

SMALL GROUP

**PRELUDE** 

SOCIAL

**STORY** 

WORSHIP

**GROUPS** 

WEEK

HOME

PROVIDING TIME FOR FUN INTERACTION
15 MINUTES

# MADE TO PLAY

an activity that encourages learning through following guidelines and/or working as a group

# **TODAY'S BIBLE STORY**

# **Keep Holding On**

Keep Looking to Jesus Hebrews 12:1-3

## **TODAY'S KEY QUESTION**

What can help you focus on Jesus?

# TODAY'S BOTTOM LINE

Keep going because of what Jesus did for you.

# **MONTHLY MEMORY VERSE**

"But those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak." Isaiah 40:31, NIrV

# **MONTHLY LIFE APP**

Resilience—Getting back up when something gets you down

# **BASIC TRUTH**

I can trust God no matter what.



Before kids arrive, take a few minutes to thank God for the truth in the verses that you'll be talking about today, specifically for the great cloud of witnesses we can look to as inspiration for having resilience through faith during difficulties.

# JUST FOR FUN

WHAT YOU NEED: Offering container

#### WHAT YOU DO:

- Invite kids to put their offering in the offering container as they arrive.
- Gather kids in a circle.
  - Instruct everyone to look down.
  - Say "1-2-3-LOOK UP" and when you say, "LOOK UP," instruct kids to choose one kid to look at.
  - If two kids are looking at each other they are out.
  - Kids who did not make eye contact with anyone continue to look at the same person until you say, "LOOK DOWN."
- The game continues until there are only two or three people left in the circle.



FIVE
MAY 2022

PRETEEN

HOME

PRELUDE SOCIAL STORY WORSHIP GROUPS

ATING A SAFE PLACE TO CONNECT 25 MINUTES

# MADE TO CONNECT

an activity that invites kids to share and collaborate with others while growing their understanding

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# DISCUSSION QUESTIONS [TALK ABOUT GOD | BIBLE STORY REVIEW]

WHAT YOU NEED: No supplies needed

# WHAT YOU DO: Ask:

- What can help you focus on Jesus?
- What did Jesus do for us to help us keep going? (lead kids to talk about how when we decide to put our faith in Jesus as our Savior, we become part of a community of Jesus followers. How can being part of a community of Jesus followers help us to keep going?)
- How can we trust Jesus to help us in difficult situations? (This is an
  opportunity to compare training for a race with training to trust Jesus. What
  can we do to train ourselves to trust Jesus? What are some ways we can
  develop our relationship with Jesus now to prepare ourselves to get back
  up when something gets us down later?)



SMALL GROUP

**PRELUDE** SOCIAL **STORY** WORSHIP **GROUPS** HOME

25 MINUTES

WEEK

## MADE TO EXPLORE

an activity that extends learning through hands-on experimentation and discovery

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## TODAY'S BOTTOM LINE

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# **VERSE TO TAKE WITH YOU**

[HEAR FROM GOD | MEMORY VERSE ACTIVITY]

WHAT YOU NEED: "Shapes" Activity Page, "Shape Order" Activity Page, markers, Bibles, scissors, yellow cardstock, tape/glue

## WHAT YOU DO:

- Give kids a "Shapes" Activity Page and instruct kids to cut out the shapes.
- Explain that the shapes can be used to spell, "Jesus."
- Give kids a piece of yellow cardstock, and if kids are up for a challenge, let kids try to spell "Jesus" using the shapes.
- After they've given it a try on their own, use the "Shape Order" Activity Page to guide to tape the shapes on the yellow cardstock to spell JESUS.
- Encourage kids to look closely. Do they see "JESUS" on the paper?
- Give kids a Bible and look up Philippians 4:8.
- Remind kids that Philippians is a letter Paul wrote to the Jesus followers in Philippi. Read the verse to the group.
- Ask: What does Paul tell the Jesus followers to focus on or think about?
- Challenge kids to write Philippians 4:8 in their own words on their paper.
- Ask:
  - What about Jesus would help you to keep going even when things got tough? [Make it Personal] (Share about what characteristics of Jesus help you to keep going and why.)
  - What are some ways we can help others keep going?





**PRELUDE** SOCIAL **STORY** WORSHIP **GROUPS** HOME

**25 MINUTES** 

WEEK

# MADE TO REFLECT

an activity that creates space for personal processing and application

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Keep Holding On

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# MAKE IT PERSONAL WITH PRAYER [PRAY TO GOD | PRAYER ACTIVITY]

WHAT YOU NEED: Ball, sticky notes, markers, tape

#### WHAT YOU DO:

- Gather kids in a circle.
- Write on four sticky notes, "YOU are . . . " and on four sticky notes, "Thank YOU for . . . "
- Tape the sticky notes around a ball.
- Explain that the "YOU" on the sticky note refers to Jesus.
- Lead kids in prayer using the "Prayer Ball."
  - Bounce the ball to a kid in the circle.
  - Tell kids to read the words closest to their left thumb.
  - Encourage kids to pray a brief prayer by completing the sentence on the sticky note nearest to their thumb.
- Example prayers: Jesus, You are noble. You are truth. Jesus, thank You for loving me. Thank You for forgiving me.
- Close with prayer.

# WHAT YOU SAY:

"Jesus, You love us so much You went to the cross to provide a way for us to be with God now and forever. Thank You for never giving up on us. Thank You for loving us when we mess up or make unwise choices. Thank You for showing us how to love others and how to show others we love God. Thank You for giving us the power to keep going and to bounce back when things get us down. We love You! Amen!"