



## WEEK 3 - October 2019 - TWO'S

**Bible Story Focus:** God helps me do big jobs so I can be brave.

Miriam • *Exodus 1:22–2:10*

**Memory Verse:** “Be strong and courageous. Do not be afraid . . . for the LORD your God goes with you.” Deuteronomy 31:6, NIV

**Key Question:** Who can help you be brave?

**Bottom Line:** God can help me be brave.

**Basic Truth:** God loves me.

**Summary:** We love our superheroes. We love their strength and bravery and how they use their special powers and super weapons to save the day. Whether it's a lasso that forces truth telling or a trident that manipulates water, it's always exciting to watch! What about in real life? We all want to be strong and courageous. We all want to say we would be brave when faced with fear. But how? What can help us be brave? How can our preschoolers be strong and courageous SUPER KIDS without the capes and super powers we see in the movies? This month we plan on giving preschoolers the answers to all of these questions while having some superhero fun!

We want our preschoolers to grow up knowing that they can be brave, because God is with them. Yep! God can help them be brave! And they don't even need a cape or a mask!

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**9:00-9:10 | 10:30-10:40 | 12:00-12:10 - FREE PLAY**

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**9:10-9:25 | 10:40-10:55 | 12:10-12:25 - MAKE IT FUN**

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### **1. Carry the Basket**

*Made to Move: An activity that uses a preschooler's natural desire to move to help them learn*

**What You Need:** A medium-sized straw basket and floor tape

#### **What You Do:**

*Before the Activity:* Use the floor tape to make a start and a finish line about 15 feet apart in the story area.

*During the Activity:* Guide the children to make a single file line at the starting line. Give the basket to the child at the front of the line. Encourage the first child to walk fast with the basket to the finish line and then back to the start line. Ask the child to then give the basket to the next child in line and then to go to the back of the line and sit down. Challenge the next child with the basket to walk fast to the finish line and then back to the start line. Continue the activity until all of the children have had a turn to carry the basket.

#### **What You Say:**

*Before the Activity:* "Let's have a relay! A relay is when we all take turns to do something fun."

*During the Activity:* "Everyone make a line behind this line. (*Point.*) Now, the first person in our relay will carry this basket (*hold up*) to the finish line (*point*) and then turn around and go back. (*Point.*) Then give the basket to the next person in line. We will keep going until we have all had a turn to do the relay. Are you ready?" (*Pause and do activity.*)

*After the Activity:* "WOW! You are SUPER KIDS! You were so fast! Today we are going to hear an awesome Bible story about something SO special in a basket. I bet there is a SUPER KID in our Bible story today! I can't wait!"

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**9:25-9:45 | 10:55-11:15 | 12:25-12:45 - MAKE IT TRUE (snack)**

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**What You Need:** This month's worship song, "Fear Get out of Here."

**LEADER:** "Hello, everyone! I'm so happy to see you. Show me your strong, mighty arms! (*Demonstrate muscle arms.*) Yes! You are all such brave Super Kids! **Who can help you be brave? [Bottom Line] God can help me be brave.** That's right! **[Bottom**

**Line] God can help me be brave.** We don't have to worry. We don't have to fear because God is always near. Let's sing about that.

*(Lead children in singing "Fear Get out of Here.")*

"You are all AMAZING singers. I'm so proud of you. Now tell me one more time: **Who can help you be brave? [Bottom Line] God can help me be brave.**"

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**9:45-10:05 | 11:15-11:35 | 12:45-1:05 MAKE IT STICK**

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## 1. Pass the Baby

### Hear from God | Memory Verse Review

*Made to Move: An activity that uses a preschooler's natural desire to move to help them learn*

**What You Need:** basket (from above activity), baby blanket, baby dolls

### What You Do:

*Before the Activity:* Wrap baby doll in the blanket and place it in the basket.

*During the Activity:* Have the children sit in a circle. Pass the basket and the baby around the circle as you say the Memory Verse. Repeat several times.

### What You Say:

*Before the Activity:* "Miriam had a big job to do! She watched her baby brother in the basket while he was in the river."

*During the Activity:* "We have a baby in a basket, too. *(Hold up.)* Let's take care of him as we pass him around our circle. Be sure to be very gentle with him! We can say our Memory Verse while we take care of the baby." *(Do activity.)*

*After the Activity:* "That was a really big job! We had to be gentle with the baby while we said our Memory Verse. You did so good! We can be brave and do big jobs when God is with us! **Who can help you be brave? [Bottom Line] God can help me be brave.**"

## 2. Looking Through the Reeds

### Talk About God | Bible Story Review

*Made to Imagine: An activity that lets preschoolers pretend, imagine, and role play to enhance their learning*

**What You Need:** Blue butcher paper, medium-sized basket (same from above), small baby doll, baby blanket, and several preschool-sized chairs

**What You Do:**

*Before the Activity:* Place the butcher paper in the center of the activity area. This will be the river. Wrap the baby in the blanket and place it in the basket. Place the basket on the paper. Line the chairs on both sides of the river. The chairs will be the reeds.

*During the Activity:* Retell the Bible story. When you get to the part about Miriam looking through the reeds to see Moses, invite the children to peek around the chairs and pretend they are Miriam.

*After the Activity:* Finish retelling the Bible story.

**What You Say:**

*Before the Activity:* “Miriam was a SUPER KID in our Bible story today.”

*During the Activity:* “She had a big job to do! Miriam’s mother could not take care of Miriam’s baby brother so she placed him in a basket and put him in the river for a princess to find. She knew that God would protect him and the princess would take care of him. Miriam’s job was to watch Moses while he was in the river and be sure he was safe. She looked through the tall grass called reeds. Let’s pretend that we are Miriam and the chairs are the reeds. We can look through the reeds and watch Moses and be SUPER KIDS!” (*Do activity.*)

*After the Activity:* “Miriam watched Moses until the princess picked him up and took him to her house. She did a very big job. God was with her and she was brave. **Who can help you be brave? [Bottom Line] God can help me be brave!**”

**3. Going to Be Brave**

**Live for God | Application Activity**

*Made to Move:* An activity that uses a preschooler’s natural desire to move to help them learn

**What You Need:** No supplies needed

**What You Do:**

*Before the Activity:* Guide the children to stand in front of you.

*During the Activity:* Name different places that you can go where you will have to be brave. After naming a place, have the children run in place. Then ask them to stop and say the Bottom Line. Places: doctor’s office, school, dentist, and a friend’s house. Repeat as desired.

**What You Say:**

*Before the Activity:* “Sometimes we have to do things that we have to brave for. We can be SUPER KIDS and know that God is with us and be super brave!”

*During the Activity:* “Let’s pretend to go places where we need to be brave. When I name a place, pretend to run but don’t go anywhere. Just like this! (*Demonstrate.*) Now you try. (*Pause.*) Perfect. Let’s be brave and go to the DOCTOR! (*Run in place.*) Great job! You can stop running! **[Bottom Line] God can help me be brave.** Say that with me! **[Bottom Line] God can help me be brave!** The doctor is a very nice person, but sometimes it can be scary and we need to be brave. Now let’s go to SCHOOL! (*Run in place.*) Whew! We are at school. You can stop. Let’s say it again. **[Bottom Line] God can help me be brave.** School is so much fun, but sometimes it might be hard to leave our families. We have to be brave! Now, let’s go to the DENTIST! (*Run in place.*) Okay, stop! (*Say with children*) **[Bottom Line] God can help me be brave!** The dentist helps keep our teeth clean and healthy but sometimes we can be nervous when we go. God can help us be brave. We are going to one more place. Are you ready? Let’s go to the babysitter’s house. (*Run in place.*) Stop! We are here! Let’s say it one more time! **[Bottom Line] God can help me be brave!** Babysitters are nice and so much fun, but sometimes we miss our families while they are gone. When God is with us we can be brave!”

*After the Activity:* “God is with us and we can be brave. We can be SUPER KIDS! **Who can help you be brave? [Bottom Line] God can help me be brave!**”

#### **4. Moses in the Reeds**

##### **Live for God | Application Activity**

*Made to Create:* An activity that allows preschoolers to review the Bible story, Bottom Line, or memory verse by creating a craft

**What You Need:** “Moses” Activity Page, cardstock, green construction paper, scissors, and glue sticks

##### **What You Do:**

*Before the Activity:* Copy the Activity Page onto the cardstock. Fold the page inward on the two solid lines. Cut the construction paper into strips that are a half-inch wide and six-to-eight inches long. You will need about six strips per child.

*During the Activity:* Give each child a folded Activity Page and the strips. Help the child close the fold so that you cannot see the picture. Encourage the child to glue the six strips on the outside of the folds.

*After the Activity:* Send the Activity Page home with the child.

##### **What You Say:**

*Before the Activity:* “We are going to make a picture of Moses in the reeds.”

*During the Activity: (Hold up Activity Page.)* “Our page is folded, and when you open it you can see Moses. *(Demonstrate.)* Let’s glue some reeds on the outside.” *(Point and do activity.)*

*After the Activity:* “Great job! When you look through the reeds *(open folds)* you can see Moses. Just like SUPER KID Miriam did! Miriam was brave because God was with her. **Who can help you be brave? [Bottom Line] God can help me be brave!**”