



WEEK
TWO
MAY 2022

SMALL GROUP
K-1

PRELUDE **SOCIAL** **STORY** **WORSHIP** **GROUPS** **HOME**

PROVIDING TIME FOR FUN INTERACTION
15 MINUTES

MADE TO CONNECT

an activity that invites kids to share and collaborate with others while growing their understanding



Before kids arrive, pray for each regular attendee by name. Pray for those who might visit your group for the first time. Pray that your kids would not be discouraged or give up when faced with something tough. Ask God to give them strength to bounce back from discouragement, whether it's having trouble getting along with a friend, struggling to learn to tie a shoe or hit a baseball, or continuing to do their best at school while things at home are tough. Ask God to show you opportunities where you can encourage your few.

TODAY'S BIBLE STORY

Go the Distance

Peter and John Are Taken to the Sanhedrin
Acts 3:1-4:21

EARLY ARRIVER

WHAT YOU NEED: "Maze" Activity Pages, offering container, pencils

WHAT YOU DO:

- Greet the kids by name as they arrive.
- Encourage any kids who brought an offering to place it in the offering container.
- Pass out a "Maze" Activity Page and a pencil to each kid.
- As they work, discuss their week using the questions below.
 - How would you rate your week on a scale of one (the worst) to ten (the best). Why?
 - Name a high (good) thing that happened this week.
 - Name a low (not so great) thing that happened this week.
 - Did something crazy or unexpected happen this week? What?
 - Did anyone have anything difficult happen that they had to bounce back from?

TODAY'S BOTTOM LINE

Keep going even when it gets tough.

MONTHLY MEMORY VERSE

"But those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak."
Isaiah 40:31, NIV

MONTHLY LIFE APP

Resilience—Getting back up when something gets you down

BASIC TRUTH

I can trust God no matter what.





WEEK
TWO
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SMALL GROUP
K-3

PRELUDE SOCIAL STORY WORSHIP GROUPS HOME

CREATING A SAFE PLACE TO CONNECT
25 MINUTES

MADE TO IMAGINE

an activity that promotes empathy and facilitates concrete application through role-play and reenactment



KEEP GOING SCENARIOS [LIVE FOR GOD | APPLICATION ACTIVITY]

WHAT YOU NEED: "Keep Going Scenarios" Activity Page cards

WHAT YOU DO:

- Lay the scenario cards out on the floor on one side of your Small Group area and stand near the cards.
- Line up the kids on the opposite side.
- Call out a way for the first kid in line to travel to you.
- Ways to travel:
 - Crabwalk
 - Baby steps
 - Hop on one foot
 - Walk backwards
 - Skip
- Once the kid makes it across the space, have them grab a card and help them read it aloud to the group.
- Then, lead all the kids to respond to that scenario by saying, **"Keep going even when it gets tough."**
- Continue until all scenarios have been read.

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WHAT YOU SAY:

"We face tough situations every day. And we might be tempted to quit. But just like Peter and John, we can keep going when we remember that God is with us and will help us! We can bounce back and get back up again! So this week, when you face something hard and you REALLY want to quit, stop and pray. Ask God to help you remember that He is with you and will help you **keep going even when it gets tough.**"





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CREATING A SAFE PLACE TO CONNECT
25 MINUTES

MADE TO MOVE

an activity that increases the oxygen in the brain and taps into the energy in the body



KEEP GOING VERSE

[HEAR FROM GOD | MEMORY VERSE ACTIVITY]

WHAT YOU NEED: Bible marked at Isaiah 40:31

WHAT YOU DO:

- Have a volunteer open the Bible to Isaiah 40:31. Say the verse together for review.
- Guide kids to stand together in your group's space.
- Call out an exercise from the list below.
- Challenge the group to hold that position or do that exercise continually as you repeat the verse together.
- Encourage them to keep going until the end of the verse.
- Repeat, calling out a different exercise for each round. Continue for as many rounds as time allows.
- Exercises:
 - Squat
 - Plank
 - Jog in place
 - Wall Sits (If you have a wall available, have the kids stand with their backs against the wall then squat as if they're sitting on a chair, pushing against the wall with their back and the floor with their feet. Kids must hold that position as they say the verse.)
 - March
 - Hold arms straight out from your sides or hold your arms over head.

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WHAT YOU SAY:

"Great job! You kept going, even when you probably wanted to quit! I'm proud of you for sticking with it. Our verse reminds us that when we put our trust in God, we will be given new strength. God's power is unlimited. God can help you **keep going even when it gets tough.**"

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PRAY AND DISMISS [PRAY TO GOD | PRAYER ACTIVITY]

WHAT YOU NEED: No supplies needed

WHAT YOU DO:

- Gather the kids to huddle up for prayer.
- Encourage the kids to pray silently for the kid on their

left, asking God to help that friend **keep going even when it gets tough.**

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Go the Distance

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WHAT YOU SAY:

"Let's pray. I'll give you a few seconds to pray silently on your own for the friend on your left."

"God, we love You. Thanks for the promise that You are with us and will give us new strength when we need it. This week, when we want to quit, to give up or give in, will you help us keep going? Thanks for loving us and helping us every day. You're awesome, God. In Jesus' name we pray, amen."

TODAY'S BOTTOM LINE

Keep going even when it gets tough.

As adults arrive to pick up, encourage kids to remember that God will help them this week to **keep going even when it gets tough!**

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