

K-3

PRELUDE

SOCIAL

STORY

WORSHIP

GROUPS

HOME

PROVIDING TIME FOR FUN INTERACTION
15 MINUTES

MADE TO CONNECT

an activity that invites kids to share and collaborate with others while growing their understanding



Before kids arrive, pray for each regular attendee by name. Pray for those who might visit your group for the first time. Pray that kids would understand that God can help them find the joy in every bad or hard situation. Ask God to help kids identify the parts of difficult situations that they could focus on in order to choose joy. Pray that kids would remember how much God loves them, especially when they

face a tough time.

TODAY'S BIBLE STORY

Sing, Sing, Sing
Paul and Silas in Prison
Acts 16:16-40

TODAY'S BOTTOM LINE

You can choose joy when life gets hard.

when me gets hard.

MONTHLY MEMORY VERSE

"But those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak."

Isaiah 40:31, NIrV

MONTHLY LIFE APP

Resilience—Getting back up when something gets you down

BASIC TRUTH

I can trust God no matter what.

EARLY ARRIVER

WHAT YOU NEED: Offering container, paper, pens

WHAT YOU DO:

- Greet the kids by name as they arrive.
- Encourage kids who brought an offering to place it in the offering container.
- Give each kid a pen and a piece of paper.
- Prompt them to make a list of things that bring them joy.
- Ask the kids to share their lists.



K-3

PRELUDE SOCIAL STORY WORSHIP GROUPS HOME

CREATING A SAFE PLACE TO CONNECT
25 MINUTES

MADE TO CREATE

an activity that explores ideas through the process of drawing, building, designing, and problem-solving

TODAY'S BIBLE STORY

Sing, Sing, SingPaul and Silas in Prison
Acts 16:16-40

TODAY'S BOTTOM LINE

You can choose joy when life gets hard.

MONTHLY MEMORY VERSE

"But those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak."

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BOUNCY BALL PAINTING [LIVE FOR GOD | APPLICATION ACTIVITY]

WHAT YOU NEED: "Bottom Line Printable" Activity Pages, bouncy balls, flat shallow boxes, craft paint, plastic tablecloths or tarps, hand wipes

WHAT YOU DO:

- Cover your Small Group rug or area with a tablecloth or tarp.
- Lay out another tablecloth nearby.
- Give each kid a "Bottom Line Printable" Activity Page. Point out and read the Bottom Line together.
- Explain that they will take turns placing their page in a box.
- Let each kid choose which two colors to use on their page.
- Once the page is flat in the box, squirt one or two drops of paint on the edge of the page.
- Place a bouncy ball in the box and show the kids how to slowly move the box back and forth so that the ball move across the surface, distributing the paint on the page in a cool way.
- After they finish, help the kids carefully remove their page from the box and place it on the extra tablecloth to dry.
- You will use these later during "Pray and Dismiss."
- Pass out wipes for cleaning messy fingers.
- Set balls and boxes aside for clean-up.

WHAT YOU SAY:

"Wow! Look at these masterpieces. I love how each of them is so different because you all chose different color combinations and moved your boxes differently. Just like you made choices that changed the look of your painting, we always have a choice when it comes to how we respond to situations. Sometimes, it might feel hard to find the joy. But remember, joy isn't about being happy. Real joy is remembering that God is with you and He loves you. You can choose joy when life gets hard by remembering that God is on your side."



K-3

PRELUDE SOCIAL STORY WORSHIP GROUPS HOME

CREATING A SAFE PLACE TO CONNECT
25 MINUTES

MADE TO MOVE

an activity that increases the oxygen in the brain and taps into the energy in the body

TODAY'S BIBLE STORY

Sing, Sing, SingPaul and Silas in Prison
Acts 16:16-40

TODAY'S BOTTOM LINE

You can choose joy when life gets hard.

MONTHLY MEMORY VERSE

"But those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak."

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MEMORY VERSE BALL TOSS [HEAR FROM GOD | MEMORY VERSE ACTIVITY]

WHAT YOU NEED: Bible marked at Isaiah 40:31 and a playground ball

WHAT YOU DO:

- Let a volunteer open the marked Bible to Isaiah 40:31. Say the verse together a few times to review.
- Guide the kids to stand in a circle in your Small Group area.
- Toss the ball from kid to kid across the circle as you repeat the words of the verse, one word for each toss to another kid.
- If a kid drops the ball, the ball returns to you, and the group starts at the beginning of the verse.
- NOTE: This is a fairly long verse for K–1st so make sure you repeat the words of the verse along with the kids. Only stop play and return to the beginning of the verse if the ball drops, NOT if a kid forgets the next word. The more you repeat the verse together, the more likely they are to learn it by heart.

WHAT YOU SAY:

"Great job of keeping the ball in play! I LOVE this verse. It's such a great reminder that God is the one who gives us strength! With God's help, we can face anything. Remember, God made that soaring eagle, and God will help us bounce back and find joy, no matter what! When you rely on God, **you can choose joy when life gets hard."**



K-3

PRELUDE SOCIAL STORY WORSHIP GROUPS HOME

CREATING A SAFE PLACE TO CONNECTED 125 MINUTES

MADE TO REFLECT

an activity that creates space for personal processing and application

TODAY'S BIBLE STORY

Sing, Sing, SingPaul and Silas in Prison
Acts 16:16-40

TODAY'S BOTTOM LINE

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MONTHLY MEMORY VERSE

"But those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak."

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PRAY AND DISMISS [PRAY TO GOD | PRAYER ACTIVITY]

WHAT YOU NEED: Paintings from "Bouncy Ball Painting"

WHAT YOU DO:

- Pass out the paintings and let kids hold them as you pray.
- Challenge the kids to take them home and display them somewhere as a reminder that God is with them and that you can choose joy when life gets hard.
- Close your group time in prayer.

WHAT YOU SAY:

"God, we love You. There is no one greater than You. This week, when we face awesome stuff and hard stuff, will You remind us that through it all, You are WITH us? Help us to choose joy no matter what, just like Paul and Silas did. Thanks for always listening to our prayers, God. And thanks for sending Jesus to make a way for us to have a relationship with You. In His name we pray, amen."

As adults arrive to pick up, encourage the kids to show off their paintings and review the Bottom Line together. **You can choose joy when life gets hard.**