



WEEK 3 - October 2019 - PRESCHOOL

Bible Story Focus: God helps me do big jobs so I can be brave.

Miriam • *Exodus 1:22–2:10*

Memory Verse: “Be strong and courageous. Do not be afraid . . . for the LORD your God goes with you.” Deuteronomy 31:6, NIV

Key Question: Who can help you be brave?

Bottom Line: God can help me be brave.

Basic Truth: God loves me.

Summary: We love our superheroes. We love their strength and bravery and how they use their special powers and super weapons to save the day. Whether it’s a lasso that forces truth telling or a trident that manipulates water, it’s always exciting to watch! What about in real life? We all want to be strong and courageous. We all want to say we would be brave when faced with fear. But how? What can help us be brave? How can our preschoolers be strong and courageous SUPER KIDS without the capes and super powers we see in the movies? This month we plan on giving preschoolers the answers to all of these questions while having some superhero fun!

We want our preschoolers to grow up knowing that they can be brave, because God is with them. Yep! God can help them be brave! And they don’t even need a cape or a mask!

9:00-9:10 | 10:30-10:40 | 12:00-12:10 - FREE PLAY

9:10-9:25 | 10:40-10:55 | 12:10-12:25 - MAKE IT FUN

1. Leaf Raking

Made to Move: An activity that uses a preschooler's natural desire to move to help them learn

What You Need: Artificial leaves and paper plates

What You Do:

Before the Activity: Scatter the leaves all around the activity area.

During the Activity: Give each child a paper plate. Encourage the children to use the plates to "rake" the leaves into a large pile in the center of the activity area. Re-scatter the leaves and repeat as time and interest allow.

After the Activity: Collect the leaves and set aside, out of reach of the children.

What You Say:

Before the Activity: "Friends! I need help with a very big job. Do you see all the leaves scattered around the room? I need your help to gather them into a big pile. I have some plates here you can use as rakes to gather the leaves.

During the Activity: "Keep raking, friends! Thanks for helping me with this big job."

After the Activity: "Whew! That was a big job. Thank you for your help. God can help us do big jobs! In our Bible story today, we'll hear about an older sister who had a very big job. Let's go find out what happened."

Transition: Move to Worship and Story by continuing to mimic raking the leaves. Call for the children to gather leaves, pointing to the right or the left. Encourage them to rake them into a pile. When finished, call on the children to "jump" up and into the leaves.

9:25-9:45 | 10:55-11:15 | 12:25-12:45 - MAKE IT TRUE

Large Group Overview:

During week three, preschoolers will hear about a big sister who had a very big job to do.

Story Focus: God helps me do big jobs so I can be brave. Miriam was tasked with watching out for her brother, Moses, when he was placed in a basket in the reeds. God was with her and helped her to be an excellent big sister

9:45-10:05 | 11:15-11:35 | 12:45-1:05 MAKE IT STICK

1. Along the River

Hear from God | Memory Verse Review

Made to Move: An activity that uses a preschooler's natural desire to move to help them learn

What You Need: Long piece of blue butcher paper

What You Do:

Before the Activity: Place the paper in the center of the activity area. Be sure that there is enough room on one side of the paper for the children to walk.

During the Activity: Tell the children that the paper is the river from the Bible story. Ask the children to walk on the banks of the river while they say the Memory Verse. Repeat several times.

What You Say:

Before the Activity: "We have a river in our room today!" (*Point.*)

During the Activity: "Let's be like Miriam and walk on the side of the river while we say our Memory Verse. Are you ready? (*Pause.*) Let's go! (*Begin walking.*) **Be strong and courageous. Do not be afraid . . . for the LORD your God goes with you,** Deuteronomy 31:6. Great job! Let's do it again!" (*Continue and finish the activity.*)

After the Activity: "Our Memory Verse tells us that we do not have to be afraid, and we can be brave because God is with us! **Who can help you be brave? [Bottom Line] God can help me be brave!**"

2. Where's the Baby?

Live for God | Application Activity

Made to Move: An activity that uses a preschooler's natural desire to move to help them learn

What You Need: A baby doll

What You Do:

Before the Activity: Hide the baby doll somewhere in your classroom.

During the Activity: Lead the children on a search around the room to find the baby doll. When the baby is found, shout, "Hooray!" If time allows, call for the children to close their eyes as you hide the baby doll again. Ask them to open their eyes and search for the baby doll again.

What You Say:

During the Activity: "There is a baby doll hidden somewhere in our classroom. Let's search together until we find the baby!"

After the Activity: "Hooray! You found the baby. Miriam watched from the riverbank to make sure her baby brother wouldn't get lost. What a big job! God helps me do big jobs so I can be brave. When you remember that God is with you, you can be a brave Super Kid too! **Who can help you be brave? [Bottom Line] God can help me be brave.**"

3. Super Kid Headband

Live for God | Application Activity

Made to Create: An activity that allows preschoolers to review the Bible story, Bottom Line, or Memory Verse by creating a craft

What You Need: "SK Logo" Activity Page, cardstock, scissors, sentence strips, glue sticks, and clear tape

What You Do:

Before the Activity: Copy the Activity Page onto the cardstock and cut on the dotted lines. Each child will need one logo.

During the Activity: Give each child a sentence strip and a logo. Help the child glue the logo in the center of the strip. Place the sentence strip around the child's head as a headband, and secure with tape.

What You Say:

Before the Activity: "God is with me, and that makes me a SUPER KID!"

During the Activity: "We can all be SUPER KIDS! Let's make Super Kid headbands so that everyone knows that we are SUPER KIDS!" (*Do activity.*)

After the Activity: "We all can be SUPER KIDS! Your headbands look awesome! We can tell everyone that God can help us be brave and be SUPER KIDS! **Who can help you be brave? [Bottom Line] God can help me be brave!**"

4. Journal and Prayer

Pray to God | Prayer Activity

Made to Reflect: An activity that encourages personal application and prayer

What You Need: Paperclip “Memory Verse Card” in your Bible at Deuteronomy 31:6, NIV. Provide a journal and a fun-shaped pen for each small group.

SMALL GROUP LEADER (SGL): “It’s Small Group time. Today we are going to take BIG steps to our Small Group spot. Are you ready to take some BIG steps? Come on and follow me!

(Take really big steps as you lead the children to your Small Group spot.)

“Here we are! That was fun! You took some really BIG steps. Now we can sit down and talk about today’s Bible story. One, two, three, sit down with me!

(Open the Bible and lay it open in front of the children.)

“Our story today was about a girl named Miriam. She had a really BIG job to do. What big job did Miriam do? *(Pause.)*

“Yes! Her big job was watching her baby brother, Moses. Miriam had to be very brave to do this big job. Who do you think helped Miriam be brave? *(Pause.)*

“You’re right! God helped Miriam be brave! **Who can help you be brave?”**

CHILDREN and SGL: *[Bottom Line]* **“God can help me be brave!”**

SGL: “Right again! We are learning a Bible verse that will help us remember that God will help us do big jobs so we can be brave. It says this.

(Turn the pages of your Bible to the Memory Verse Card.)

“Be strong and courageous. Do not be afraid . . . for the LORD your God goes with you, Deuteronomy 31:6.

(Close Bible and lay it down.)

“Let’s stand up and say that verse together with the motions. Are you ready? Say it with me.”

CHILDREN and SGL: *“Be strong (put right forearm and wrist out in front of you, similar to Wonder Woman) and courageous! (Put left forearm and wrist out in front of you and hit wrists together.) Do not be afraid . . . (wind up in a crazy karate chop pose and chop down on the word “afraid”), for the LORD (point your right hand up) your God (point your left hand up) goes with you (put both hands on hips in a “strong” pose), Deuteronomy 31:6.” (Hold out hands like a book.) (Repeat the verse with motions a few times.)*

SGL: “Yayyy! High fives for everyone! When you remember that God is always with you, you can be a brave Super Kid, too! Let’s sit down now so we can write in our journal and pray.

(Hold journal and fun-shaped pen.)

“Today we are going to make a list of jobs we think are really BIG. Think of the biggest jobs you can think of. Maybe cleaning your entire bedroom by yourself is a really big job. Or what if you had to grow all the food you eat in a garden or you had to fly an airplane? All of those are BIG jobs.

“When I say your name, tell me one job that is really BIG, and I will write it in our prayer journal.

(Say each child’s name and write down what they say. Remember to print the names so the children can recognize their names and the letters.)

“Wow! These are some really big jobs! We can use this list when we pray. Would anyone like to pray before I pray?”

(Give each child who wants to pray the opportunity to do so.)

Prayer

SGL: “Dear God, thank You for Miriam’s story. She was so brave and trusted You to help her do a really big job. We want to be brave and trust You to help us do big jobs, too! We know there is no job too big for You to help us with. It can be big jobs like *(read the list the children made)*, and You can help us do it. Thank You for helping us, God. We love You. In Jesus’ name, amen.”