

3-5 YEAR -OLDS

**PRELUDE** 

SOCIAL

**WORSHIP** 

**STORY** 

**GROUPS** 

**HOME** 

PROVIDING TIME FOR FUN INTERACTION 15 MINUTES

## MADE TO MOVE

an activity that uses a preschooler's natural desire to move to help

# BIBLE STORY

Jesus can help me choose gentleness.

JESUS AND THE LITTLE CHILDREN MARK 10:13-16

### MEMORY VERSE

"Jesus answered, 'I am the way and the truth and the life.'"

**JOHN 14:6, NIV** 

## KEY QUESTION

Who can help you do everything?

#### BOTTOM LINE

Jesus can help me do everything.

# BASIC TRUTH

Jesus wants to be my friend forever.



# 1. GENTLE WALK

WHAT YOU NEED: Tissues

#### WHAT YOU DO:

**BEFORE THE ACTIVITY:** Give each child a tissue and help them place it flat on their head.

**DURING THE ACTIVITY:** Challenge each child to walk gently around the room with the tissue on their head, doing their best to not let it fall.

#### WHAT YOU SAY:

**BEFORE THE ACTIVITY:** "Hey, friends! Today, we'll talk about being gentle. When we are gentle, we can move slower, talk quietly, and use soft hands. Let's practice being gentle."

**DURING THE ACTIVITY:** (*Place tissue on your head.*) "If I want this tissue to stay on my head while I walk, I must move very gently. (*Demonstrate.*) I have gentle feet while I walk. Would you like to practice being gentle, too?" (*Pause and do activity.*)

**AFTER THE ACTIVITY:** "Great job, friends. You did such a wonderful job of being gentle. Jesus can help us be gentle. We'll hear all about it in our Bible story today!"

**TRANSITION:** Move to Worship and Story by using gentle feet as you walk to the story area.



3-5 YEAR -OLDS

**PRELUDE** 

SOCIAL

**WORSHIP** 

**STORY** 

**GROUPS** 

**HOME** 

CREATING A SAFE PLACE TO CONNECT 25 MINUTES

### MADE TO MOVE

an activity that uses a preschooler's natural desire to move to help them learn

### BIBLE STORY

Jesus can help me choose gentleness.

JESUS AND THE LITTLE CHILDREN MARK 10:13-16

### MEMORY VERSE

"Jesus answered, 'I am the way and the truth and the life.'"

**JOHN 14:6, NIV** 

## KEY QUESTION

Who can help you do everything?

#### BOTTOM LINE

Jesus can help me do everything.

# BASIC TRUTH

Jesus wants to be my friend forever.



## GENTLE RACE

#### [LIVE FOR GOD | APPLICATION ACTIVITY]

**WHAT YOU NEED:** Floor tape, plastic spoons, and cotton halls

#### WHAT YOU DO:

**BEFORE THE ACTIVITY:** Tape a start line and a finish line about eight feet apart in the activity area.

DURING THE ACTIVITY: Ask the children to line up single file at the start line. Give the first child in line a spoon with a cotton ball on it. Ask that child to walk gently to the finish line with the spoon and cotton ball while trying not to let the cotton fall. If it falls, simply place it back on the spoon and continue. Once the child has reached the finish line, give the next child in line a spoon and cotton ball and repeat. Continue the activity until all of the children in line have a turn.

#### WHAT YOU SAY:

**BEFORE THE ACTIVITY:** "We heard a wonderful Bible story about how Jesus can help us be gentle. We can do fun things and still be gentle. SOO let's have a GENTLE race!"

**DURING THE ACTIVITY:** "For our race, we will walk very gently while holding a cotton ball on a spoon. (*Demonstrate.*) We must use gentle hands and feet so the cotton ball does not fall. Are you ready to race?" (*Pause and do activity.*)

AFTER THE ACTIVITY: "Friends, you have some very gentle hands and feet! Way to go! Jesus can help us be gentle. Tell me, who can help you do everything? Jesus can help me do everything!"



3-5 YEAR -OLDS

**PRELUDE** 

SOCIAL

**WORSHIP** 

**STORY** 

**GROUPS** 

**HOME** 

CREATING A SAFE PLACE TO CONNECT 25 MINUTES

#### MADE TO CREATE

an activity that allows preschoolers to review the Bible story, bottom line, or memory verse by creating a craft to take home

### BIBLE STORY

Jesus can help me choose gentleness.

JESUS AND THE LITTLE CHILDREN MARK 10:13-16

### MEMORY VERSE

"Jesus answered, 'I am the way and the truth and the life.'"

**JOHN 14:6, NIV** 

# KEY QUESTION

Who can help you do everything?

#### BOTTOM LINE

Jesus can help me do everything.

# BASIC TRUTH

Jesus wants to be my friend forever.



## GENTLE PAINTING

#### [LIVE FOR GOD | APPLICATION ACTIVITY]

**WHAT YOU NEED:** "Gentle Painting" Activity Page, cardstock, large craft feathers, washable paint in various colors, paper plates, hand wipes, and a pen

#### WHAT YOU DO:

**BEFORE THE ACTIVITY:** Copy "Gentle Painting" on cardstock, one per child. Write child's name on their paper. Put paint on the paper plates and place on the table.

**DURING THE ACTIVITY:** Have children gently dip the feather in the paint and use it as a paintbrush on their paper. Encourage children to use as many colors as they want to make their gentle painting.

**AFTER THE ACTIVITY:** Review the Bible story.

#### WHAT YOU SAY:

**BEFORE THE ACTIVITY:** "Hello friends, we're going to paint today. But instead of using a paintbrush, we'll use a feather!"

**DURING THE ACTIVITY:** "Dip your feather in the color you want and gently brush it on your paper. (*Pause.*) Change colors! Dip a feather in a different color and gently brush your paper. (*Pause.*) Use as many colors as you want to make your masterpiece. (*Pause.*) Your paintings are so beautiful! The feathers gave your paintings a really neat look."

AFTER THE ACTIVITY: "Today, we heard a story about a time Jesus was teaching a group of people, and it was very exciting. Everyone wanted to talk to Jesus, and parents wanted their children to be so close Jesus could touch them. But the disciples harshly told the children to go away. But when Jesus heard this, He said, 'Let the little children come to me!' Jesus let the children come right up to the front. He hugged them and was kind and talked to them. Jesus was being gentle, and Jesus wants us to be gentle, too! Jesus can help us choose to be gentle. Jesus can help us do everything! Who can help you do everything? Jesus can help me do everything."



3-5 YEAR OLDS

PRELUDE

SOCIAL

**WORSHIP** 

**STORY** 

**GROUPS** 

HOME

CREATING A SAFE PLACE TO CONNECT 25 MINUTES

## MADE TO REFLECT

an activity that encourages personal application and prayer

BIBLE STORY

Jesus can help me

choose gentleness.

**JESUS AND THE** 

LITTLE CHILDREN

MARK 10:13-16



# JOURNAL AND PRAYER

## [PRAY TO GOD | PRAYER ACTIVITY]

WHAT YOU NEED: Paperclipped "Memory Verse Card" in your Bible at John 14:6; journal; a fun-shaped pen; Jesus craft stick from "Stop and Go" activity; "Jesus Sticker" Activity Page; Avery® #5163 labels or equivalent

#### WHAT YOU DO:

**BEFORE THE ACTIVITY:** Copy "Jesus Sticker" on label paper; one per child.

**SMALL GROUP LEADER (SGL):** "It's Small Group time! Since Jesus chose gentleness with the little children and wanted them to come to Him, we'll follow this picture of Jesus to our Small Group spot. Jesus wants all of the children to come to Him! (Hold the Jesus craft stick up for the children to follow as you lead the children to your Small Group spot.)

"We made it to our Small Group spot. Now let's sit down and talk about today's Bible story. One, two, three, sit down with me! (Open the Bible and lay it in front of the children.) In our Bible story today, Jesus chose gentleness with the children. Jesus can help us choose gentleness, too, because Jesus can help us do everything. Who can help you do everything?"

# MEMORY VERSE

"Jesus answered, 'I am the way and the truth and the life.'"

**JOHN 14:6, NIV** 

## KEY QUESTION

Who can help you do everything?

#### BOTTOM LINE

Jesus can help me do everything.

## BASIC TRUTH

Jesus wants to be my friend forever.

#### CHILDREN AND SGL: "Jesus can help me do everything!"

**sgl:** "And the Bible verse we have been learning reminds us that Jesus can help us do everything because He IS everything! It says . . . (*Turn the pages of your Bible to the Memory Verse Card.*) 'Jesus answered, "I am the way and the truth and the life." (*Close Bible and lay it down.*)

"Jesus is the way, the truth, and the life. That means Jesus can help us do everything! Let's stand up and say those words together with the motions. Just say what I say and do what I do."

**CHILDREN AND SGL:** "'Jesus answered, (hands by mouth) "I am (point up) the way and the truth and the life,"' (march) John 14:6." (Open hands like a book.)

(Repeat the verse with motions a few times.)

**SGL**: "You did it! (Give fist bumps.)

"Now let's sit down so we can write in our prayer journal and talk to God. (Hold journal and fun-shaped pen.) Today, we'll put a picture of Jesus in our prayer journal. (Put the Jesus sticker on the journal page.) Now when I say your name, I will write it around Jesus, because Jesus wants all the little children to come to Him. Watch! (Say each child's name as you write it down. Remember to print



3-5 YEAR OLDS

**PRELUDE** 

SOCIAL

**WORSHIP** 

**STORY** 

**GROUPS** 

HOME

CREATING A SAFE PLACE TO CONNECT 25 MINUTES

# (JOURNAL AND PRAYER, CONTINUED)

so the children can recognize their names and the letters.)

"Now all of your names are around the picture of Jesus! Would anyone like to pray before I pray?"

(Give each child who wants to pray the opportunity to do so.)

# PRAYER

**SGL:** "Dear God, thank You for giving [child's name] Jesus to be [his/her] friend forever. Thank You for giving [child's name] Jesus to be [his/her] friend forever. (*Continue with each child.*) Jesus is gentle and wants all the little children to come to Him. I pray that (*name each child*) will all choose to follow Jesus and be His friend forever. In Jesus' name, amen."