

K-3

PRELUDE

SOCIAL

STORY

WORSHIP

GROUPS

HOME

PROVIDING TIME FOR FUN INTERACTION
15 MINUTES

MADE TO PLAY

an activity that encourages learning through following guidelines and/or working as a group



Before kids arrive, pray for each regular attendee by name. Pray for those who might visit your group for the first time. Pray that kids would learn the importance of being someone who calms things down with their patience instead of stirring up conflict by getting angry when they have to wait. Thank God that we all have help to be patient and don't have to do it on our own power.

TODAY'S BIBLE STORY

Let It Go

Patience Principle Proverbs 15:18

TODAY'S BOTTOM LINE

Be patient with each other.

MONTHLY MEMORY VERSE

"The fruit the Holy Spirit produces is love, joy and peace. It is being patient, kind and good. It is being faithful and gentle and having control of oneself." Galatians 5:22-23a, NIrV

MAKE WAVES

What you do today can change the world around you.

BASIC TRUTH

I should treat others the way
I want to be treated.

EARLY ARRIVER

WHAT YOU NEED: "We Go Together" Activity Page cards, offering container

WHAT YOU DO:

- Welcome kids by name as they arrive.
- Invite kids who brought an offering to put it in the offering container.
- Give each kid a "We Go Together" card and instruct them to keep it face down and not look at it.
- When you say, "Go," kids should hold their cards on their forehead so everyone else in the group can see what their card says but they can't.
- Direct the kids to mingle around and ask "yes or no" questions to figure out what is on their card. For example:
 - Am I an animal?
 - Am I a person?
 - Am I an object?
 - Am I red?
 - Am I big?
- Once a kid figures out what they are, lead them to look around at the other cards in the group and stand with whoever has their card's match, like "pen goes with paper."
- If the other kid in the pair has not figured out what their card says, this will help them discover what they are and what questions to ask.
- Continue playing until all kids have figured out what they are and what they go with.
- If you have an uneven number of kids, play the game yourself so every kid has a pair.



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CREATING A SAFE PLACE TO CONNECT 25 MINUTES

MADE TO IMAGINE

an activity that promotes empathy and facilitates concrete application through role-play and reenactment

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* PATIENCE POETRY

[TALK ABOUT GOD | BIBLE STORY REVIEW]

WHAT YOU NEED: "Patience Poetry Prompts" Activity Page words, "Poetry Topics Activity page, a one-minute sand timer

WHAT YOU DO:

- Divide your group into two teams.
- Give each team a set of words from the "Patience Poetry Prompts" Activity Page.
- For each round, read a scenario from the "Poetry Topics" Activity Page and turn over the one-minute timer.
- Tell the teams that they have a minute to put together a poem or sentence about how they would respond or feel in that situation.
- Award points to the most honest or creative (the points don't matter).
- Play until you're out of scenarios or as time and interest allow.

WHAT YOU SAY:

"You have a lot of creative ways to express your feelings on patience! It's hard to stay calm when we're frustrated and not getting what we want.

[Make It Personal] (Share an age-appropriate situation that you recently experienced when you needed patience in the face of frustration. Maybe it's a recent as the traffic on the way to church! How do you personally deal with frustration and annoyance? Do you count to ten? Pray? Practice empathy for those holding you up? Invite kids to share, too.)

"It's hard to **be patient with each other!** How can you practice patience this week? (Allow for responses.) We all mess this up. No one is ever patient with everyone around them all the time. It's a good thing we're not alone in this fight for patience! When we believe in Jesus, God's Spirit can help you be patient, even when it's super hard."



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CREATING A SAFE PLACE TO CONNEC 25 MINUTES

MADE TO MOVE

an activity that increases the oxygen in the brain and taps into the energy in the body

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CATCH THE WAVE

[HEAR FROM GOD | MEMORY VERSE ACTIVITY]

WHAT YOU NEED: Bible, (optional) smartphone

WHAT YOU DO:

• Ask kids to form a line by standing shoulder to shoulder then hold their arms straight out in from of them with

palms facing down, like a flying Superman pose.

- Demonstrate how to dip their arms up and down like the motion of a wave.
 Their arms should remain extended.
- Next, show kids how to make the wave move from one end of the line to the other by taking turns dipping their arms.
- Begin with the kid on the end then as soon as they make a wave, the next kid makes another wave and so on down the line.
- The wave should be one smooth motion from kid to kid.
- Read Galatians 5:22-23a and have kids recite it with you by way of review.
- Explain that you will read the verses again but will pause.
- As soon as you pause, the kid at the beginning of the line will start the wave then quickly run to the end of the line and try to get there in time to "catch the wave" and finish it.
- That kid will fill in the next word from where you paused then you'll continue on with the verse. The kid who is now at the head of the line will be the one to start the wave at your next pause and run to catch it.
- Continue until everyone has had at least one turn.
- (Optional) Video the kids once they have the wave down and let them see it.

WHAT YOU SAY:

"Great waves, you guys! And good job of remembering the Fruit of the Spirit, too. All of those words I paused at were part of a long list of special ways God wants us to live. Some of the things on that list might be harder for you than others—like be patient with each other. That's one that is sometimes hard for me. [Make it Personal] (Share an example of a time when it's easy for you to get frustrated. Tell kids what you do to not let your impatience get the better of you.) When we believe in Jesus, God gives us the Holy Spirit to help us. When we stop and ask for God's help, it gives us time to calm down and make a wise choice about what we will say or do."



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CREATING A SAFE PLACE TO CONNECT 25 MINUTES

MADE TO REFLECT

an activity that creates space for personal processing and application



PRAY AND DISMISS [PRAY TO GOD | PRAYER ACTIVITY]

WHAT YOU NEED: Die

WHAT YOU DO:

• Let kids take turns rolling a die then lead them in a short group prayer each time, based on the number they

rolled.

Lead kids to repeat each prayer after you.

WHAT YOU SAY:

(One) "Dear God, help me wait without complaining.

(Two) "Dear God, help me be patient with those in my family.

(Three) "Dear God, help me be patient with my friends.

(Four) "Dear God, help me be patient when I don't get my way.

(Five) "Dear God, help me show patience to those who are mean to me.

(Six) "Dear God, help us to not only **be patient with each other**, but show each fruit of the Spirit and send out a wave of love to those around me."

As adults arrive to pick up, ask kids to demonstrate how they created a wave in the "Catch the Wave" activity.

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