

# PRELUDE SOCIAL STORY

OVIDING TIME FOR FUN INTERACTIO 15 MINUTES

### MADE TO CONNECT

an activity that invites kids to share and collaborate with others while growing their understanding

## **TODAY'S BIBLE STORY**

### In My Life Israelites Long for Egypt

Exodus 16:2-21; 17:1-7

## **TODAY'S BOTTOM LINE**

Don't miss out on what you have now.

#### **MONTHLY MEMORY VERSE**

Then he said to them, "Watch out! Be on your guard against wanting to have more and more things. Life is not made up of how much a person has." Luke 12:15, NIrV

#### **MONTHLY LIFE APP**

Contentment—Learning to be okay with what you have

## **BASIC TRUTH**

I can trust God no matter what.



## **OPENING ACTIVITY**

WORSHIP

WHAT YOU NEED: Masking tape

#### WHAT YOU DO:

• Use the masking tape to mark a line down the center of your small group area—long enough for your kids to stand on in a line.

GROUPS

HOME

- Direct the kids to stand on the tape line, one behind the other, facing one end of the line.
- Designate the left side of the line the "yucky" side and the right side of the line the "yummy" side.
- Explain that you will call out different foods.
- Instruct the kids to jump to the "yucky" side of the line if they don't like the food you call out or jump to the "yummy" side of the line if they do.
- Direct the kids to stand back on the tape line after they make each choice.
- Here are some food ideas: bananas, guacamole, applesauce, salad, ice cream, chocolate, brussels sprouts, bell pepper, graham crackers, broccoli, chicken, carrots, milk, mushrooms, scrambled eggs, black eyed peas, oatmeal, okra, chips, salsa, French fries, cereal, tomatoes, avocado, yogurt, grapefruit, spinach, cauliflower.

#### WHAT YOU SAY:

"You guys have some strong opinions when it comes to what you eat! [Transition] In our Bible story today, we'll hear about some very special food God provided for His people. Listen closely to decide if you think that food was yummy or yucky!"

Lead your group to the Large Group area.



# PRELUDE SOCIAL STORY WORSHIP GROUPS HOME CREATING A SAFE PLACE TO CONNECT 25 MINUTES

#### MADE TO CREATE

an activity that explores ideas through the process of drawing, building, designing, and problem-solving



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## BICYCLE CHAIN CROSS

[LIVE FOR GOD | APPLICATION ACTIVITY] WHAT YOU NEED: "Cross" Activity Pages and markers

#### WHAT YOU DO:

- Give each kid a "Cross" Activity Page.
- Set out the markers for the kids to share.
- Read the Bottom Line together and invite kids to color their cross.
- Engage them in conversation about the picture.

#### WHAT YOU SAY:

"Great job of coloring this bicycle chain cross. Making a cross with an old bicycle chain is a creative way to use something you no longer need and make something new that you might want and be content with. What has God done for you or given you that you can learn to be content with? (Pause for responses. Remind kids of all the things they said they were thankful for earlier in group time.)

"What's the most exciting thing coming up in the next few months? (*Invite responses.*) What's the most exciting thing you can think of that might happen next year? (*Invite responses.*)

"There are some great things ahead of us! But imagine if you were only focused on those fun things to come. Would you miss out on anything? (Invite responses.) You would! By focusing on what you don't have or on things coming up, you'd miss things like fun times with friends, learning something cool at school, or time with family. Instead of looking back at what you had before, or looking forward to what you hope will happen in the future, look at what you have, right now. This week, look for things you can be content with so you **don't miss out on what you have now**."



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MADE TO PLAY

an activity that encourages learning through following guidelines and/or working as a group



## HUMAN BICYCLE

[HEAR FROM GOD | MEMORY VERSE ACTIVITY] WHAT YOU NEED: "Verse Cards" Activity Page cards; Bibles; and hula hoops

Note: If you have more than eight kids in your group, consider making two sets of cards and using four hula

hoops. This game is best played with teams of eight, but you can lengthen or shorten your "chain" of six kids depending on how many kids are in your group.

#### WHAT YOU DO:

- Set the "Verse Cards" on one side of the room.
- Gather the kids on the other side.
- Give two kids the hula hoops.
- Explain that the kids with the hoops are the wheels in the bike.
- Instruct the other six kids to form a line between the two kids hula-hooping.
- Direct the six kids to link arms and stay between the two hoops.
- Explain to the six kids that they are the chain in the bike.
- Instruct the kids with the hoops to hula-hoop—or at least hold up the hoops and walk—across the room to the Verse Cards.
- Instruct the chain to stay together and walk between the wheels all the way across the room. The entire bike should travel together.
- When the bike (group of kids) has reached the far side of the room, instruct one of the kids in the chain to grab a Verse Card.
- Direct the whole "bike" to go back to the far side where they started.
- Instruct the kids to put the verse card down and rotate so two new kids are the wheels.
- Play until all of the verse cards are collected and all of the kids have had a turn as the wheels.
- Once the group gets the cards, instruct them to use their Bibles to put the cards in verse order.
- If you have a few groups of "human bikes," play this as a competition or just have two "human bikes" going at the same time.

#### WHAT YOU SAY:

"I've never seen that kind of bike before! Nice job working of together! I think the best part of that game is being a wheel. Who agrees? (*Invite a show of hands.*) I'm glad everyone got a chance to be a wheel.

"But what would have happened if no one would be the chain because they just wanted to sit out and wait for their turn to be the wheel? (*Invite responses.*) We would have had to stop the game and not play. That would have been no fun.

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## (HUMAN BICYCLE, CONTINUED)

"This game gave you another chance to remember: **don't miss out on what you have now**. Even though other fun things are coming, even though fun stuff has happened in the past, don't get so caught up in looking forward or back that you miss the fun right now!"



# PRELUDE SOCIAL STORY WORSHIP GROUPS HOME CREATING A SAFE PLACE TO CONNECT 25 MINUTES

#### **MADE TO REFLECT**

an activity that creates space for personal processing and application



## PRAY AND DISMISS [PRAY TO GOD | PRAYER ACTIVITY]

**WHAT YOU NEED:** No supplies needed.

#### WHAT YOU DO:

• Direct the kids to sit in a circle.

• Invite the kids to share, one at time, one thing they're thankful for, right now.

• Close in prayer, asking God to help you focus on what you have so you can be content this week.

#### WHAT YOU SAY:

"We have so much to be thankful for. This week, if you find yourself uncontented, think about all you have to be grateful for so you **don't miss out on what you have now.** Let's pray.

#### "Heavenly Father, we have so many things to be thankful for. And we know that all good things come from You. Thank You for all You've done, all You have given us, and for loving us, no matter what. Help us be grateful so we can be content this week. We love You so much, and we thank You for Jesus. We pray

these things in Jesus' name. Amen."

As adults arrive to pick up, let the kids show off their "Quail" pictures and talk about how to show gratitude so you **don't miss out on what you have now.** 

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