



WEEK
FOUR
MAY 2022

SMALL GROUP
PRETEEN

PRELUDE **SOCIAL** **STORY** **WORSHIP** **GROUPS** **HOME**

PROVIDING TIME FOR FUN INTERACTION
15 MINUTES

MADE TO MOVE

an activity that increases the oxygen in the brain and taps into the energy in the body



Before kids arrive, pray that your kids would connect with you and this idea of resilience that's illustrated by so many in the Bible as well as in our own lives. Ask Him for the resilience you need to lead your group well today.

TODAY'S BIBLE STORY

Glory Days
Heroes of the Faith
Hebrews 11

TODAY'S KEY QUESTION

Who inspires you to get back up?

TODAY'S BOTTOM LINE

Trusting God can help you get back up.

MONTHLY MEMORY VERSE

"But those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak."
Isaiah 40:31, NIV

MONTHLY LIFE APP

Resilience—Getting back up when something gets you down

BASIC TRUTH

I can trust God no matter what.

JUST FOR FUN

WHAT YOU NEED: Offering container, a ball, a basket

WHAT YOU DO:

- Invite kids to put their offering in the offering container as they arrive.
- Set up a basket in the room for a basketball type game. Kids may want to make "backboard" shots, so set the basket near a wall.
- Let kids take turns trying to bounce a ball into the basket.
- The ball must bounce at least once before landing in the basket.
- Kids can bounce the ball off the floor or off the wall.
- Once a kid makes a basket, everyone in the group must duplicate the shot, standing in the same spot with the same form.
 - Anyone who misses gets a point.
 - For example: If a kid closes their eyes, bounces the ball with their left hand and the ball bounces in the basket, then everyone in the group must close their eyes, bounce the ball with their left hand to bounce the ball into the basket.
- Anyone who misses the basket gets a point.
- Kids continue to try to make a basket.
- Encourage them to be silly and go for the trick shots.
- The kid with the least number of points when time runs out is the winner.





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PRELUDE SOCIAL STORY WORSHIP GROUPS HOME

CREATING A SAFE PLACE TO CONNECT
25 MINUTES

MADE TO CONNECT

an activity that invites kids to share and collaborate with others while growing their understanding



TAKE A SNAPSHOT [LIVE FOR GOD | APPLICATION ACTIVITY]

WHAT YOU NEED: Butcher paper, tape, markers

WHAT YOU DO:

- Tape a large piece of butcher paper to a wall.
- On the left side of the paper, draw an outline of a giant arrow pointing down. Next to that, on the right side of the paper, draw an outline of a giant arrow pointing up.
- Ask: What are things that get you down?
- Write kids' responses in the center of or near the down arrow.
- Ask: When you are down, who inspires you to get back up?
 - If necessary, use the down arrow ideas to prompt kids. (i.e., What are the opposites of the items written on the other side of the paper?)
 - For example: Who helps you to get back up when people around you are fighting? Or what are some things that encourage you to get back up when you feel alone?
- Write those responses in the center of the up arrow.
- *[Make it Personal]* (Share an age-appropriate example of something that gets you down and what in your life inspires you to get back up.)

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DISCUSSION QUESTIONS

[TALK ABOUT GOD | BIBLE STORY REVIEW]

WHAT YOU NEED: No supplies needed

WHAT YOU DO:

Ask:

- What is faith, in your own words?
- How can our actions show we have faith or show we trust God no matter what?
- How can faith and trusting God help us to get back up again?
- Why is knowing the stories in the Bible important? How does knowing stories of how God showed up in difficult situations affect our faith? How do the stories affect our ability to bounce back?

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MADE TO REFLECT

an activity that creates space
for personal processing
and application



MAKE IT PERSONAL WITH PRAYER

[PRAY TO GOD | PRAYER ACTIVITY]

WHAT YOU NEED: "Thank You Cards" Activity Page,
markers, Bibles

WHAT YOU DO:

- Give kids a "Thank You Card" to write a thank you letter to God.
- Encourage kids to pick a Hero of Faith—either from the Bible or from their lives—and write a thank you note to God for them and for their story.
- Encourage kids to tell God how the Hero of Faith encourages them to trust God and to help them show resilience.
- Let kids to share their thank you letters with the group if they would like to.
- Challenge kids to share their thank you notes with someone this week, especially if their "Hero of Faith" is someone from their life.
- Close in prayer.

WHAT YOU SAY:

"God, You can be trusted no matter what! You love us! You are always with us! You know us and You want us to know You! Thank You for Your Spirit to give us strength, for Jesus who gave us a way to be with You now and forever, and for the heroes of faith who show us how important it is to trust You. Thank You especially for . . . *(pause and allow kids to say names of people they are thankful for)*. Thank You for inspiring us to get back up even when things are hard or we don't understand. Amen!"

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