

WEEK THREE - JUNE 2020 - K3

Bible Story: Fearless (Ananias Helps Paul) • Acts 9:10-31 **Bottom Line:** Knowing Jesus can help you face your fears.

Memory Verse: "Faith is being sure of what we hope for. It is being sure of what we do not

see." Hebrews 11:1 (NIrV)

Life App: Faith—Trusting in what you can't see because of what you can see

Basic Truth: I can trust God no matter what

Summary: In Acts 9:10–31, we see what happens after Jesus meets Paul on the road to Damascus. God came to Ananias, a follower of Jesus living in Damascus. Ananias knew Paul's reputation, but he trusted that God would take care of him. He might have been scared, but he trusted that Jesus could change anyone, including a man like Paul. He even helped Paul escape Damascus when some of the religious leaders plotted to kill Paul.

OPENING DISCUSSION

1. Fear Factor

What You Need: Large sheet of paper, markers, timer

What You Do:

- Divide the group into two teams.
- Teams will take turns sending a player to the front of the group to draw something people might fear.
- If the team guesses correctly within 30 seconds, they earn two points.
- If they don't, the other team can guess and earn one point.
- Then it's the next team's turn to have one player draw a clue.
- Choose a team to start and let them choose who gets to go first.
 - Some suggestions for clues include: thunder, spiders, dark, small spaces, reading or speaking in front of a crowd, different animals, heights, water, clowns, storms.
 - Make sure to approve their choices before they start their turn, but you can let kids choose their own clues if you'd like to.

What You Say:

"We all have fears! The Bible is full of stories of people who faced situations that scared them. [Transition] Let's go to Large Group to hear a story of two people who did something even though they were probably very scared."

WEEKLY OVERVIEW

OVERVIEW:

Bottom Line: *Knowing Jesus can help you face your fears.* When we believe that Jesus conquered death itself, we can believe that Jesus can do anything. Knowing Jesus gives us a peace that passes all understanding. We might fear something from time to time, but we can put our trust in Jesus and know that we can face anything when He's with us.

SMALL GROUP

1. In Cahoots

[Bible Story Review]

Connect: an activity that inviters kids to share with others and build on their understanding

What You Need: "Multiple Choices" Activity Page, index cards, and pencils

What You Do:

- Give each person three index cards and a pencil.
 - Ask each kid to write 'A' on one card, 'B' on the next, and 'C' on the last one.
- Tell them that you will ask a multiple-choice question and give them three possible answers.
- Together, each person must decide on the correct answer (either a, b, or c) and hold up the corresponding index card before the timer goes off.
- Award one point for every team that answers the question correctly.
- The goal is for all kids to answer the questions correctly so the group, as a whole, wins.
 - There are ten questions total, so before the game starts, determine what qualifies as a "win" based on how many teams you have.
 - For instance, if you have three peoples, that means there are 30 total points that the group could earn. So, a "win" would be 23 combined points, or about 75% correct answers.

What You Say:

"Everyone is afraid at times. At some point, you will face situations that cause you to fear. Even people who believe in Jesus and have a lot of faith in Him struggle with fears. God helped Ananias face his fears just like He wants to help you face your fears. He's been helping people through impossible situations from the very beginning, and He'll help you, too. You can trust Him to be with you because you have proof through real-life stories that He has been—and continues to be—faithful to those who trust Him. [Bottom Line] Knowing Jesus can help you face your fears."

2. Pray & Dismiss

[Prayer Activity]

Connect: an activity that inviters kids to share with others and build on their understanding

What You Need: Index card; pencisl

What You Do:

- Give each kid an index card and a pencil.
- Ask the kids to write down one fear that they have. These can be things that were shared in previous activities.
- Encourage them to fold the paper and place in the center
- Take a second to ask if any of them want to share what they wrote down

- Give kids a moment to pray silently that God will give them practical ways to face their fears.
- Encourage them to also pray for their friends around the circle and to thank God for giving them this group of people to have fun and learn about God with.
- Close with group prayer.

What You Say:

"Heavenly Father, You know everything about us. You knew what our fears were even before we voiced them. You know when we face situations that make us nervous or when we're scared how things will turn out. Help us to believe that Jesus is with us, just as He was with Ananias and Barnabas. Grow our faith so we can trust that the Holy Spirit is our helper and is always with us, helping us face whatever we fear. We love You. In Jesus' name, amen."