

# WEEK 2 - Nov 2020 - PRESCHOOL

Today's Bible Story: I can thank God for food.

Elijah and the Widow • 1 Kings 17:7-16

Memory Verse: "Give thanks to the Lord for he is good." Psalm 107:1, NIV

**Key Question:** Who is good? **Bottom Line:** God is good. **Basic Truth:** God made me.

# Make it Fun

Activities to help kids transition into the classroom and set up the bible story.

-Feed the Hungry

## Make it True

Captivate kids with a bible story and help them understand how it connects to their world

-Large group time

# Make it Stick

Activities and crafts that help kids personalize the story and apply the truths to their life.

- -Memory Verse
- -Food for thought
- -Thank God for food
- -Journal and prayer

# First 15 min - MAKE IT FUN

## 1. Feed the Hungry

Made to Play: An activity that encourages preschoolers to follow guidelines while having fun and learning new concepts

**What You Need:** "Face" Activity Page, cardstock in various colors, paper lunch bags, scissors, glue sticks, and pom poms; *Optional: plastic spoons and pom pom colors that match the cardstock* 

#### What You Do:

Before the Activity: Copy "Face" on cardstock and cut on dotted lines. Glue "Face" to paper bags and cut the bag at the mouth.

During the Activity: Encourage children to feed the faces with pom-poms. Option: Older children can use the spoons to feed the faces. Option: Feed the faces their color pom poms only.

After the Activity: Talk about how we'll hear a story about a man who had no food and was very hungry. Sanitize materials between uses.

# What You Say:

Before the Activity: "Friends, come over here and look at all these faces. (Pause.) They look hungry! What should we do? (Pause.) Let's give them some food!"

During the Activity: "We can pretend these pom poms are food. Pick up one at a time and put it in their mouth. (Pause.) Great job. They aren't hungry anymore! Let's play again. (Dump out the pom poms. Repeat or continue with the color option.) This time, feed the faces the same color of pom poms. Red faces gets red pom poms. Blue faces get blue pom poms. Green faces get green pom-poms. (Pause.) You did it! You gave all the hungry faces food to eat."

After the Activity: "Today in our Bible story, we'll hear about a man who was really hungry and given food to eat just like these hungry faces you fed."

**Transition:** Move to Worship and Story by rubbing your belly then pretending to eat food while you say, *[Bottom Line]* 'God is good.'

# Large group - MAKE IT TRUE

## **Large Group Overview:**

Story Focus: I can thank God for food. Week two, we will hear the story about Elijah and a widow who only had enough food left for one small meal—that is until God showed up! God gave the widow all the food she needed. So when our preschoolers see food,

we want them to say, "Thank You, God!" Mac and cheese... Mmmm...Thank You, God! Vanilla ice cream...thank You, God! Apple slices...Thank You, God!

# **Last 20 min- MAKE IT STICK**

# 1. Thankful for Food Memory Verse

### **Hear from God | Memory Verse Review**

Made to Move: An activity that uses a preschooler's natural desire to move to help them learn

What You Need: "November Memory Verse" Activity Page, cardstock, and food stickers

### What You Do:

Before the Activity: Copy the "November Memory Verse" on cardstock. Set the food stickers in the center of the tables.

During the Activity: Point out the memory verse on the Activity Page and repeat it together. Encourage the children to add food stickers around the edge of the page as a reminder to thank God for the food He provides.

After the Activity: Gather all the rest of the stickers.

## What You Say:

During the Activity: "On our page is our memory verse for this month! Let's say it together and do the motions, too.

"Give thanks (clap on each word) to the Lord (point up) for he is good, (two thumbs up) Psalm 107:1 (NIV)." (Open your hands like a book.)

"Yes, **[Bottom Line]** God is good! We can give thanks to God because He gives us so many good things. What do you see on the stickers here on the table? (*Pause.*) Yes, food! Let's add some of these stickers to the page to remind us that we can thank God for our food."

After the Activity: "These look awesome! What are some of your favorite foods? (Pause.) My favorite food is [your favorite food]. Let's remember to thank God for the food He gives to us! God always gives good things because He IS good. Tell me, who is good? [Bottom Line] God is good."

## 2. Food for Thought

# Talk about God | Bible Story Review

Made to Play: An activity that encourages preschoolers to follow guidelines while having fun and learning new concepts

What You Need: Little People® toy figures (one male, one female), empty jar or container (for oil), burlap bag filled with cotton balls (for flour), a small loaf pan, and a toy bread loaf (or use pictures)

#### What You Do:

Before the Activity: Set the toy bread loaf inside the pan and keep it there as you "make" the bread

During the Activity: Gather the children around you. Have the story props within reach. Introduce each of the story props to the children and put them in order as they appear in the story. When you are done, all of the story props should be in a line in story order. Mix the story props up and ask the children to help you put them in the right order more quickly as you review the story.

### What You Say:

Before the Activity: "Come sit with me. I need your help telling today's Bible story."

During the Activity: "We heard a great story today about how God gave a woman enough food for her and her friend Elijah. Will you help me tell the story? (Pause.) Thanks!

"First, there was a man named Elijah. (Look through the story props.) I found him! Hi, Elijah! (Hold up the male figure then place him in front of the children.) Elijah was very hungry, but he didn't have any food. God told Elijah to go to a certain woman, and she would give him food. So, that's what Elijah did!

"Let's find the woman who helped Elijah. (Look through the story props.) Look! I found her! Hello, nice woman. (Hold up the female figure then place her beside Elijah in front of the children.) When Elijah found the woman, he asked her for some water to drink and bread to eat. The woman told Elijah she didn't have any food left. All she had was a little bit of oil and flour. She was going to make one last meal for herself and her son.

"Elijah told the woman to make the food she had and give it to him first. He told her not to be afraid, because God would help her. So, that's what the woman did. She got the flour. Do you see flour? (Look through the story props.) Here it is! (Hold up the bag of cotton balls. Pretend to pour some in the loaf pan then place it beside the woman in front of the children.)

"Then, she got the oil. Do you see oil? (Look through the story props.) Found it! (Hold up the jar/container, pretend to pour some in the loaf pan then place it beside the flour in front of the children.) After the woman mixed the flour and oil, she baked it. What do you think happened when she baked it? (Pause.) Yes! She made bread! (Pull the toy bread loaf out of the loaf pan and hold it up for the children to see. Then, place it beside the oil container.)

"The woman and Elijah thanked God for their food because [Bottom Line] God is good. We can thank God for food, too, because [Bottom Line] God is good. Who is good? [Bottom Line] God is good. Yay! [Bottom Line] God is good!" (Repeat reviewing the story with the props only try to do it faster each time. Have the children help you use the props in story order.)

#### 3. Thank You God for Food

**Live for God | Application Activity** 

Made to Move: An activity that uses a preschooler's natural desire to move to help them learn

What You Need: "Food Pictures" Activity Page, cardstock, and scissors

#### What You Do:

Before the Activity: Copy the "Food Pictures" on cardstock and cut apart, one food picture per child.

During the Activity: Gather the children to stand in a circle in your activity area. Give each child a food picture. Call out a type of food from one of the pictures. Each child holding that food will run into the circle and shout, "Thank You God for [food]," then run out of the circle. Repeat for each food.

After the Activity: Gather all food pictures and set aside for clean-up.

## What You Say:

Before the Activity: "Friends, come over here with me! Let's all stand in a circle. I'll give you a picture to hold. (Pass out the pictures.) Everyone, take a look at your picture. What do you see? On the count of three, call it out. Ready? One, two, three!"

During the Activity: "Awesome! If I call out your food, I want you to come to the center of the circle, hold up your pictures, and say, 'Thank you God for . . .' and name the food you have. Okay, here we go! Bread!" (Repeat with remaining food pictures.)

After the Activity: "That was fun. God gives us so many good things because He IS good. Wait, who is good? [Bottom Line] God is good. Yes, He is!"

### 4. Journal and Praver

#### Pray to God | Prayer Activity

Made to Reflect: An activity that encourages personal application and prayer

**What You Need:** Paperclipped "Memory Verse Card" in your Bible at Psalm 107:1, journal, and fun-shaped pen

**SMALL GROUP LEADER (SGL):** "It's Small Group time! Today, we'll pretend to pick apples while we walk to our small group spot. Hold your pretend basket like this. (*Demonstrate.*) And pretend to pick apples from trees like this. (*Demonstrate.*) Who's ready to go apple picking with me? Yay! Follow me! (*Pretend to carry a basket and pick apples from trees as you lead the children to your small group spot.*)

"My basket is full of apples! It's so heavy—whew! Let's put our baskets on the ground so we can sit and talk about today's Bible story. One, two, three, sit down with me! (Open the Bible and lay it in front of the children.)

"Our Bible story today was about a man named Elijah and a woman. What did Elijah ask the woman to give him? (*Pause.*) Yes, Elijah asked the woman for water to drink and bread to eat. Did the woman give him water and bread? (*Pause.*) She sure did, but it was all she had left. And what did God do for the woman? (*Pause.*) Wow! You are great listeners! Yes, God made sure that the woman had plenty of food. I'm sure she was SO thankful!

"We can thank God for the food we eat, too, because [Bottom Line] God is good. Who is good? [Bottom Line] God is good!

"And the Bible verse we're learning will help us remember to thank God, because **[Bottom Line]** God is good! It says . . . (Turn the pages of your Bible to the Memory Verse Card.)

"Give thanks to the LORD for he is good, Psalm 107:1. (Close Bible and lay it down.)

"Let's stand up and say that Bible verse together with the motions.

**CHILDREN and SGL**: "Give thanks (clap on each word) to the LORD (point up) for he is good, (two thumbs up) Psalm 107:1." (Open hands like a book.)

(Repeat the verse with motions a few times.)

**SGL:** "Yay! Way to go! (*Clap.*) Now, let's sit down so we can write in our prayer journal and talk to God. (*Hold journal and fun-shaped pen.*)

"Today, we'll make a list of foods we eat. We can use the list we make to thank God for food. When I say your name, tell me the name of one food you eat, and I will write it in our prayer journal."

(Say each child's name and write down what they say. Remember to print the names so the children can recognize their names and the letters.)

**SGL:** "This is a yummy list! Would anyone like to pray before I pray?"

(Give each child who wants to pray the opportunity to do so.)

#### **Prayer**

**SGL:** "Dear God, food is a really big part of our lives because eating is something we do every day. I pray that every time we see food, we will remember to thank You for it because it's such a good gift. Thank You for foods like *(read the list the children made)*. We love You, God. In Jesus' name, amen."