



WEEK
TWO
MAY 2022

SMALL GROUP
PRETEEN

PRELUDE **SOCIAL** **STORY** **WORSHIP** **GROUPS** **HOME**

PROVIDING TIME FOR FUN INTERACTION
15 MINUTES

MADE TO MOVE

an activity that increases the oxygen in the brain and taps into the energy in the body



Before kids arrive, take some time to pray for resilience and the courage to stick with it today, even when it may be difficult to lead your students. Ask God to help you with the words to say and the questions to ask to get conversation going around this concept of deciding to keep going, even when it's tough.

TODAY'S BIBLE STORY

Go the Distance

Peter and John Are Taken to the Sanhedrin
Acts 3:1-4:21

JUST FOR FUN

WHAT YOU NEED: Offering container, beach ball

WHAT YOU DO:

- Invite kids to put their offering in the offering container as they arrive.
- Gather kids in a circle.
- Toss a beach ball in the air to one of the kids in the circle.
- Challenge kids to see how many times they can bounce the ball to each other without it hitting the ground.
- When the ball hits the ground, encourage them to bounce back and to do it again to beat the record.

TODAY'S KEY QUESTION

When have you decided to keep going?

TODAY'S BOTTOM LINE

Keep going even when it gets tough.

MONTHLY MEMORY VERSE

"But those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak."

Isaiah 40:31, NIV

MONTHLY LIFE APP

Resilience—Getting back up when something gets you down

BASIC TRUTH

I can trust God no matter what.





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CREATING A SAFE PLACE TO CONNECT
25 MINUTES

MADE TO EXPLORE

an activity that extends learning through hands-on experimentation and discovery



BIBLE STORY EXTENSION

[TALK ABOUT GOD | BIBLE STORY REVIEW]

WHAT YOU NEED: Sticky notes from the Take a Snapshot Activity, blank sticky notes, tape, markers, balls, supplies to create an obstacle course, (optional) timer or mobile device

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WHAT YOU DO:

- Review the Bible story by asking:
 - Why were Peter and John arrested?
 - What were some challenges Peter and John faced?
 - Write each challenge on a sticky note.
 - Compare the challenges with the sticky notes from the Take a Snapshot Activity. Are any the same?
 - How were Peter and John resilient?
 - Why were Peter and John able to keep going and to continue talking and teaching about Jesus?
- Enlist kids' help in:
 - Creating an obstacle course using tables, chairs, and other miscellaneous items in the room.
 - Identifying the obstacles in the course by sticking one of the sticky notes to each obstacle.
- Divide the group into two teams.
- Give each team a ball.
- Line up teams at one end of the obstacle course.
- Teams take turns going through the obstacle course. To travel through the course:
 - Teams must bounce their ball through the course.
 - Teammates must take turns bouncing the ball. A kid can only bounce the ball once before a teammate must bounce it.
 - If the ball hits any of the obstacles, the team goes back to the starting line.
 - (Optional) To make it a competition, set a timer. Declare the team with the fastest time to complete the course or the team to get the farthest through the course the winner.
- Wrap-up the activity by reminding kids that even though the obstacle course was a fun challenge, not all challenges we experience are fun. Often, there isn't an easy fix when things get tough, or situations happen out of our control. While we cannot control situations around us, we can turn to God's truths, and the power of the Holy Spirit, to guide our actions and attitudes.
- Ask:
 - Like Peter and John, what are some ways we can train ourselves to be bounce back and push through when things get tough?
 - What can we learn from Peter and John to help us show resilience when (fill in with an example from one of the sticky notes from the Take a Snapshot Activity)?



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CREATING A SAFE PLACE TO CONNECT
25 MINUTES

(BIBLE STORY EXTENSION, CONTINUED)

Allow kids to share specific challenges they are facing. The goal of this discussion is not to provide solutions for the situations kids are facing. This is an opportunity to discuss the importance of knowing God's truths, of knowing Scripture, and then turning to those truths to help us keep going. [Make it Personal] (Share an age-appropriate time you were facing challenges and what helped you did to bounce back.)





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CREATING A SAFE PLACE TO CONNECT
25 MINUTES

MADE TO CONNECT

an activity that invites kids to share and collaborate with others while growing their understanding



DISCUSSION QUESTIONS

[TALK ABOUT GOD | BIBLE STORY REVIEW]

WHAT YOU NEED: No supplies needed

WHAT YOU DO:

Ask:

- What does it look like to be resilient when a friend isn't treating you kindly? What about when you're not getting along with a parent? Or when you're struggling with learning something at school?
- What can you do if you aren't sure what it means to be resilient in a certain situation?
- Do you think when you decide to keep going when it is tough, it helps you bounce back when something gets you down again? Why or why not?

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MADE TO REFLECT

an activity that creates space for personal processing and application



MAKE IT PERSONAL WITH PRAYER [PRAY TO GOD | PRAYER ACTIVITY]

WHAT YOU NEED: "Prayer Ball," tape, sticky notes from the Bible Story Extension Activity

WHAT YOU DO:

- Gather kids in a circle.
- Adhere several of the sticky notes to the beach ball.
- Lead kids in prayer using the "Prayer Ball."
 - Bounce the ball to a kid in the circle.
 - Tell kids to read the words closest to their left thumb.
 - Encourage kids to say a one sentence prayer relating to the sticky note nearest to their thumb.
- Example prayers: God, give me wisdom to fix what seems impossible. God, give me patience when I need to show resilience, etc.
- Close in prayer. If applicable, incorporate prayer about some of the situations kids shared about earlier during group time.

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WHAT YOU SAY:

"God, You are with us always. When we receive Jesus as our Savior, You give us Your Spirit. Your Spirit gives us power to bounce back. Give us the courage to keep going and wisdom to know what it looks like to keep going. Thank You, God, for Your Word. It shows us who You are and reminds us of Your truths and promises. We love You, God! Amen!"

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