



ANTHEM TRIBE TALKSHEET

"WHAT IS PRAYER"?

SCRIPTURE:

- Matthew 26:36-44
- Matthew 6:5-8
- 1 Thessalonians 5:16-18

MAIN POINTS:

- 3 Powerful Prayers to Pray:
 - Search Me; Break Me; Send Me
- Steps to Prayer:
 - Invite God In; Have a Conversation; Seek & Be Bold

GOAL OF TRIBES:

- That youth would see prayer as an opportunity to walk closer and deeper into a relationship with God, not just something we do at church or when we need something.

CHALLENGE YOUTH THIS WEEK:

- Ask them to seek out to pray over a meal, with family or with friends throughout the week

DISCUSSION QUESTIONS

- How do you pray?
 - Do you find it easy or hard to find words?
- Do you feel like you have a place you can go to pray?
- Do you feel like you can ask for prayer?
- What could change in your life if prayer became a daily part of it?