Pause.) Great job of following! In just a minute, I'll choose one of you to be the new leader, and we'll all follow you. [Child's name], why don't you lead us next. (Pause.) Everyone, follow [child's name]. Don't worry, everyone will have a turn to lead! (Continue until each child has had a turn to lead.) That was so much fun! You did a great job of leading AND following."

**AFTER THE ACTIVITY:** "In our Bible story today, we'll hear about a leader named Moses. I can't wait!"

**TRANSITION:** Move to Worship and Story by continuing to play "Follow the Leader" with you as the leader!

## BIBLE STORY

God loves me when I'm frustrated.

**MOSES IS FRUSTRATED**  
**NUMBERS 11:4-17**

## MEMORY VERSE

"Trust in the Lord with all your heart."

**PROVERBS 3:5, NIV**

## KEY QUESTION

Who loves you no matter what?

## BOTTOM LINE

God loves me no matter what.

## BASIC TRUTH

God loves me.





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PRELUDE SOCIAL WORSHIP STORY GROUPS HOME

CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

## MADE TO THINK

an advanced activity specifically designed for older preschoolers



## HOW WOULD YOU FEEL?

[LIVE FOR GOD | APPLICATION ACTIVITY]

**WHAT YOU NEED:** "Scenario Cards" Activity Page, "Emoji Feelings" Activity Page, cardstock, disposable dessert plates, scissors, glue stick, craft sticks, and masking tape

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Who loves you no matter what?

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God loves me.

#### WHAT YOU DO:

**BEFORE THE ACTIVITY:** Copy the "Scenario Cards" on cardstock and cut, one set per activity. Copy the "Emoji Feelings" on cardstock and cut out, two sets per activity. Glue each face to the center of a dessert plate. Tape a craft stick to the back of each dessert plate.

**DURING THE ACTIVITY:** Lay out the "Emoji Face" puppets on the floor in your activity area. Gather the children to sit around the emojis. Draw a scenario card and read it aloud to the children. Give them a second to pick an emoji that represents how they would feel in that scenario. Encourage them to hold up the emoji in front of their face as you name each one. Repeat with the remaining scenario cards.

**AFTER THE ACTIVITY:** Gather the scenario cards and emoji faces and set them aside for clean-up.

#### WHAT YOU SAY:

**BEFORE THE ACTIVITY:** "Friends, come have a seat on the floor. Let's sit in a circle around these emoji faces!"

**DURING THE ACTIVITY:** "I will read one of these cards, and I want you to think about how it would make you feel then pick an emoji to show it! You can hold it in front of your face like this. (*Demonstrate.*) Are you ready? Here we go. (*Draw a card and read the scenario.*) How does that make you feel? (*Pause.*) Which of the emojis shows how you feel? (*Pause.*) Hold the emoji up. (*Pause.*) It's okay to feel [emotion's name] because God loves you no matter what. (*Continue with each of the scenario cards.*) You did a great job, friends."

**AFTER THE ACTIVITY:** "Wow! There are times when we feel sad, happy, frustrated, excited, sleepy, or silly. No matter HOW we feel, we can ALWAYS talk to God because God loves us no matter what. **Who loves you no matter what? God loves me no matter what.**"





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25 MINUTES

**MADE TO CREATE**  
an activity that allows preschoolers to review the Bible story, bottom line, or memory verse by creating a craft to take home



**NO-MATTER-WHAT MIRROR FRAME**  
[LIVE FOR GOD | APPLICATION ACTIVITY]  
**WHAT YOU NEED:** "No-Matter-What Mirror Frame" and "Mirror Frame Parent Note" Activity Pages; cardstock; stickers; dot markers; utility knife; scissors; and a permanent marker

**BIBLE STORY**

God loves me when I'm frustrated.

**MOSES IS FRUSTRATED**  
**NUMBERS 11:4-17**

**WHAT YOU DO:**

**BEFORE THE ACTIVITY:** Copy "No-Matter-What Mirror Frame" on cardstock and cut, one per child. Copy "Mirror Frame Parent Note" on cardstock and cut apart, one per child. Write each child's name on their paper.

**DURING THE ACTIVITY:** Encourage children to decorate their frame with the dot markers and stickers. Hold up their papers in front of them, look through the hole, and say the Bottom Line together.

**AFTER THE ACTIVITY:** Review the Bible story.

**MEMORY VERSE**

"Trust in the Lord with all your heart."

**PROVERBS 3:5, NIV**

**WHAT YOU SAY:**

**BEFORE THE ACTIVITY:** "Come over to the table and do a craft with me. We're going to decorate this frame, but it's not for a picture. See the cutout? (Hold the paper up to your face and look through the hole.) It's to see you!"

**DURING THE ACTIVITY:** "Use the dot markers and the stickers to decorate your frame. (Pause.) These look great! (Pause.) Now hold it up to your face and look through the hole. (Pause.) Tell me, **who loves you no matter what? God loves me no matter what.** That's right! Keep your paper in front of your face. Show me a frustrated face like Moses had in our story today. (Pause.) Those are really frustrated faces! But God loves you, even if you are frustrated! Show me how you feel right now. (Pause.) Whoa! Great faces! God loves you no matter what. These will go home with you today. If you hang it on your mirror, you can look in the hole at yourself and remember that no matter how you're feeling, it's okay to feel that way because God loves you no matter what."

**AFTER THE ACTIVITY:** "Today in our story, we heard about when Moses was frustrated. He was trying to lead and take care of the Israelites, God's people, but they complained about everything. They were hungry so God sent them bread that rained down from heaven. Then they were thirsty, so God made water come out of a rock. Moses thought they'd be happy, but they weren't. They wanted more food, different food. They wished they were back home. No matter what God did, they were whiny, and Moses was frustrated. So, Moses talked to God and told Him he was frustrated. God heard Moses and loved him. Then God sent people to help Moses take care of everyone, so he didn't have to do the job alone. God loved Moses when he was frustrated, and He loves us when we're frustrated, too. God loves us no matter what. **Who loves you no matter what? God loves me no matter what.**"

**KEY QUESTION**

Who loves you no matter what?

**BOTTOM LINE**

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**BASIC TRUTH**

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## MADE TO REFLECT

an activity that encourages personal application and prayer



## JOURNAL AND PRAYER

[PRAY TO GOD | PRAYER ACTIVITY]

**WHAT YOU NEED:** Paperclipped "Memory Verse Card" in your Bible at Proverbs 3:5; journal; and a fun-shaped pen

**SMALL GROUP LEADER (SGL):** "It's Small Group time!

Today, we're going to make a frustrated face while we walk to our Small Group spot. Everyone, show me your

frustrated face, like this. (*Demonstrate.*) Okay, frustrated faces, follow me. (*Make a frustrated face and walk with determined steps as you lead the children to your Small Group spot.*)

"I'm so glad we're here so we can smile! (*Make a happy face.*) Let's sit down and talk about today's Bible story. One, two, three, sit down with me! (*Open the Bible and lay it in front of the children.*)

"In our Bible story today, we learned that we can always talk to God about how we feel, and God will help us. Moses talked to God about feeling frustrated. What did God do when Moses talked to Him? (*Pause.*) Yes, God helped Moses!

"Do you remember why Moses talked to God about feeling frustrated? (*Pause.*) Because God loved Moses no matter what, and God loves you no matter what, too. So when I ask, '**Who loves you no matter what?**', I want you to say, '**God loves me no matter what!**' Ready? **Who loves you no matter what?**"

**CHILDREN AND SGL: "God loves me no matter what!"**

**SGL:** "He sure does! And the Bible verse we're learning will help us remember that we can trust God with all our hearts. It says . . . (*Turn the pages of your Bible to the Memory Verse Card.*) 'Trust in the Lord with all your heart,' Proverbs 3:5. (*Close Bible and lay it down.*)

"Let's stand up and say those words together with the motions. Just say what I say and do what I do."

**CHILDREN AND SGL:** "'Trust in the Lord (*point up*) with all (*arms out wide*) your heart (*hands over heart*),' Proverbs 3:5." (*Open hands like a book.*)

(*Repeat the verse with motions a few times.*)

**SGL:** "Wow! When you say that verse, you sound so, so, so HAPPY! Way to go!

"Now let's sit down so we can write in our prayer journal and talk to God. (*Hold journal and fun-shaped pen.*) Hearing the Israelites complain over and over and over again made Moses very frustrated. Today, we're going to make a list of things that make us feel frustrated. It might be something like having trouble

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**(JOURNAL AND PRAYER, CONTINUED)**

learning something new or a little brother or sister not letting you watch what you want on TV or having to wait for food when you're really hungry. When I say your name, tell me one thing that makes you feel frustrated.

*(Write down what each child says beside their names. Remember to print so the children can recognize their names and the letters.)*

"You know, everyone feels frustrated sometimes, even me. I'm so thankful we can always talk to God about how we feel, and He will always love us no matter what! Would anyone like to pray before I pray?"

*(Give each child who wants to pray the opportunity to do so.)*

**PRAYER**

**SGL:** "Dear God, sometimes we feel frustrated. [Child's name] feels frustrated when *(read what they listed)*. [Child's name] feels frustrated when *(read what they listed)*. *(Continue with each child and what they listed.)* Please help us remember that when we feel frustrated, we can always talk to You about it, and You will love us no matter what. You're the best, God. In Jesus' name, amen."

