

PRELUDE

SOCIAL

WORSHIP

HOME

PROVIDING TIME FOR FUN INTERACTION 15 MINUTES

MADE TO PLAY

an activity that encourages learning through following guidelines and/or working as a group



STORY

Before kids arrive, pray that you would have a great time building relationships and having conversation with your Small Group. Ask God for the resilience needed to give your best effort to your students today.

JUST FOR FUN

WHAT YOU NEED: Offering container, a ball, masking tape

WHAT YOU DO:

- Invite kids to put their offering in the offering container as they arrive.
- Using masking tape, create a foursquare court by:
 - Creating one square, 10' x 10'.
 - Divide the square in half twice, creating four five-by-five-foot squares
 - Label squares consecutively, one through four.
- Play a game of foursquare:
 - One kid stands in each square.
 - Explain the goal is to get to square number one.
 - The kid in square number one serves. To serve, the kid bounces the ball in their square and hits the ball into one of the other squares.
 - When a ball bounces in their square, kids continue to hit the ball into an opposing square.
 - The ball must bounce only once in a square before it is hit to another square.
 - Kids hit the ball with their hands.
 - A kid is out if:
 - They hit the ball out of bounds before it bounces in an opposing square.
 - They hit the ball before it bounces in their square.
 - The ball bounces more than once in their square.
 - The ball bounces on the taped lines.
 - They catch the ball.
 - When a kid is out, they rotate out.
 - The next kid in line moves into square number four and the remaining kids in the game move to close the gaps between squares one through three.
 - For example, if the kid in square number three is out, the kid in square number four moves to square number three, and the new kid joins the game by standing in square number four.

TODAY'S BIBLE STORY

Sing, Sing, Sing

Paul and Silas in Prison Acts 16:16-40

TODAY'S KEY QUESTION

What helps you keep going?

TODAY'S BOTTOM LINE

You can choose joy when life gets hard.

MONTHLY MEMORY VERSE

"But those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak." Isaiah 40:31, NIrV

MONTHLY LIFE APP

Resilience—Getting back up when something gets you down

BASIC TRUTH

I can trust God no matter what.



PRELUDE	SOCIAL	STORY	WORSHIP	GROUPS	HOME
			CREATING A SAFE PLACE TO CONNECT 25 MINUTES		

MADE TO CONNECT

an activity that invites kids to share and collaborate with others while growing their understanding

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DISCUSSION QUESTIONS [TALK ABOUT GOD | BIBLE STORY REVIEW] WHAT YOU NEED: No supplies needed

WHAT YOU DO:

- Ask:
- How does trusting God help us to bounce back?
- What truths can you focus on to help you get back up when something gets you down?
- What does it look like to choose joy even when you are not happy about the circumstances you are in?
- [Make it Personal] (Share an age-appropriate story about a situation that was hard and you weren't happy about it but you decided to choose joy. What did you focus on and how did it help you to keep going?)



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GROUPS

HOME

CREATING A SAFE PLACE TO CONNECT 25 MINUTES

MADE TO CREATE

an activity that explores ideas through the process of drawing, building, designing, and problem-solving

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VERSE TO TAKE WITH YOU

[HEAR FROM GOD | MEMORY VERSE ACTIVITY] WHAT YOU NEED: Bibles, "Song Sheet" Activity Pages, markers, mobile device

WHAT YOU DO:

- Read Acts 16:25.
- Despite being thrown in jail, Paul and Silas prayed and sang hymns to God.
- Remind kids that a hymn is a song or poem praising God.
 - The book of Psalms is a collection of songs and several of the songs praise God; Psalm 100 is one of these praise songs.
- Give each kid a "Song Sheet" Activity Page.
- Look up Psalm 100 and read it aloud. Encourage kids to refer to their "Song Sheet" to follow along.
- Lead kids in discussion of Psalm 100.
 - What does it mean to praise God?
 - What about this Psalm praises God? (Encourage kids to use markers to circle phrases that praise God.)
 - What truths about God does the psalmist sing about? (Give kids time to underline truths about God in the Psalm. Encourage them to notice where praises and truths overlap.)
 - If you were writing a song or poem, what truths about God would you write about?
 - Why can praising God help us to be resilient? Why can thanking God help us to be resilient?
- (Optional) If it's a good fit for your group, discuss the songs you sing during worship time. Consider searching the lyrics to one of the songs on a mobile device. Can singing praise songs help us get back up when we are down? Why or why not?



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CREATING A SAFE PLACE TO CONNECT 25 MINUTES

GROUPS

MADE TO REFLECT

an activity that creates space for personal processing and application

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STORY

MAKE IT PERSONAL WITH PRAYER

[PRAY TO GOD | PRAYER ACTIVITY]

WHAT YOU NEED: Beach ball, sticky notes, markers, tape

WHAT YOU DO:

- Gather kids in a circle.
- Review the truths about God discussed in the Verses to Take with You Activity. Write each truth on a sticky note and adhere them around the ball.
- Add two notes with the word "Choose."
- Lead kids in prayer using the "Prayer Ball."
 - Bounce the ball to a kid in the circle.
 - Tell kids to read the words closest to their left thumb.
 - Encourage kids to praise God for the truth written on the Post It nearest to their thumb.
 - Let them know they can simply say, "God, You are . . ." and insert whatever is written on the Post It note.
 - If their thumb is nearest the "Choose" sticky note, kids can choose whatever they want to pray about.
- Close with prayer.

WHAT YOU SAY:

"God, You are with us always. Your Spirit gives us the power we need to keep going even when it is hard. God, help us to be like Paul and Silas and to focus on You, especially when we aren't sure how things will turn out. Help us to remember Your promise that no matter what, when we believe and receive Jesus as our Savior, we can be with You now and forever. In Jesus, we are never alone. Amen."