



ANTHEM TRIBE TALKSHEET

"BREAD OF LIFE"

SCRIPTURE:

- Then Jesus declared, "I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty."
- John 6:35

MAIN POINTS:

- The bread of life:
 - Strengthens you
 - Sustains you
 - Satisfies you
 - Saves you

GOAL OF TRIBES:

- To help students understand how Jesus is the true source of life.

CHALLENGE YOUTH THIS WEEK:

- Challenge students to give up something that is getting in the way of them and God this week.

DISCUSSION QUESTIONS

- If you were stranded on an island, what are 3 essential things you would bring?
- Jesus stated that He is the bread of life. What do you think he meant by that?
- How is Jesus essential to your life?
- In what ways does Jesus strengthen you? Sustain you? Satisfy you?
- What are some things you've been going to for the source of your life that you should replace with God?
- What are some ways you can start going to God as your true source of your life?