

PRELUDE

SOCIAL

STORY

WORSHIP

GROUPS

HOME

PROVIDING TIME FOR FUN INTERACTION  
15 MINUTES

### MADE TO CREATE

an activity that explores ideas through the process of drawing, building, designing, and problem-solving



*Before kids arrive, set aside a few moments to pray for your kids before they come to your group. Ask God to give you insight into how to have conversations about our Enemy and the Armor of God that will be encouraging to your kids and will not be scary or intimidating. Pray that your kids will be able to leave your group encouraged and equipped when they're facing spiritual attacks.*

### TODAY'S BIBLE STORY

**Stand and Deliver**  
Armor of God  
Ephesians 6:10-17

### JUST FOR FUN

**WHAT YOU NEED:** Offering container, paper on clip boards, markers, (optional) music

#### WHAT YOU DO:

- Invite kids to place their offerings in the container.
- Ask kids to sit in a large circle with several feet of distance between them.
- Give each kid a clipboard and a box of markers.
- Ask everyone to print their name on the paper and turn it over so their name is hidden.
- Invite kids to think of the title of one of their favorite songs but instruct them not to say what it is.
- Challenge kids to create an album cover for the song they chose but without including the title or any other words.
- (Optional) Play music in the background as kids draw.
- Signal the kids (or pause the music) when you see that they have a good start on their album cover.
- Allow kids to switch clipboards with someone in the group then, without speaking, continue on with the original drawing in whatever way they choose.
- Continue to play music, pause, and switch artwork until kids have drawn something on each paper.
- Instruct them to return the clipboard to the kid whose name is on the back of the page.
- Invite kids to take turns showing the finished album covers and sharing the name of the song it illustrates.

### KEY QUESTION

When is it hard to stand strong?

### TODAY'S BOTTOM LINE

Use what God has given you to stand strong.

### MONTHLY MEMORY VERSE

Being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.  
Philippians 1:6, NIV

### MONTHLY LIFE APP

Confidence—Learning to see yourself the way God sees you

### BASIC TRUTH

I can trust God no matter what.

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CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

### MADE TO MOVE

an activity that increases the oxygen in the brain and taps into the energy in the body



### TAKE A SNAPSHOT

[LIVE FOR GOD | APPLICATION ACTIVITY]

**WHAT YOU NEED:** Bubble wrap, egg in sealed bag, packing tape

**WHAT YOU DO:**

- Give each kid a sheet of thick bubble wrap and let them take turns carefully wrapping it around the bag containing the raw egg.
- Seal each layer with tape.
- Make sure the egg has sufficient bubble wrap to protect it from breaking when being tossed or kicked.
- Guide kids to sit in a space-out circle.
- Begin tossing the wrapped egg across the circle.
- Signal kids to stop after several tosses around the circle. (Consider popping a separate piece of large bubble wrap as your signal.)
- Ask the kid holding the wrapped egg to shares a time when it's hard for kids to stand strong for Jesus.
- Repeat the tossing game until all the kids have had a chance to answer at least once.
- Give the wrapped egg the ultimate test by letting kids try to knock it out of the circle by kicking it.
- Each kid should act as a goalie for their area of the circle, to keep the egg from escaping.
- Unwrap the bubble wrap after the game and examine the egg.
- Wrap up with a conversation by asking:
  - In what ways does the bubble wrap remind you of the armor of God?
  - How are followers of Jesus like the egg inside the bubble wrap?
  - Point out that the egg would not have survived the game if it hadn't been for the protection of the bubble wrap. It would have cracked and broken.
  - What are some experiences in life that can make us feel like the egg being tossed around the circle?
  - What do we need in order to stand strong?

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## MADE TO IMAGINE

an activity that promotes empathy and facilitates concrete application through role-play and reenactment



## VERSE TO TAKE WITH YOU

[HEAR FROM GOD | MEMORY VERSE ACTIVITY]

**WHAT YOU NEED:** Bibles, sweet potatoes used in "Bible Story Extension"

### WHAT YOU DO:

- Invite kids to look up and read Philippians 4:13 together.
- Ask:
  - How would you finish the following sentences?
    - This verse means I can . . .
    - This verse does not mean I can . . .
  - What's the difference between being confident and being proud?
  - How does learning to see ourselves as God sees us give us confidence?
- Remind kids that seeing ourselves as God sees us means that we recognize our need for Him and invite Him into our life.
- Memorize Philippians 4:13 by saying it together several times.
- Bring out the sweet potatoes kids worked on in "Bible Story Extension."
- Let kids hold their "army of warriors" in front of a smartphone and record the group reciting Philippians 4:13 together in their fiercest warrior voices.
- Let kids watch the video. Consider posting it to your church's social media sites (after making sure proper parental/guardian permission has been obtained).

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### MADE TO CONNECT

an activity that invites kids to share and collaborate with others while growing their understanding



### DISCUSSION QUESTIONS

[TALK ABOUT GOD | BIBLE STORY REVIEW]

**WHAT YOU NEED:** No supplies needed

**WHAT YOU DO:**

**Ask:**

- What part of the armor of God do you think is most helpful?
- How does the armor of God give you confidence?
- As you get dressed this week, how can you remind yourself to “put on your armor”?

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### MADE TO REFLECT

an activity that creates space  
for personal processing  
and application



### MAKE IT PERSONAL WITH PRAYER [PRAY TO GOD | PRAYER ACTIVITY]

**WHAT YOU NEED:** No supplies needed

**WHAT YOU DO:**

- Lead kids through a prayer that focuses on each aspect of the armor of God.
- Pause after each section and invite kids to interject a sentence prayer of their own or to pray silently.

### TODAY'S BIBLE STORY

**Stand and Deliver**  
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"Dear God, thank You for giving us what we need to confidently live for You. Thank you that we never fight alone—You are always with us.

Help us put on the *BELT OF TRUTH* and follow what You say is right and good.

### KEY QUESTION

When is it hard to stand strong?

Help us put on the *CHEST ARMOR OF GODLINESS* to protect our hearts from loving ourselves more than You and others.

### TODAY'S BOTTOM LINE

Use what God has given  
you to stand strong.

Help us put the *GOSPEL OF PEACE* on our feet, so we're ready to take the message of Your love wherever we go this week.

### MONTHLY MEMORY VERSE

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Help us take up the *SHIELD OF FAITH* and choose to trust in You no matter what.

Help us put on the *HELMET OF SALVATION* and remind us that Jesus came to rescue and save us. Guard our minds and our thoughts from doubts, fear, and pride.

### MONTHLY LIFE APP

Confidence—Learning to see  
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Help us take up the *SWORD OF THE SPIRIT* by trusting Your promises and obeying your commands.

Remind us every day as we get dressed to put on the invisible armor You've given us so that we have all we need to stand strong. In the powerful name of Jesus, Amen."

### BASIC TRUTH

I can trust God no matter what.