

3-5 YEAR -OLDS

**PRELUDE** 

SOCIAL

**WORSHIP** 

**STORY** 

**GROUPS** 

HOME

PROVIDING TIME FOR FUN INTERACTION 15 MINUTES

### MADE TO MOVE

an activity that uses a preschooler's natural desire to move to help them learn

### BIBLE STORY

Jesus can help me choose love.

WE LOVE BECAUSE GOD LOVES US 1 JOHN 4:9-13

### MEMORY VERSE

"I can do everything through Christ, who gives me strength."

PHILIPPIANS 4:13, NLT

### KEY QUESTION

Who can help you do everything?

#### BOTTOM LINE

Jesus can help me do everything.

## BASIC TRUTH

Jesus wants to be my friend forever.



# RIDE THE WAVES

WHAT YOU NEED: "Heart" Activity Page, four different colors of cardstock, scissors, and floor tape

#### WHAT YOU DO:

**BEFORE THE ACTIVITY:** Copy the "Heart" Activity Page onto four different colors of cardstock and cut out; one

set per small group. Create four separate wavy tapelines on the floor of your activity area, each about ten feet long. At the end of each tapeline, tape one colored heart.

**DURING THE ACTIVITY:** Gather the children at the start of the wavy tapelines. Call out a color and encourage the children to walk along that "wave" to get to the heart. When they arrive, celebrate, then send them back to the start. Call out a different color and repeat.

**AFTER THE ACTIVITY:** Pull up the tape and hearts and discard them for clean-up.

### WHAT YOU SAY:

**BEFORE THE ACTIVITY:** "Friends, come stand here with me. I'll call out a color, then I want you to take turns walking all the way down the wave to the heart at the end. Let's make sure every friend has a turn!"

**AFTER THE ACTIVITY:** "That was fun! What do hearts remind you of? (*Pause.*) They remind me of love! We'll talk about love in our Bible story today. Let's qo."

**TRANSITION:** Move to Worship and Story by calling on children to make hearts with their hands "up high" (over their heads), "down low" (by their knees), and "in the middle" (near their waist).



WEEK

ONE

JUNE 2022

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CREATING A SAFE PLACE TO CONNECT 25 MINUTES

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## MEMORY VERSE WITH MOTIONS

[HEAR FROM GOD | MEMORY VERSE REVIEW]

WHAT YOU NEED: No supplies needed

#### WHAT YOU DO:

**BEFORE THE ACTIVITY:** Say the memory verse and do the following motions in front of the children.

"I can (thumbs to chest) do everything (march) through Christ (point up), who gives me strength," (muscle arms) Philippians 4:13. (Open hands like a book.)

**DURING THE ACTIVITY:** Say the verse again with the motions and invite the children to do it with you. Repeat several times.

#### WHAT YOU SAY:

**BEFORE THE ACTIVITY:** "I will say our new memory verse with the motions. Everyone, watch me! 'I can (thumbs to chest) do everything (march) through Christ (point up), who gives me strength,' (muscle arms) Philippians 4:13." (Open hands like a book.)

**DURING THE ACTIVITY:** "Now, let's do it together! Are you ready? 'I can (thumbs to chest) do everything (march) through Christ (point up), who gives me strength,' (muscle arms) Philippians 4:13." (Open hands like a book.)

AFTER THE ACTIVITY: "Our memory verse tells us that Jesus helps us do everything! Who can help you do everything? Jesus can help me do everything!"



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#### MADE TO CREATE

an activity that allows preschoolers to review the Bible story, bottom line, or memory verse by creating a craft to take home

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## **HEART MAN**

#### [LIVE FOR GOD | APPLICATION ACTIVITY]

**WHAT YOU NEED:** "Large Heart" and "Small Hearts" Activity Pages, red cardstock, construction paper in any color, scissors, glue sticks, googly-eye stickers, and permanent marker

WHAT YOU DO:

BEFORE THE ACTIVITY: Copy "Large Heart" on red cardstock and cut out, one per child. Copy "Small Hearts" on red cardstock and cut out, four per child. Write the child's name on the back of their large heart. Cut construction paper into 1" wide strips, four per child.

**DURING THE ACTIVITY:** Encourage children to fold each of the four strips of construction paper in an accordion-folded pattern. Have them glue two for arms at either side of the rounded part of the large heart and two for legs at either side of the bottom part of the heart. Glue the smaller hearts on the other ends of each of the accordion folds for hands and feet. Add googly eyes.

AFTER THE ACTIVITY: Review the Bible story.

#### WHAT YOU SAY:

**BEFORE THE ACTIVITY:** "Show me how far you can stretch your arms out. (Pause.) Wow, that's really far! Okay, arms down. In our Bible story, we learned that God loves you bigger than your arms can stretch! Isn't that awesome! Let's make a stretchy heart man to help us remember God's BIG love." **DURING THE ACTIVITY:** "You have one big heart for the body, four smaller hearts for the hands and feet, and four strips of paper for arms and legs. But we need to fold them in a special way. It's called an accordion fold. Fold it back and forth like this. (Demonstrate.) Do that for each strip. (Pause.) Great! See how these stretch out? (Hold both ends and stretch out the strip.) Just like when you stretched your arms out as far as you could.

"Two of these will be the arms, so glue one on each side of your big heart. (Pause.) And the other two will be the legs. Glue them to the bottom of your heart. (Pause.) Now glue one of the smaller hearts to the end of each of the arms and legs. (Pause.) These are the hands and feet. The last thing you need to add is the eyes. Put two googly-eye stickers on your heart man. (Pause.) Nice job."

AFTER THE ACTIVITY: "God loves us so much that He gave us His Son, Jesus, to be our friend forever. Jesus grew up to do amazing things and teach us how God wants us to live and love others. No matter where Jesus went or what He was doing, Jesus stopped to show others He loved them. He taught us to stop and listen, help, and forgive our friends. When we do, we are loving like Jesus taught us. Jesus can help us love everyone. Jesus can help us do everything. Who can help you do everything? Jesus can help me do everything."



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### MADE TO REFLECT

an activity that encourages personal application and prayer

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## JOURNAL AND PRAYER

[PRAY TO GOD | PRAYER ACTIVITY]

**WHAT YOU NEED:** Paperclipped "Memory Verse Card" in your Bible at Philippians 4:13; journal and fun-shaped pen

**SMALL GROUP LEADER (SGL):** "It's Small Group time! Today, we'll make a heart with our hands like this. (Demonstrate heart hands.) Show me your heart hands.

(Look at each child.) Those look so good! Keep holding your hands in the shape of a heart while we walk to our Small Group spot. Follow me!

(Make a hand heart as you lead the children to your Small Group spot.) "We made it to our small group spot. And you still have your hand hearts! Way to go! You can put your hands down now. We're going to sit and talk about today's Bible story. One, two, three, sit down with me! (Open the Bible and lay it in front of the children.)

"In our Bible story, today, we learned that God loves us so much, He gave us Jesus to be our friend forever. And when Jesus is your friend forever, He can help you do everything! Who can help you do everything?"

### CHILDREN AND SGL: "Jesus can help me do everything!"

**sgl:** "He sure can! And the Bible verse we're going to learn will help us remember that Jesus can help us do everything. It says . . . (*Turn the pages of your Bible to the Memory Verse Card.*) 'I can do everything through Christ, who gives me strength,' Philippians 4:13. (*Close Bible and lay it down.*)

"Did you hear that? We can do everything through Christ! Christ is another name for Jesus. This verse is telling us that when Jesus is our friend forever, He can help us do everything. Let's stand up and say those words together with the motions. Just say what I say and do what I do."

CHILDREN AND SGL: "I can (thumbs to chest) do everything (march) through Christ (point up), who gives me strength,' (muscle arms) Philippians 4:13." (Open hands like a book.)

(Repeat the verse with motions a few times.)

**sgl:** "Wow! You sound fantastic! (*Give two thumbs-up.*) Now, let's sit down so we can write in our prayer journal and talk to God. (*Hold journal and funshaped pen.*)

"Today, we'll make a list of people we can love because one of the things Jesus can help us do is choose love. Then when we pray, we can ask God to help us love others the way He loves us. (Say each child's name as you write it down.



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# (JOURNAL AND PRAYER, CONTINUED)

Write down what they say beside their names. Remember to print so the children can recognize their names and the letters.)

"Now we have our list. Would anyone like to pray before I pray?"

(Give each child who wants to pray the opportunity to do so.)

## **PRAYER**

**SGL:** "Dear God, thank You for loving us so much that You gave us Jesus to be our friend forever. Thank You that Jesus can help us do everything—like choose love. Please help [child's name] choose to love [name they listed]. Help [child's name] choose to love [name they listed]. . . (continue with each child.) We want to love others the way You love us. In Jesus' name, amen."