



WEEK

**ONE**

FEBRUARY 2021

SMALL GROUP

**K-3**

PRELUDE

SOCIAL

STORY

WORSHIP

GROUPS

HOME

PROVIDING TIME FOR FUN INTERACTION  
15 MINUTES

### MADE TO MOVE

an activity that increases the oxygen in the brain and taps into the energy in the body



*Before kids arrive, take a few moments to pray for them. Thank God for His loving kindness toward us. Thank Him for showing us the ultimate kindness when He sent Jesus to die for our sins. Ask Him to continue to pour out His kindness so that out of the abundance of His kindness, we can be kind to others.*

### TODAY'S BIBLE STORY

**Humble and Kind**  
God Was Kind to Us  
Ephesians 4:32

### TODAY'S BOTTOM LINE

**Be kind to others because God is kind to you.**

### MONTHLY MEMORY VERSE

**You are God's chosen people. You are holy and dearly loved. So put on tender mercy and kindness as if they were your clothes. Don't be proud. Be gentle and patient.**  
Colossians 3:12, NIV

### MONTHLY LIFE APP

**Kindness—Showing others they are valuable by how you treat them**

### BASIC TRUTH

**I should treat others the way I want to be treated.**

### EARLY ARRIVER

**WHAT YOU NEED:** hand sanitizer, balloon or beach ball

#### WHAT YOU DO:

- Welcome kids by name as they arrive.
- Instruct kids to use one pump of hand sanitizer.
- Direct kids to stand in a circle.
- Hold the balloon or beach ball and ask: What does it mean to be kind to each other with our words?
- After discussing that question, toss the balloon around the group. Ask each kid to say something kind about the kid who tossed it to them.
- Play as long as time allows.



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### MADE TO PLAY

an activity that encourages learning through following guidelines and/or working as a group



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### EARLY ARRIVER

#### WHAT YOU NEED:

#### WHAT YOU DO:

- Play a game similar to "Simon says" based on what the kids look like or what they are wearing.
- For example:
  - "If you have brown hair, do five jumping jacks."
  - "If you are wearing a red shirt, rub your belly."
- You can allow the kids to take turns being "Simon" and giving the instructions.
- Some action ideas:
  - Animal noises
  - Hop on one leg
  - Skip around the room
  - Clap your hands
  - Run in place
  - Pat your head



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CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

### MADE TO IMAGINE

an activity that promotes empathy and facilitates concrete application through role-play and reenactment



### ALL THE KINDNESS

[TALK ABOUT GOD | BIBLE STORY REVIEW]

**WHAT YOU NEED:** Large piece of butcher paper, marker

#### WHAT YOU DO:

- Gather the group around the butcher paper.
- Ask an older kid to write KINDNESS vertically in big letters down the left side of your paper.
- For each letter of KINDNESS, ask kids to brainstorm and share several ways we can be kind to each other or ways that God has been kind to us.
  - Each idea should start with one of the letters of KINDNESS.
  - Brainstorm a few ideas for each letter and make a list together as a group.
- After kids share several acts of kindness for each letter, work together to choose just one act of kindness for each letter.
- Circle that act of kindness on your paper.
- With your assistance, direct the kids to form the letters of KINDNESS with their bodies on the floor, one letter at a time, working together.
- Each letter will take about three kids. Rotate the kids each time so that everyone has a few chances to be a part of a letter.
  - If you are physically distancing, ask each kid to form an individual letter using their arms or body.

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### BASIC TRUTH

**I should treat others the way I want to be treated.**

#### WHAT YOU SAY:

"You had some great ideas about kindness! Why is it important to be kind to others? *(Invite answers.)* Our Bible story today reminded us that you should **be kind to others because God is kind to you.**

"How has God shown kindness—that He values you? *(Invite responses and be ready with prompts like sending Jesus to rescue us, providing for what we need, forgiving us when we mess up, being with us when we are scared or alone; giving us strength to do hard things, helping us forgive others, etc.)*

"Can you do any of those things for other people? *(Invite answers and be ready with prompts like sharing with friends in need, forgiving each other, comforting people when they're scared, helping kids when they're lost, encouraging each other, giving up something like screen time or a toy in order to be kind, etc.)*

"When was the last time you were kind to someone?" *(Invite answers.)*

**[Make it Personal] (Share an age-appropriate situation from your recent memory when you were kind to someone or they were kind to you.)**



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an activity that increases the oxygen in the brain and taps into the energy in the body



### STEP BY STEP

[TALK ABOUT GOD | BIBLE STORY REVIEW]

WHAT YOU NEED: No supplies needed

#### WHAT YOU DO:

- Stand on one end your small group space and position the kids on the other end.
- If you give an example of something kind that God has done for us, the kids can take two steps forward.
- If you give an example of something kind we can do for others, the kids can take one step forward.
- If a kid takes the wrong amount of steps, they go back to the beginning. The kid who gets to the leader first is the next person to say kind things God has done and that we can do.
- Examples of what to say:
  - Help your family with yardwork.
  - Cheer up your friend when they are sad.
  - God sent us Jesus.
  - Write a letter to your grandparent.
  - Help your family with dishes.
  - Jesus forgives our sins.
  - We forgive our friends.
  - Do a chore without being asked.
  - God gave us friends.

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#### WHAT YOU SAY:

"Wow! I love the fact that because God is kind to us, we can be kind to others. Because God has forgiven us, we can forgive others. You guys came up with some really good examples of being kind. I want to challenge you to take a step toward someone else this week and do something kind for them because God is kind to you! Remember, you can **be kind to others because God is kind to you.**"



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### MADE TO CREATE

an activity that explores ideas through the process of drawing, building, designing, and problem-solving



### KINDNESS CATCHER

[LIVE FOR GOD | APPLICATION ACTIVITY]

**WHAT YOU NEED:** "Kindness Catcher" Activity Page, markers, crayons or colored pencils, and scissors

#### WHAT YOU DO:

- Give each kid a "Kindness Catcher" Activity Page.
- Guide kids to cut on the dotted lines to cut off the excess paper around the edges. You may need to help some of the younger kids with this.
- Prompt kids to write kind actions on the eight blank triangles in the middle of their kindness catchers.
- Some examples are:
  - Give a fist bump
  - Sing a song
  - Give a compliment
  - Tell a joke
- Once kids have written their kind actions, have them fold their kindness catchers.
- If you need a visual on how to fold the paper, do an internet search for "cootie catcher."
  - Start with folding on the red lines.
  - They will fold the letters back, not toward their kind actions.
  - Once all four corners are folded back, have them fold the corners back (the green lines).
  - At this point, their kindness catcher should be in the shape of a square.
  - One side will say "SHOW" and the other side will say "KINDNESS." (Note: the letters will be a little jumbled.)
  - The kid's pointer finger and thumb of each hand will slide under the letters for "SHOW."
- Let kids use their kindness catcher with a friend.
- Have a kid choose a letter from the word "SHOW."
- Whatever color that letter is, the kids will spell out the color (ex: R-E-D), moving their fingers up and down or side to side for each letter.
  - For example, if the color is "red," the kid would open and close the catcher three times.
- Then they'll end up on the the letters for either "KIND" or "NESS" and choose a letter that has a number on it.
- Then the kid will move their fingers that many times up and down and side to side.
- Now, the kid chooses a letter and lifts that flap. Whatever the kind action is they chose, they have to perform.

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#### WHAT YOU SAY:

"Wow! These kindness catchers were SO fun to make and play with. The amazing thing is you get to take them home and use them with your family and friends. Whenever you use them, remember to **be kind to others because God is kind to you.**"



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### (KINDNESS CATCHER, CONTINUED)

*[Make it Personal] (Tell kids about a time when someone showed kindness to you and it reminded you of how kind God has been to you. Maybe it was a time when you really needed a friend and someone showed up for you. This may have reminded you of how God is so kind to ALWAYS be with us.) "Being kind to others, even just by using a kindness catcher, can remind others that God is kind to us."*



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### MADE TO REFLECT

an activity that creates space  
for personal processing  
and application



### PRAY AND DISMISS

[PRAY TO GOD | PRAYER ACTIVITY]

**WHAT YOU NEED:** Kindness catchers from "Kindness Catcher" Activity

**WHAT YOU DO:**

- Ask each kid to hold their kindness catcher and tell you one way God has shown His kindness to them and one way they can show kindness to others.
- Pray that God will help each of them remember His kindness, so they can show kindness to others.

**WHAT YOU SAY:**

"You can **be kind to others because God is kind to you**. One of the things I love most about God's kindness is that no matter what I do, He will always be kind to me. God will ALWAYS forgive us and ALWAYS be kind to us. Because He has shown us how, we can do that, too. It won't always be easy, but just like we can choose to ask someone to play with our kindness catcher with us, we can choose to be kind without our kindness catcher, too. Because of God's amazing kindness and love for us, we can find even MORE ways to be kind than the ones we wrote in our kindness catcher.

"I'm so proud of each of you and the kind actions you chose to put in your kindness catcher. Now, we can leave here and be kind to everyone we see because of God's kindness to us. Let's pray and ask God to help us.

"Dear God, we know that on our own it is really hard to be kind. Help us remember that we can be kind to others because You are kind to us. Help us always remember the ways You are kind to us. We are especially thankful for the kindest thing You have ever done, giving us Jesus. Help us take a step toward someone else and be kind. We love You and are so thankful You love us and chose us. In Jesus' name we pray, amen."

As adults arrive to pick up, encourage the kids to show them their kindness catcher and remind them to **be kind to others because God is kind to you.**"

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