



WEEK
ONE
MAY 2022

SMALL GROUP
PRETEEN

PRELUDE **SOCIAL** **STORY** **WORSHIP** **GROUPS** **HOME**

PROVIDING TIME FOR FUN INTERACTION
15 MINUTES

MADE TO MOVE

an activity that increases the oxygen in the brain and taps into the energy in the body



OPENING ACTIVITY

WHAT YOU NEED: Bouncy balls

WHAT YOU DO:

- Line up kids about six feet away from a wall and instruct them to face the wall.
- Give each kid a bouncy ball.
- Tell kids to toss the ball so it bounces once on the floor, then hits the wall.
- Challenge them to catch the ball off the wall before it bounces on the ground again.
- Be prepared to encourage kids; this may take a bit of practice for some or all of them.
- Encourage kids who do this well to help others.
- If kids successfully catch the ball, tell them to take a giant step back and do it again.
- If kids miss the ball, tell them to try again.
- Challenge kids to see how far they can be from the wall and still catch the ball.
- To increase the degree of difficulty, pair kids up.
- One kid tosses the ball so it bounces off the wall and their teammate catches it off the wall before it bounces on the ground again.

TODAY'S BIBLE STORY

Start Spreading the News

Great Commission and Spread of the Gospel
Matthew 28:16-20, Acts 1 and 2

TODAY'S KEY QUESTION

When have you felt alone?

TODAY'S BOTTOM LINE

God is always with you.

MONTHLY MEMORY VERSE

"But those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak."

Isaiah 40:31, NIV

WHAT YOU SAY:

"Catching these bouncy balls as they bounced back from the wall was no easy task! *[Transition]* **Let's head to Large Group to hear a story about a group of people who hit a wall and how Jesus helped them bounce back.**"

Lead your group to the Large Group area.

MONTHLY LIFE APP

Resilience—Getting back up when something gets you down

BASIC TRUTH

I can trust God no matter what.



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PRELUDE SOCIAL STORY WORSHIP GROUPS HOME

CREATING A SAFE PLACE TO CONNECT
25 MINUTES

MADE TO CONNECT

an activity that invites kids to share and collaborate with others while growing their understanding



TAKE A SNAPSHOT [LIVE FOR GOD | APPLICATION ACTIVITY]

WHAT YOU NEED: Paper, pencils or markers

WHAT YOU DO:

- Ask: When are some times people might feel lonely?
- Give kids a piece of paper.
- Ask: When have you felt alone? Encourage kids to write their answers on the paper.
- Give kids a few moments share their answers.
 - *[Make it Personal] (To prompt discussion, share about some times you have felt alone and ask kids if they have had a similar experience.)*
 - Maybe you felt alone when a group of friends didn't invite you to join them in a fun activity, or when your family fights, or when you can't do something well, etc.

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DISCUSSION QUESTIONS

[TALK ABOUT GOD | BIBLE STORY REVIEW]

WHAT YOU NEED: No supplies needed

WHAT YOU DO:

Ask:

- How do we know God is always with us?
- When is it hard to feel like God is with you? How do you know He is still with you?
- When have you seen or heard about something happening that you just knew was a "God thing"? (Give a couple examples, such as a family needing some help making rent and a friend just happening to give them the exact amount they need, or someone moving to a new area but they meet their new best friend.)
- Is there something that is getting you down in your life right now where you need God's power to help you show resilience? Allow kids the opportunity to share.
 - Depending on the discussion, consider leading the group in prayer for the situations the kids share before moving on to another activity.

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MADE TO REFLECT

an activity that creates space
for personal processing
and application



MAKE IT PERSONAL WITH PRAYER [PRAY TO GOD | PRAYER ACTIVITY]

WHAT YOU NEED: "Prayer Ball"

WHAT YOU DO:

- Gather kids in a circle.
 - Bounce the ball to a kid in the circle.
 - Ask that kid to read the words closest to their left thumb and then pray a one-sentence prayer using the words their thumb is pointing to as a guide.
- Potential "Prayer Ball" topics with sample prayers:
 - Trust: God, I am thankful I can trust You no matter what. God, help me to trust that Your Spirit is at work always in and around me.
 - Resilience: God, help me to bounce back. God, help me to be resilient, even when I am unsure what will happen.
 - Strength: God, give me strength to get back up when I feel alone.
 - Power of God's Spirit: God thank You for giving me Your Spirit to guide me.
 - Family/Friends: God, I trust You are with me and my family even when I don't feel like You are there.
 - Wise choice: God, give me Your wisdom. God, give me wise words to talk to my friend this week.
 - God's Truth: God, You are always with me. God, You give me strength.

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