



WEEK  
**FOUR**  
MAY 2022

SMALL GROUP  
**K-3**

**PRELUDE**      **SOCIAL**      **STORY**      **WORSHIP**      **GROUPS**      **HOME**

PROVIDING TIME FOR FUN INTERACTION  
15 MINUTES

### MADE TO CREATE

an activity that explores ideas through the process of drawing, building, designing, and problem-solving



*Before kids arrive, pray for each regular attendee by name. Pray for those who might visit your group for the first time. Thank God for giving each of us what we need to bounce back and keep going. Pray that your few would recognize these areas of their lives and trust God to help and guide them. Thank God for stories of people who have shown resilience in the face of adversity, and pray that those stories would encourage your few.*

### TODAY'S BIBLE STORY

#### Glory Days

Heroes of the Faith  
Hebrews 11

### EARLY ARRIVER

**WHAT YOU NEED:** "Superhero Creator" Activity Page, offering container, markers or crayons

### TODAY'S BOTTOM LINE

**Trusting God can help  
you get back up.**

#### WHAT YOU DO:

- Greet the kids as they arrive.
- Encourage those who brought an offering to place it in the offering container.
- Pass out the "Superhero Creator" Activity Pages.
- Encourage the kids to create their own superhero. They can decorate or create any kind of super suit and cape they want.
- If time allows, let the kids show off their drawings and describe their superhero's superpowers.

### MONTHLY MEMORY VERSE

**"But those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak."**

Isaiah 40:31, NIV

### MONTHLY LIFE APP

**Resilience—Getting back up  
when something gets you down**

### BASIC TRUTH

**I can trust God no matter what.**





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CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

### MADE TO PLAY

an activity that encourages learning through following guidelines and/or working as a group



### LEAD THE WAY [LIVE FOR GOD | APPLICATION ACTIVITY]

**WHAT YOU NEED:** Blindfolds, tennis balls

**WHAT YOU DO:**

- Invite all kids, except for two, to form a wide circle.
- Give each kid in the circle a tennis ball.
- Blindfold both of the kids who aren't in the circle and randomly place them somewhere in the circle.
- Instruct the rest of the kids to bounce their balls and catch them to create a noise distraction. (The kids in the circle can clap, stomp their feet, or make sounds with their voices if you don't have enough balls for everyone.)
- Direct the blindfolded kids to call out, "Bounce back" until they find each other by listening for the other person.
- After the kids find each other, choose two different kids to be blindfolded.
- Continue playing until everyone has had a chance to be blindfolded.

### TODAY'S BIBLE STORY

**Glory Days**  
Heroes of the Faith  
Hebrews 11

**WHAT YOU SAY:**

"That was fun! In each round, the blindfolded kids had to trust the other's voice to lead them as they searched for each other. God has given us the stories of people who have gone before, to help lead the way. God knows what you're going through and what you will go through. God knows your whole story. One way God helps us through hard times is by giving us people like our parents, grandparents, teachers, and other grown-ups. When something gets us down, we can look to these people who have trusted God in the past and can help US trust God, too, so we can get back up and move forward. **Trusting God can help you get back up.**"

*[Make It Personal] (Share about someone who leads and encourages you when you go through a hard time and you're tempted to give up. Maybe it's a friend who helps you tackle tough projects one step at a time, a trainer who cheers you on to do just one more lap around the block, or a mentor at church who encourages you to memorize Scripture.)*

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**ISAIAH 40:31 BOOKMARK**

[HEAR FROM GOD | MEMORY VERSE ACTIVITY]

**WHAT YOU NEED:** "Isaiah 40:31 Bookmarks" Activity Page bookmarks, markers or crayons, (optional) fun stamps or stickers

**WHAT YOU DO:**

- Pass out a bookmark to each kid and "read" the verse aloud together.
- Set the markers or crayons in the center of your Small Group space so the kids can color their bookmarks any way they want.
- If providing stamps or stickers, let the kids decorate their bookmarks with those as well.

**WHAT YOU SAY:**

"I love this verse! It is such a good one to put to memory and say out loud when you feel like giving up. No matter what happens, God can give you the strength you need to bounce back and keep going. Just like God gave new strength to Moses and Abraham and Joseph, God can do the same for you. Take this home and put it in your Bible or use it in a book at school to mark your spot and remember that **trusting God can help you get back up.**"

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**MADE TO REFLECT**

an activity that creates space for personal processing and application



**PRAY AND DISMISS**  
[PRAY TO GOD | PRAYER ACTIVITY]

**WHAT YOU NEED:** No supplies needed

**WHAT YOU DO:**

- Lead the group in the following call and respond prayer.
- Explain that they may keep their eyes open as you pray

and follow you as you crouch down and jump back up during the prayer.

**TODAY'S BIBLE STORY**

**Glory Days**

Heroes of the Faith  
Hebrews 11

**WHAT YOU SAY:**

"We can talk to God anytime, anywhere, about anything! And we don't have to close our eyes. Closing our eyes can help us focus and not be distracted for sure. But today, I want you to follow what I do as we pray, so keep your eyes open and watch me. Ready? I'll say a sentence, and I want you to repeat after me. Let's pray.

*(Lead kids to repeat each of the following lines after you and crouch down and jump back up as indicated below.)*

"Dear God . . .  
You are the BEST!  
When life gets us down (Crouch down in a ball.)  
Help us remember that trusting You  
Will help us get back up (Jump up.)  
Every time!  
Thanks for helping us bounce back.  
In Jesus' name, amen."

As adults arrive to pick up, encourage the kids to show off their Faith Heroes Trading Cards or their bookmarks as a reminder that **trusting God can help you get back up.**

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