



TODAY'S SUGGESTED SCHEDULE

TODAY'S BIBLE STORY

Glory Days
Heroes of the Faith
Hebrews 11

TODAY'S BOTTOM LINE

Trusting God can help
you get back up.

MONTHLY MEMORY VERSE

"But those who trust in the LORD
will receive new strength. They
will fly as high as eagles. They will
run and not get tired. They will
walk and not grow weak."
Isaiah 40:31, NIV

MONTHLY LIFE APP

Resilience—Getting back up
when something gets you down

HOST

- Worship Leaders
- Masking or gaffer's tape
- Ball Pit balls (at least 60)—
ideally with half one color
and half another color
- Plastic bins (to contain the
ball pit balls)
- Bible

STORY SUPPLIES

- Bible
- Dimmable lights (see "What
You Do")

PRELUDE: Setting the tone for the experience

See the **Getting Ready** pages at the end of this document for a detailed description of what you'll need for today. In the **Prelude** folder of your curriculum, you'll find a variety of other resources to help you prepare.

SMALL GROUP

15
MIN

SOCIAL: Providing time for fun interaction

Early Arriver
Opening Activity

LARGE GROUP

35
MIN

ANNOUNCEMENTS:

- **LAUNCH is THIS WEEK - WELCOME** to our new Kindergarteners
- **RESILIENCE** Getting back up when something gets you down
 - All month long, we will be focusing on the message of **RESILIENCE**
 - For **HOSTS** and **COMMUNICATORS**, please be ready to share your own stories of **RESILIENCE** while
- TBD

MONTHLY WORSHIP LINEUP:

Week 1 - Never Gonna Stop Singing & The Blessing
Week 2 - Let Go & There's Nothing That Our God Can't Do
Week 3 - This is Living & Graves Into Gardens
Week 4 - Might Get Loud & Who You Say I Am
Week 5 - Real Love & Waymaker



WEEK
FOUR
MAY 2022

LARGE GROUP
K-3

PRELUDE **SOCIAL** **STORY** **WORSHIP** **GROUPS** **HOME**

25 MINUTES

10 MINUTES

TODAY'S BIBLE STORY

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Resilience—Getting back up
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BASIC TRUTH

I can trust God no matter what.

LARGE GROUP

ENGAGE KIDS' HEARTS THROUGH A DYNAMIC AND INTERACTIVE BIBLE STORY, WORSHIP, AND PRAYER EXPERIENCE IN A LARGE GROUP SETTING.

AUDIO: PLAY HIGH-ENERGY MUSIC AS KIDS ENTER.
SLIDE: THEME
OPTIONAL VIDEO (MEDIA PACKAGE): THEME LOOP

WORSHIP

WORSHIP LEADER:

AUDIO: Might Get Loud

AUDIO: Who You Say I Am

Host enters.

OPTIONAL VIDEO (MEDIA PACKAGE): COUNTDOWN (30- OR 60-SECOND VERSION)
OPTIONAL VIDEO (MEDIA PACKAGE): THEME

OPENER

HOST: "Hi, everyone! I'm so glad you're here today. It's great to see all your smiling faces. This month, we're talking about resilience.

SLIDE: LIFE APP
OPTIONAL VIDEO (MEDIA PACKAGE): THEME TRANSITION TO LIFE APP

"Resilience is getting back up when something gets you down.

SLIDE: THEME
OPTIONAL VIDEO (MEDIA PACKAGE): LIFE APP TRANSITION TO THEME

Hold up one of the beach balls.

"With resilience, you can take a hit then bounce back. (*Bounce the beach ball in the air.*) You can trust God and believe that God is WITH you—even in the tough times. And that's what will help you get back up again!

"Today's game is an all-play, and we'll be playing with these beach balls. (*Reference the beach ball.*) You might have already noticed the tape on the floor, splitting the room in half. That means this side, you're a team (*point to one side of the line*) . . . and THIS side, you're a team (*point to the other side*).



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"In just a minute, we'll toss some beach balls into the air. We have [color] beach balls for this side and [color] beach balls for this side. Your goal is to KEEP those beach balls in the air by bouncing them gently—like this. (*Demonstrate.*) That way it'll be easier for the next person to hit it after you. Just keep bouncing them in the air on your team's side. If a beach ball hits the ground, though, don't worry. Just grab it quickly and toss it in the air again! "When time runs out, the winning team will be the one with the fewest beach balls on the floor. Are you ready? (*Pause.*) Let's do this!"

AUDIO: "GET BACK UP AGAIN" BY ANNA KENDRICK, FROM TROLLS—START AT 0:22 AND PLAY TO THE END

Worship Leaders enter and toss beach balls into the air—each team's color on their side of the room.

Comment on the action as the kids play the game. Help the Worship Leaders toss the beach balls back in play if the kids knock them out of bounds.

"Way to go! It looks like the [color] team has fewer beach balls on the floor—but I noticed both teams doing a great job of working together to keep them in the air. I think we're all winners! Toss those beach balls to our friends on the sides, please.

Help the kids toss the beach balls to the Worship Leaders on the sides of the room. They collect the beach balls in the plastic bins.



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BIBLE STORY

SLIDE: THEME BACKGROUND

Storyteller enters

SETTING UP THE STORY

STORYTELLER: "Hi, everyone! We've talked a lot this month about resilience and how we can get back up when something gets us down. We know that it's super-important to trust God and believe that God is with us; because that helps us bounce back even in the toughest situations.

"One really great way that can help us learn resilience is if we look BACKWARD. We can look at how God has been faithful in our own lives and helped us through tough times in the past. (*Hold up Bible.*) We can also look back at God's story, in the Bible, and see how people found a way to keep going when THEY faced tough times. You see, the more we discover about what God has done in the past, the easier it will be for us to trust God right now.

(*Hold up Bible.*) "There's a book in the New Testament called Hebrews. The writer of this book was writing after Jesus died and came back to life. This person looked back at the long history of God's people and wrote about people who showed amazing resilience. These people were able to stand strong in tough situations because of their great FAITH in God."

WHAT IS FAITH?

STORYTELLER: "That brings us to an important question. What IS faith? What does it mean to put our faith in God, and how does that help us have resilience?"

"Let's see how faith is described in the book of Hebrews. Listen to this.

Open the Bible to Hebrews 11:1-2 (NIV) and read.

"Faith is being sure of what we hope for. It is being sure of what we do not see. That is what the people of long ago were praised for.

"Did you catch that? Faith is being sure of what we hope for. It is being sure of what we do not see.

"So, really, faith means that we trust God and we believe that God is working out a good plan in our lives. It means that we believe God is good, even if there are things happening in our lives that we don't totally understand.

(*Hold up Bible.*) "The writer of Hebrews then goes on to talk about dozens of men and women who faced difficult times, but still trusted God. These men and women had faith that God was working out a good story through their lives, even if they couldn't always see it. These were people who got back up, even when it seemed impossible."

ABRAHAM'S STORY

STORYTELLER: "So let's talk about a few of these 'heroes of faith' mentioned in Hebrews. (*Hold up Bible.*)

LIGHTS: DIM, IF POSSIBLE

"We'll start with Abraham.



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SLIDE: FAITH HERO SLIDE #1 (ABRAHAM TRAVELING)
AUDIO: SOUND #1 (TRAVELING SOUNDS)

“Abraham had a deep, unshakeable faith. He followed God’s call to leave his home and go to a new land, even though he didn’t know where God would take him!

“Abraham and his wife Sarah waited years and years to have a child, until they were so old that it seemed impossible.

SLIDE: FAITH HERO SLIDE #2 (ABRAHAM/STARRY NIGHT)
AUDIO: SOUND #2 (NIGHT SOUNDS)

“But God promised Abraham that his children, grandchildren, and great-grandchildren would outnumber the stars in the sky! Sure enough, Abraham and Sarah DID have children. And through Abraham, God promised to bless the entire world. The entire story of God’s people starts with Abraham’s simple act of faith as he trusted God.”

JOSEPH AND MOSES

STORYTELLER: “You know who else was a hero of faith? Joseph! Joseph trusted God through all the ups and downs of his life.

SLIDE: FAITH HERO SLIDE #3 (JOSEPH/IN THE PIT)
AUDIO: SOUND #3 (BROTHERS GRUMBLING)

“Joseph’s story looked pretty bleak at the beginning, when he was thrown in a pit in the ground and sold into slavery by his brothers.

“But later, God helped Joseph SAVE his family!

SLIDE: FAITH HERO SLIDE #4 (JOSEPH/DIRECTING WORKERS)
AUDIO: SOUND #4 (WORKING SOUNDS)

“The ruler of the land trusted Joseph, so he put Joseph in charge. Joseph told the workers to load food into the storehouse so they would have enough to eat during the famine that was coming.

“Through it all, Joseph trusted God. He believed that one day, God would lead the Israelites out of Egypt and into a land God had prepared for them. And that’s what God did . . . many years later, through a man named Moses.

“God called to Moses from a burning bush.

SLIDE: FAITH HERO SLIDE #5 (MOSES/BURNING BUSH)
AUDIO: SOUND #5 (BURNING BUSH)

“God told Moses to face the pharaoh of Egypt and say to him, ‘Let my people go.’

CG: FAITH HERO SLIDE #6 (MOSES/RED SEA)
AUDIO: SOUND #6 (RED SEA)

“Sure enough, Moses led the Israelites out of Egypt and THROUGH the Red Sea!”



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LIGHTS: UP

SLIDE: THEME BACKGROUND

WRAPPING UP THE STORY

STORYTELLER: "Abraham, Joseph, and Moses are just a few of the people we read about in the book of Hebrews (*hold up Bible*). There are also people like Noah, Sarah, Isaac, Jacob, and many more. These people did amazing things because of their faith in God. They faced challenges, but they pushed through. They TRUSTED God. And that's what made them resilient, even in tough times.

"As we look back at these stories from the Bible, we can see how important it is to have faith. These stories make US want to keep going, because we can trust that we're part of the big story God has been telling since the very beginning.

"So let's live each day with faith and trust in God. After all . . .

SLIDE: BOTTOM LINE

"Trusting God can help you get back up.

"Let's pray and ask God to help us."

SLIDE: THEME BACKGROUND

PRAY

STORYTELLER: "Dear God, thank You for giving us such great examples to follow as we follow You! We want to be like Abraham, who trusted You to lead him to a new land. We want to be like Joseph, who trusted You and saved his family from a famine. We want to be like Moses, who had the courage to lead Your people into freedom! Help us trust You and live with resilience, even when we face difficult things in life. We know that You're with us through it all. We love You, and we pray these things in Jesus' name. Amen."



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CLOSER

Host enters as Storyteller exits.

HOST: “It can be tough when things happen in our lives that just don’t seem to make sense. But that’s when it can be really helpful to look at the stories in the Bible (*hold up Bible*) like those we read about in the book of Hebrews.

“It helps to see how God has been working in people’s lives since the very beginning. When something gets us down, we can look back at stories of people who came before us. The Bible is filled with stories of people who had all kinds of troubles. Time and time again, the way they made it through was by trusting in God. And that’s something we can do, too!

“Remember . . .

SLIDE: BOTTOM LINE

“Trusting God can help you get back up.”

Pick up a beach ball from the opening game.

“Trusting God can help you bounce back!

Hit the beach ball in the air and catch it.

“After all, God knows the whole story, even if we can’t always see it.

“God knows what you’re going through . . . and everything you ever will go through. When you put your trust in God, it means you believe that God is in control. Even in the tough times, you can know for sure that God loves you and God will never leave you.

“You can head to Small Group now, and talk some more about how you can trust God and bounce back!”

Bounce the beach ball in the air again, then dismiss kids to their small groups.

AUDIO: PLAY HIGH-ENERGY MUSIC AS THE KIDS EXIT.

SLIDE: THEME

OPTIONAL VIDEO (MEDIA PACKAGE): THEME LOOP