

PROVIDING TIME FOR FUN INTERACTION
15 MINUTES

MADE TO PLAY

an activity that encourages learning through following guidelines and/or working as a group



OPENING ACTIVITY

WHAT YOU NEED: "Match It!" Activity Pages

WHAT YOU DO:

- Help kids get into groups of two to three.
- Give each group deck of "Match It!" cards face-down.
- Guide kids to spread out the cards.
- Lead kids to play a game of concentration.
 - One kid turns a card face-up, then another.
 - If the cards match, they "win" them.
 - If they don't match, the kid turns them face down again.
- Play until kids match all their cards.
- If time allows, kids can shuffle the cards and play again.

TODAY'S BIBLE STORY

You Need to Calm Down
Broken-Down Walls
Proverbs 25:28

WHAT YOU SAY:

"You guys did a GREAT job of finding the matching pictures. I have another challenge for you. What do a lock, an umbrella, a shell, a leash, a helmet, and a firefighter all have in common? *(Allow enough time for kids to process the riddle. If they struggle, have them compare three items instead of seven. Answer: They keep things safe/protect things.)* Yes! They all keep something safe or protected.

TODAY'S BOTTOM LINE

When you lose control, it can cause trouble.

"What are some things that keep YOU safe? *(parents, house, teachers, first responders, God, etc.)* Great ideas! **[Transition] Let's go to Large Group where we'll hear about SOMETHING ELSE that can help keep you safe. It might surprise you!"**

MONTHLY MEMORY VERSE

"God's power has given us everything we need to lead a godly life."
2 Peter 1:3a, NIV

Lead your group to the Large Group area.

MONTHLY LIFE APP

Self-control—Choosing to do what you should even when you don't want to

BASIC TRUTH

I need to make the wise choice.

CREATING A SAFE PLACE TO CONNECT
25 MINUTES

MADE TO PLAY

an activity that encourages learning through following guidelines and/or working as a group



BROKEN-DOWN
[TALK ABOUT GOD | BIBLE STORY REVIEW]

WHAT YOU NEED: Small balls

WHAT YOU DO:

- Choose two or three kids to be “enemies” and stand to the side.
- “Arm” them with the small balls.
- Guide the other kids to stand in a circle with each kid’s hands on the shoulders of the kid in front of them.
- Lead kids to march in a circle as you sing Proverbs 25:28 to the tune of “London Bridge.”

TODAY’S BIBLE STORY

You Need to Calm Down
Broken-Down Walls
Proverbs 25:28

A person without self-control
Self-control
Self-control
Self-control
A person without self-control
Is like a ci-ty
Who-ose walls are broken-down
Broken-down
Broken-down
Who-ose walls are broken-down
Bro-ken-dow-n.

- When you sing the final “broken-down,” guide kids to “fall” to the floor, then cue the “enemies” to “invade.”
- Give kids these instructions then leave it up to them as to how they interpret what they should do! Remind them to have self-control as they “invade” the “broken-down wall” and keep a close watch to ensure no one gets trampled or gets hit point-blank with a ball.

TODAY’S BOTTOM LINE

When you lose control, it can cause trouble.

MONTHLY MEMORY VERSE

“God’s power has given us everything we need to lead a godly life.”
2 Peter 1:3a, Nlrv

MONTHLY LIFE APP

Self-control—Choosing to do what you should even when you don’t want to

WHAT YOU SAY:

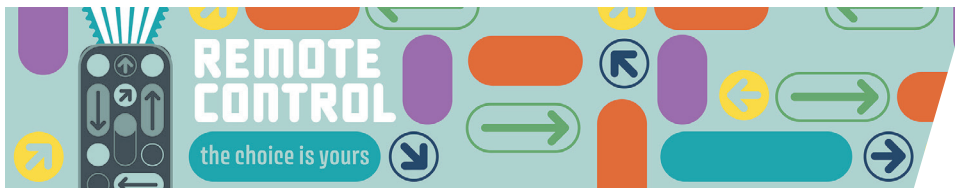
“A person without self-control is like a city without walls. A person without self-control doesn’t protect what’s important to them. Sometimes, it’s hard to practice self-control, like when we want to run instead of walk so we can be first in line; or when we want to eat ALL the candy instead of just a few pieces. Or sometimes, we want to yell at someone or hurt them because they hurt us. But **when you lose control, it can cause trouble.**”

BASIC TRUTH

I need to make the wise choice.

[Make It Personal] (Briefly tell kids about a time when you lost control and it caused trouble. You may have yelled at someone who made you mad, pushed to be first in line, or hurt someone when you didn’t watch where you were going.)

“So remember, **when you lose control, it can cause trouble.**”



WEEK
TWO
JANUARY 2022

SMALL GROUP

K-3

PRELUDE

SOCIAL

STORY

WORSHIP

GROUPS

HOME

CREATING A SAFE PLACE TO CONNECT
25 MINUTES

MADE TO CREATE

an activity that explores ideas through the process of drawing, building, designing, and problem-solving



KEEP CONTROL

[HEAR FROM GOD | MEMORY VERSE ACTIVITY]

WHAT YOU NEED: "Keep Control" Activity Pages, stickers, markers or crayons

WHAT YOU DO:

- Give each kid a "Keep Control" Activity Page. Guide kids to point to the words as you read the verse aloud.
- Unpack the idea that part of living a godly life is practicing self-control. Emphasize that when we feel like we're losing control, the Holy Spirit can help us stay in control.
- Explain how kids can "use" their remote controls to remind them what they can do when they feel like they're losing control.
- They can walk away (*guide kids to touch the feet*). They can take deep breaths (*guide kids to touch the "breath" button*). They can talk to someone (*guide kids to touch the speech bubble*). They can count to ten (*guide kids to tap the number circles ten times*).
- Invite kids to decorate their remotes as they choose.
- Encourage kids to use their remotes this week to help them keep in control.

WHAT YOU SAY:

"Sometimes, we can feel like we're losing control! We might want to yell or scream or say unkind things. We might want to throw or hit or kick something. We might want to go somewhere and hide. We might not want to talk to anyone. We might want to cover our ears.

[Make It Personal] (Tell kids what you do when you feel like you're losing control.) What do YOU do when you feel like you're losing control? (Pause for the kids' answers, but be careful not to dwell here.)

"Is it okay to FEEL out of control? Yes—it happens to all of us! But it's important to remember that God doesn't want us to LOSE control. Because **when you lose control, it can cause trouble**. You can get hurt, and others can get hurt, too. Instead, God wants us to rely on HIS POWER to help us keep control. He loves us, and He wants to help us!

"So when you feel like you're losing control, stop and ask God to help you. Count to ten. Take three deep breaths. Go for a walk. Tell someone how you feel. All these things can help you feel better, and they can help you keep from losing control. Because when you lose control, it can cause (*pause for kids to fill in the blank*)."

TODAY'S BIBLE STORY

You Need to Calm Down
Broken-Down Walls
Proverbs 25:28

TODAY'S BOTTOM LINE

**When you lose control,
it can cause trouble.**

MONTHLY MEMORY VERSE

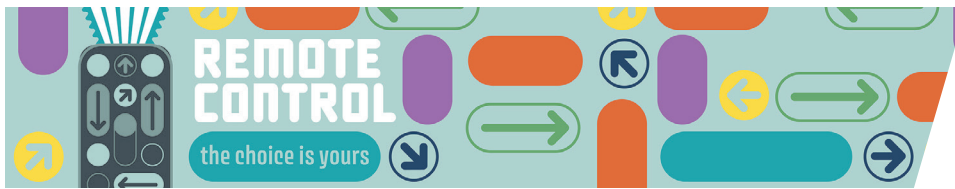
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MONTHLY LIFE APP

**Self-control—Choosing to do
what you should even when
you don't want to**

BASIC TRUTH

I need to make the wise choice.



WEEK
TWO
JANUARY 2022

SMALL GROUP
K-3

PRELUDE SOCIAL STORY WORSHIP GROUPS HOME

CREATING A SAFE PLACE TO CONNECT
25 MINUTES

MADE TO REFLECT

an activity that creates space for personal processing and application



PRAY AND DISMISS
[PRAY TO GOD | PRAYER ACTIVITY]

WHAT YOU NEED: No supplies needed

WHAT YOU DO:

- Guide kids to stand shoulder to shoulder, creating a "wall."
- Use the conversation below as a guide to lead kids in a responsive prayer.

TODAY'S BIBLE STORY

You Need to Calm Down
Broken-Down Walls
Proverbs 25:28

WHAT YOU SAY:

"Long ago, people protected their cities by building walls around them. The walls kept the cities safe by keeping out enemies who wanted to attack. Proverbs 25:28 tells us that when we don't control ourselves, we're like a city with a broken-down wall. **When you lose control, it can cause trouble.** Because when we lose control, we can do and say things that aren't nice or kind or wise. As a result, we can get hurt, others can get hurt, and we can miss showing others who God is and what He's like.

"But God can give you the POWER to control yourself. And when you use the self-control power that God gives you, you protect yourself, you protect others, AND you show others who God is and what He's like." (Lead kids in prayer, asking God to help both you and the kids stay in control.)

As adults arrive to pick up, encourage kids to tell them today's Bottom Line. **When you lose control, it can cause trouble.**

TODAY'S BOTTOM LINE

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