



PRELUDE SOCIAL WORSHIP STORY GROUPS HOME

PROVIDING TIME FOR FUN INTERACTION  
15 MINUTES

**MADE TO MOVE**

an activity that uses a preschooler's natural desire to move to help them learn



**GOD LOVES, GOD LOVES YOU**

**WHAT YOU NEED:** No supplies needed.

**WHAT YOU DO:**  
**BEFORE THE ACTIVITY:** Gather the children to sit in a circle. Explain that you will play a version of "Duck, Duck, Goose."

**BIBLE STORY**

God loves me when I'm sad.

**HANNAH IS SAD**  
**1 SAMUEL 1-2:20**

**DURING THE ACTIVITY:** Start the game by walking around the circle and tapping each child lightly on the head as you say, "God loves, God loves, God loves . . ." Then tap one child's head and say their name! That child will jump up and chase you around the circle. Sit down in the open spot and give that child an opportunity to be the "tapper" and select a new friend. Repeat so every child has a turn.

**AFTER THE ACTIVITY:** Talk about how we'll hear a story about a woman God loved named Hannah.

**MEMORY VERSE**

"Trust in the Lord with all your heart."

**PROVERBS 3:5, NIV**

**WHAT YOU SAY:**  
**BEFORE THE ACTIVITY:** "Come sit on the floor with me. Let's make a big circle."

**DURING THE ACTIVITY:** "Have you ever played a game called, 'Duck, Duck, Goose'? We're going to play a new version of that game. I'll go around the circle and say, 'God loves, God loves, God loves' as I tap your head. If I tap your head and say your name, I want you to jump up and chase me around the circle! Then it will be your turn. Don't worry friends, everyone will have a turn."

**AFTER THE ACTIVITY:** "That was super fun! God loves, God loves, God loves you (*point to each friend as you continue*) and you and you and you and you! And me! God loves all of us. We're going to hear a story about how God loved a woman named Hannah. Let's go."

**KEY QUESTION**

Who loves you no matter what?

**TRANSITION:** Move to Worship and Story by calling out "God loves, God loves" then a friend's name. Once you call that friend's name, it's their turn to pick the next friend. Continue in the same way until you arrive at your Large Group space.

**BOTTOM LINE**

God loves me no matter what.

**BASIC TRUTH**

God loves me.





PRELUDE SOCIAL WORSHIP STORY GROUPS HOME

CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

**MADE TO MOVE**

an activity that uses a preschooler's natural desire to move to help them learn



**MEMORY VERSE WITH MOTIONS**

[HEAR FROM GOD | MEMORY VERSE REVIEW]

**WHAT YOU NEED:** No supplies needed.

**WHAT YOU DO:**

**BEFORE THE ACTIVITY:** Say the memory verse and do the following motions in front of the children.

**BIBLE STORY**

God loves me when I'm sad.

**HANNAH IS SAD**  
**1 SAMUEL 1-2:20**

"Trust in the Lord (*point up*) with all (*arms out wide*) your heart (*hands over heart*)," Proverbs 3:5. (*Open hands like a book.*)

**DURING THE ACTIVITY:** Say the verse again with the motions and invite the children to do it with you. Repeat several times.

**WHAT YOU SAY:**

**BEFORE THE ACTIVITY:** "I will say our new memory verse. Everyone, listen and watch me! 'Trust in the Lord (*point up*) with all (*arms out wide*) your heart (*hands over heart*),' Proverbs 3:5." (*Open hands like a book.*)

**DURING THE ACTIVITY:** "Now, let's do it together. Are you ready? 'Trust in the Lord (*point up*) with all (*arms out wide*) your heart (*hands over heart*),' Proverbs 3:5. (*Open hands like a book.*) Again! 'Trust in the Lord (*point up*) with all (*arms out wide*) your heart (*hands over heart*),' Proverbs 3:5. (*Open hands like a book.*) Great job, friends."

**AFTER THE ACTIVITY:** "Our memory verse tells us that we can trust God with all our heart, just like Hannah did. Hannah was very sad because she wanted a baby. So she talked to God about how she was feeling.

"We can ALWAYS talk to God because God loves us no matter what. **Who loves you no matter what? God loves me no matter what!**"

**MEMORY VERSE**

"Trust in the Lord with all your heart."

**PROVERBS 3:5, NIV**

**KEY QUESTION**

Who loves you no matter what?

**BOTTOM LINE**

God loves me no matter what.

**BASIC TRUTH**

God loves me.





WEEK  
**ONE**  
SEPTEMBER 2022

SMALL GROUP  
**3-5** YEAR  
-OLDS

PRELUDE      SOCIAL      WORSHIP      STORY      GROUPS      HOME

CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

**MADE TO CREATE**  
an activity that allows preschoolers to review the Bible story, bottom line, or memory verse by creating a craft to take home



## TWISTING EMOTIONS

[LIVE FOR GOD | APPLICATION ACTIVITY]

**WHAT YOU NEED:** "Twisting Emotions Stickers" and "Twisting Label" Activity Pages; Avery® #5160 labels or equivalent; paper cups; utility knife; scissors; ruler or tape measure; and a permanent marker

### WHAT YOU DO:

**BEFORE THE ACTIVITY:** Copy "Twisting Emotions Stickers" on label paper and cut apart, one set per child. Copy "Twisting Label" on label paper, one per child. In the middle of the cup, measure and cut a 1 1/2" square, one cup per child. Put one uncut cup inside each cut cup. Using the outer cup as a guide, mark four squares on the inner cup. Write each child's name on the bottom of both of their cups.

**DURING THE ACTIVITY:** Give children a set of emotion stickers and their prepared inner cup. Encourage them to find each of the emotions you call out and to add the stickers to their own square on the inner cup. Have children put the inner cup inside their outer cup and add the label to it. Demonstrate how to move the cup around.

**AFTER THE ACTIVITY:** Review the Bible story.

### WHAT YOU SAY:

**BEFORE THE ACTIVITY:** "Today, we heard a story about a lady named Hannah. She was sad. But we learned that it's okay to feel sad. When we feel sad, we can do what Hannah did. We can ALWAYS talk to God because God loves us no matter what."

**DURING THE ACTIVITY:** "Let's make a craft with different emotions! You each have a cup with some squares drawn on it. Point to the squares for me. (Pause.) Find the sad face sticker and put it in a square. (Pause.) God loves us when we're sad. (Repeat with the afraid, frustrated, and happy face stickers.)

Now put your sticker cup inside this one. (Hold up a cup with the square opening.) Add this label to your cup below the opening. (Pause.) Now watch. (Demonstrate.) God loves you when you are sad. (Move your cup to show the sad face in the opening.) God loves you no matter what." (Repeat with the afraid, frustrated, and happy face stickers.)

**AFTER THE ACTIVITY:** "In our story, we heard that Hannah was sad because she didn't have a baby and she wanted to be a mom. Hannah was sad all day and all night. She was so sad that she cried. But Hannah talked to God about feeling sad. God loved Hannah, even when she felt sad. And after Hannah talked to God, she felt better. Sometimes when we don't get what we want, we feel sad too, and it's okay to feel sad. And we can always talk to God about it because God loves us no matter what. **Who loves you no matter what? God loves me no matter what.**"

### BIBLE STORY

God loves me when I'm sad.

**HANNAH IS SAD**  
**1 SAMUEL 1-2:20**

### MEMORY VERSE

"Trust in the Lord with all your heart."

**PROVERBS 3:5, NIV**

### KEY QUESTION

Who loves you no matter what?

### BOTTOM LINE

God loves me no matter what.

### BASIC TRUTH

God loves me.





CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

## MADE TO REFLECT

an activity that encourages personal application and prayer



## JOURNAL AND PRAYER

[PRAY TO GOD | PRAYER ACTIVITY]

**WHAT YOU NEED:** Paperclipped "Memory Verse Card" in your Bible at Proverbs 3:5; journal; and a fun-shaped pen

**SMALL GROUP LEADER (SGL):** "It's Small Group time! Today, we'll make a sad face while we walk to our Small Group spot. Everyone, show me your sad face. (Make a sad

face.) Okay, sad faces, follow me. (Make a sad face and walk slowly as you lead the children to your Small Group spot.)

"We made it! Now we can smile! (Make a happy face.) Okay, happy faces, let's sit down and talk about today's Bible story. One, two, three, sit down with me! (Open the Bible and lay it in front of the children.)

"In our Bible story, today, we learned that we can always talk to God about how we feel, just like Hannah did. Hannah talked to God about feeling sad, then she felt better. Do you remember why Hannah talked to God about feeling sad? (Pause.) Because God loved Hannah no matter what. And God loves you no matter what, too. So when I ask you, 'Who loves you no matter what?', I want you to say, 'God loves me no matter what!' Ready? Who loves you no matter what?"

**CHILDREN AND SGL:** "God loves me no matter what!"

**SGL:** "Absolutely, God loves you! And the Bible verse we're going to learn will help us remember that we can ALWAYS trust God with EVERYTHING in our hearts. It says . . . (Turn the pages of your Bible to the Memory Verse Card.) 'Trust in the Lord with all your heart,' Proverbs 3:5. (Close Bible and lay it down.)

"Let's stand up and say those words together with the motions. Just say what I say and do what I do."

**CHILDREN AND SGL:** "'Trust in the Lord (point up) with all (arms out wide) your heart (hands over heart),' Proverbs 3:5." (Open hands like a book.)

(Repeat the verse with motions a few times.)

**SGL:** "Hearing you say that verse makes me feel . . . HAPPY!"

"Now let's sit down so we can write in our prayer journal and talk to God. (Hold journal and fun-shaped pen.) Not having a baby made Hannah feel sad. Today, we'll make a list of things that make us feel sad. So when I say your name, tell me one thing that makes you feel sad.

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**(JOURNAL AND PRAYER, CONTINUED)**

*(Write down what each child says beside their names. Remember to print so the children can recognize their names and the letters.)*

“This list reminds me that everyone feels sad sometimes. I love knowing that we can always talk to God about everything in our hearts, and God will always love us no matter what! Would anyone like to pray before I pray?”

*(Give each child who wants to pray the opportunity to do so.)*

**PRAYER**

**SGL:** “Dear God, sometimes we feel sad. [Child’s name] feels sad when *(read what they listed)*, and [child’s name] feels sad when *(read what they listed then continue with each child.)* Please help us remember that when we feel sad, we can always talk to You about it and you will love us no matter what. You’re the best, God. In Jesus’ name, amen.”

