



WEEK TWO – OCTOBER 2019 – KINDER/FIRST

Bible Story: *Ready or Not* • Exodus 3–6:12, 7–12:42

Bottom Line: *You can do what you should, even when you don't feel ready.*

Memory Verse: *“Be strong and brave. Do not be afraid. Do not lose hope. I am the Lord your God. I will be with you everywhere you go.” Joshua 1:9b (NIRV)*

Life App: *Courage—Being brave enough to do what you should do, even when you're afraid*

Basic Truth: *I can trust God no matter what.*

Summary: Next, we head to Exodus 3–6:12 and 7:1–12:42 where we continue Moses's story and discover what happened when he saw a bush that was on fire . . . but wasn't burning up. Now, that alone might make you a little nervous, but then he heard the voice of God. God asked him to go up against the most powerful ruler of his time—to ask Pharaoh to set the Israelite slaves free. In this incredible story, we see how God helped Moses face his fear and rescue the Israelites.

PRE-SERVICE ACTIVITIES

1. Early Arriver Idea

Connect: an activity that invites kids to share with others and build on their understanding

What You Need: N/A

What You Do:

- Welcome kids and spend time engaging in conversation and asking about their past week
- Invite kids to place their offerings in the *For Everyone* box on the wall near the main entrance
- Discuss the following “Would You Rather” questions:
 - Would you rather be trapped in a room with 35 locusts (or grasshoppers) for 2 hours or 100 flies overnight?
 - Would you rather have two big red sores on your shoulders or on the tops of your feet?
 - Would you rather have to run through a hailstorm or walk over hot coals?
 - Would you rather have to eat a beetle or a worm?
 - Would you rather have to dig a huge hole in the hot sun all day or carry heavy bricks from one side of your yard to the other for two hours?
 - Would you rather have to walk through a room filled with gnats blindfolded or walk barefoot across a floor covered with frogs with your eyes open?
 - Would you rather pick up a snake with your bare hands or have to carry a walking stick with you everywhere you go for a whole year?

What You Say:

“Let’s go to Large Group!”

Lead your group to the Large Group area.

LARGE GROUP

OVERVIEW:

Bottom Line: ***You can do what you should even when you don’t feel ready.** We will all face moments where we have something to do and we don’t feel ready. In those moments, we can trust God, remember what we do know, and keep going. We can trust that God will help us finish what needs to be done.*

SMALL GROUP

1. Ready Position

[Application Activity]

Play: an activity that encourages learning through following guidelines and working as a group

What You Need: N/A

What You Do:

- Gather the kids to stand an arm's length apart from each other.
- Instruct them to get into a ready position as they would when playing a sport: feet flat on the ground, knees bent a bit, legs apart so you are balanced, both hands out in front of you.
- Once all kids are in the ready position, call out one of the actions below and instruct them to pantomime it.
- Between each one, instruct kids to go back to their ready positions.
- Actions:
 - Catch a ball headed for the outfield.
 - Return a shot on the tennis court.
 - Shoot a basketball into the hoop.
 - Throw a ball back to the pitcher.
 - Twist and spin around like a dancer.
 - Stop a soccer ball from going into the goal.
 - Return the ball back over the volleyball net.
 - Catch a ball, dribble, and then pass to another player.
 - Catch a frisbee in the air.

What You Say:

“What were some things you faced this week that maybe you weren't ready for? (Pause for responses.) Can you think of an example of a time when you wanted to do the right thing and it was hard? (Pause for responses.) What are some things you could do to help you next time? What could you do to be in a ready position? (You could pray, you could recite this week's bottom line as a reminder that God is with you to help, you could say this month's memory verse.)

“Why is there a ‘ready position’ in sports? (Pause for responses.) That's right! The action happens fast on the field or the court, and this position helps an athlete respond quickly. When it comes to following God, we need to have a ready position, too! We can pray, we can talk to a friend who follows God, or we can repeat a verse we've memorized so we can have the courage to do the right thing. Think about that ready position and decide what you want

yours to be when it comes to courage. [Bottom Line] You can do what you should, even when you don't feel ready."

2. Memory Verse Motions Review

[Memory Verse Activity]

Move: an activity that increases the oxygen in the brain and taps into the energy in the body

What You Need: Bibles

What You Do:

- Review Joshua 1:9b together as a group.
- Encourage the kids to stand up and review the motions you learned last week.
 - *Be strong and brave. (Flex muscles.)*
 - *Do not be afraid. (Hold up one finger and shake it back and forth.)*
 - *Do not lose hope. (Hold up two fingers and shake them back and forth.)*
 - *I am the Lord your God. (Point to heaven.)*
 - *I will be with you everywhere you go. (March in place.)*
- *Joshua 1:9b (NirV)*
- Call on kids who feel comfortable to say the verse with the motions from memory in front of the whole group.
- Encourage the ones who don't feel ready yet to stand up and take on the challenge!
- Remind them of the Bottom Line: **[Bottom Line] you can do what you should even, when you don't feel ready,** and tell them they have a chance to practice this right now!

What You Say:

"I LOVE this verse. It is such a good one to hide in your heart. When you memorize God's Word, it helps you have the courage you need to be ready for whatever happens. God IS with you everywhere you go, so you don't have to be afraid. You can be strong and brave and [Bottom Line] you can do what you should, even when you don't feel ready."

3. Pray and Dismiss

[Prayer Activity]

Reflect: an activity that creates space for personal understanding and application

What You Need: N/A

What You Do:

- Gather your group in a tight circle.
- As you say the following lines of this month's memory verse, encourage the kids to repeat after you, as a prayer together.

What You Say:

*“One thing we can do to make sure we’re ready for whatever comes is to pray and ask God to remind us that He is with us. For our prayer time today, I want you to repeat each phrase after I say it out loud. We’re basically going to be praying our memory verse. This will help us remember that **[Bottom Line]** you can do what you should, even when you don’t feel ready.*

“Dear God, help me to be strong and brave,

“Help me not to be afraid.

“I know you are the Lord my God

“And that You will be with me everywhere I go.

“In Jesus’ name, amen.”

*As adults arrive to pick up, let the kids share our **[Bottom Line]** you can do what you should, even when you don’t feel ready.*