

# UNMASKED DROP THE ACT



WEEK  
**FOUR**  
OCTOBER 2020

SMALL GROUP  
**PRETEEN**

PRELUDE

SOCIAL

STORY

WORSHIP

GROUPS

HOME

PROVIDING TIME FOR FUN INTERACTION  
15 MINUTES

## MADE TO PLAY

an activity that encourages learning through following guidelines and/or working as a group



Before kids arrive, take some time to go to God in prayer for your kids and the time they will spend with you today in group. Pray that they will learn what it means to focus on the good, to focus on the things that are true about them.

## TODAY'S BIBLE STORY

### Always on My Mind

Think on These Things  
Philippians 4:8

## TODAY'S KEY QUESTION

What do you tend to focus on?

## TODAY'S BOTTOM LINE

Focus on what's true.

## MONTHLY MEMORY VERSE

Anyone who lives  
without blame walks safely.  
But anyone who takes a  
crooked path will get caught.  
Proverbs 10:9, NIRV

## MONTHLY LIFE APP

Integrity—Choosing to be truthful  
in whatever you say and do

## BASIC TRUTH

I need to make the wise choice.

## 1. JUST FOR FUN

WHAT YOU NEED: **nothing**

### WHAT YOU DO:

- **Gather** kids in a circle.
- **Tell** kids to look down at the ground.
- **Say** "1-2-3- Focus."
  - When you say "Focus," **instruct** kids to immediately lift their eyes and focus their gazes on someone in the circle.
  - If two kids are looking at each other, they are out.
  - Kids who didn't make eye contact with anyone continue to "focus" on that spot until you **say** "Focus Down."
  - **Make sure** kids understand that they have to actually look at someone else, instead of simply looking off "into space" to avoid making eye contact.
- **Continue** until two or three kids are left in the circle.
- If time allows, **play** again.

# UNMASKED DROP THE ACT



WEEK  
**FOUR**  
OCTOBER 2020

SMALL GROUP  
**PRETEEN**

PRELUDE

SOCIAL

STORY

WORSHIP

GROUPS

HOME

PROVIDING TIME FOR FUN INTERACTION  
15 MINUTES

## MADE TO PLAY

an activity that encourages learning through following guidelines and/or working as a group



## 2. GET YOUR HEAD IN THE GAME

**WHAT YOU NEED:** No supplies needed

**WHAT YOU DO:**

- **Read** one of the categories below to the group.
- **Choose** a kid to go first.
- **Tell** kids they have 10 seconds to name five things related to that category.
- **Say "GO"** and **begin** counting down from 10 out loud.
- **Encourage** the group to keep track of the things on their fingers.
- **Discourage** kids from shouting out answers.
- **Play** multiple rounds, switching up the category with each round.
- Categories could include:
  - Things in the sky
  - TV shows
  - Words starting with the letter "T"
  - People in the Bible
  - People who wear masks
  - Costumes
  - Desserts
  - Things in a backpack
- *Optional:* After you have played a couple of rounds, **create** your own category or **allow** kids to come up with a category.

## TODAY'S BIBLE STORY

### Always on My Mind

Think on These Things  
Philippians 4:8

## TODAY'S KEY QUESTION

What do you tend to focus on?

## TODAY'S BOTTOM LINE

Focus on what's true.

## MONTHLY MEMORY VERSE

Anyone who lives  
without blame walks safely.  
But anyone who takes a  
crooked path will get caught.  
Proverbs 10:9, NIRV

## MONTHLY LIFE APP

Integrity—Choosing to be truthful  
in whatever you say and do

## BASIC TRUTH

I need to make the wise choice.

**WHAT YOU SAY:**

"It would have been a lot easier to focus on the category if you weren't being timed wouldn't it? **[Transition] Let's head to Large Group to hear about what you should focus on, even if it is hard.**"

Lead your group to the Large Group area.



PRELUDE

SOCIAL

STORY

WORSHIP

GROUPS

HOME

CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

## MADE TO PLAY

an activity that encourages learning through following guidelines and/or working as a group



## 3. VERSE TO TAKE WITH YOU [HEAR FROM GOD | MEMORY VERSE ACTIVITY]

**WHAT YOU NEED:** "Memory Verse Cards" (Activity Page), "Philippians Verse Cards" (Activity Page), costume masks from previous weeks

### WHAT YOU DO:

- **Direct** kids to stand in a line.
- **Place** the "Memory Verse Cards" in the correct order in front of the kids.
- **Instruct** kids to turn around so their backs are facing the cards.
- Using one of the costume masks, **cover** one verse card.
- **Instruct** kids to turn around and to sit down as soon as they figure out what words are hidden.
- **Ask** the first kid who sits down to correctly identify the hidden word by guessing what the word is.
  - If they're correct, **award** a point.
  - If they're incorrect, the second kid who sat down gets a chance to identify the hidden word.
- **Play** several rounds.
- **Remind** kids to keep track of their points and encourage them to use integrity as they award themselves points.
- **Start** by only covering one card until kids get the hang of how to play.
  - As you play more rounds, **cover** more than one card.
  - **Declare** the kid with the most points the winner.
- **Repeat** the game with the "Philippians Verse Cards."
- **Ask:**
  - What do Proverbs 10:9 and Philippians 4:8 have in common?
  - How can these verses remind us to choose to be truthful in everything we say and do?
  - What are things we can do to help focus on what is true?
    - **[Make it Personal]** (Be prepared to share with the group what you do when you need to redirect your focus to what is true.) Maybe you go for a walk or pray. Maybe you have a "go to" verse that helps you focus on what Jesus did for you.

## TODAY'S BIBLE STORY

**Always on My Mind**  
Think on These Things  
Philippians 4:8

## TODAY'S KEY QUESTION

What do you tend to focus on?

## TODAY'S BOTTOM LINE

Focus on what's true.

## MONTHLY MEMORY VERSE

**Anyone who lives  
without blame walks safely.  
But anyone who takes a  
crooked path will get caught.**  
Proverbs 10:9, NIV

## MONTHLY LIFE APP

**Integrity—Choosing to be truthful  
in whatever you say and do**

## BASIC TRUTH

**I need to make the wise choice.**

# UNMASKED DROP THE ACT



WEEK  
**FOUR**  
OCTOBER 2020

SMALL GROUP  
**PRETEEN**

PRELUDE

SOCIAL

STORY

WORSHIP

GROUPS

HOME

CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

## MADE TO CONNECT

an activity that invites kids to share and collaborate with others while growing their understanding



## TODAY'S BIBLE STORY

### Always on My Mind

Think on These Things  
Philippians 4:8

## TODAY'S KEY QUESTION

What do you tend to focus on?

## TODAY'S BOTTOM LINE

Focus on what's true.

## MONTHLY MEMORY VERSE

Anyone who lives  
without blame walks safely.  
But anyone who takes a  
crooked path will get caught.  
Proverbs 10:9, NIV

## MONTHLY LIFE APP

Integrity—Choosing to be truthful  
in whatever you say and do

## BASIC TRUTH

I need to make the wise choice.

## 4. DISCUSSION QUESTIONS

[TALK ABOUT GOD | BIBLE STORY REVIEW]

**WHAT YOU NEED:** No supplies needed

**WHAT YOU DO:**

**Ask:**

- When you're daydreaming or just thinking your thoughts, what do you usually think about?
- Why we do often focus on the negative instead of the positive?
- Does choosing to be truthful in whatever you say and do, mean that it's okay to say something that could be hurtful as long as it is true? Why?
- What are some ways we can train ourselves to focus on what is true?
- What can we do when we find ourselves thinking about or worrying about something negative? Or when we start to worry? For example: You have a big test coming up and you are worried you will fail it. What can you do to focus on what is true?

# UNMASKED DROP THE ACT



WEEK  
**FOUR**  
OCTOBER 2020

SMALL GROUP  
**PRETEEN**

PRELUDE

SOCIAL

STORY

WORSHIP

GROUPS

HOME

CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

## MADE TO REFLECT

an activity that creates space  
for personal processing  
and application



## 5. MAKE IT PERSONAL WITH PRAYER [PRAY TO GOD | PRAYER ACTIVITY]

**WHAT YOU NEED:** No supplies needed

### WHAT YOU DO:

- **Gather** kids in a circle.
- **Lead** kids in a prayer exercise that involves deep

breathing.

- **Ask** kids to take a deep breath and let it go slowly.
- **Explain** that sometimes redirecting what we are focusing on can start with a deep breath.
- **Review** the things we should focus on from Philippians 4:8, e.g. true, noble, right, pure, excellent, worthy of praise, lovely, worthy of respect.
- **Ask** kids to silently choose a word from Philippians 4:8.
- **Encourage** kids to close their eyes.
- **Tell** them to focus on their breathing, taking a deep breath in and letting it go.
- After a couple rounds of breath, **encourage** them as they breathe in to silently say in their head, "Jesus."
- After a couple rounds of breath, **encourage** them as they exhale to silently say in their head, "You are . . . (kids fill in the blank with their word from Philippians 4:8)."
- After a couple rounds of breath, **say**, "When you find yourself struggling with choosing to live with integrity, stop and take a few deep breaths to redirect your focus to what is true."
- **Close** in prayer.

"God, You are worthy of our praise! You are always right and pure. Your ways are excellent and trustworthy. God, when we struggle with showing integrity, help us to remember to turn to You. We know when we focus on You, when we study Your Word, when we talk to You, we are choosing to train ourselves to be truthful in whatever we say and do. We pray this in Your name! Amen!"

## TODAY'S BIBLE STORY

**Always on My Mind**  
Think on These Things  
Philippians 4:8

## TODAY'S KEY QUESTION

What do you tend to focus on?

## TODAY'S BOTTOM LINE

Focus on what's true.

## MONTHLY MEMORY VERSE

**Anyone who lives  
without blame walks safely.  
But anyone who takes a  
crooked path will get caught.**  
Proverbs 10:9, NIRV

## MONTHLY LIFE APP

Integrity—Choosing to be truthful  
in whatever you say and do

## BASIC TRUTH

I need to make the wise choice.