



## WEEK THREE – JANUARY 2019 – KINDER/FIRST

**Bible Story:** *What Would You Say? • Proverbs 12:18*

**Bottom Line:** *Choose your words carefully.*

**Memory Verse:** *“God’s power has given us everything we need to lead a godly life.” 2 Peter 1:3a*

**Life App:** *Self Control – Choosing to do what you should even when you don’t want to*

**Basic Truth:** *I need to make the wise choice.*

**Summary:** In week three, we discover more about self-control in Proverbs 12:18. Solomon talks about the power of our words. We want kids to learn that when they choose the right words in a difficult situation they can actually bring healing to the situation rather than destruction.

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**8:50–9:00 | 10:20–10:30 | 11:50–12:00 – EARLY ARRIVERS ACTIVITIES**

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### 1. Early Arriver Idea

*Made to Move: an activity that increases the oxygen in the brain and taps into the energy in the body*

**What You Need:** Wet Wipes

**What You Do:**

- Let kids use the wet wipes to clean their hands.
- Challenge kids to hold their tongues with their fingers while saying various phrases.
  - Say tongue twisters:
    - She sells seashells by the seashore.
    - Peter Piper picked a peck of pickled peppers.
    - How much wood would a woodchuck chuck if a woodchuck could chuck wood?
  - Answer questions of your choice.
  - Tell jokes.
  - Sing songs.
- Invite kids to place their offerings in the For Everyone box on the wall near the main entrance

**What You Say:**

*“That was fun! [Transition] Let’s go to Large Group, where we’ll learn something about swords.”*

*Lead your group to the Large Group area.*

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**9:10–9:45 | 10:40–11:15 | 12:10–12:45 – LARGE GROUP**

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**OVERVIEW:**

**Bottom Line:** *Choose your words carefully. We want kids to think about the words they use throughout different situations, because our words can help point others to Jesus.*

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**9:45–10:05 | 11:15–11:35 | 12:45–1:05 SMALL GROUP**

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### 1. Kindness Cards

**[Application Activity]**

*Create: an activity that explores spiritual ideas through the process of drawing, building, and designing*

**What You Need:** Cardstock, markers/crayons, stickers (optional)

**What You Do:**

- Set out the markers, crayons, and stickers, and give each child a piece of cardstock.
- Tell kids they're going to make a kindness card for someone today.
- Challenge them to think of someone they haven't always said kind things to in the past. It could be a sibling, a parent, or a friend. (If they can't think of someone, that's okay. They can still make a card to give to someone in the future.)
- Guide them to make a card for that person that says something kind. Help with writing as needed.
- Encourage kids to decorate the card in a way they think that person would enjoy.
- ***[Make It Personal] Do this activity with the kids. If appropriate, tell them who you said something unkind to, and let them see what you say in your card to that person. (NOTE: You don't actually have to give this specific homemade card to the person, but we hope you will give them another card or follow up with them in some other way!)***

**What You Say:**

*“Those are some great kindness cards! I want you to take that card home with you and give it to the person you made it for. I think you just might make their day! When we don't choose our words carefully and we say something unkind, it can hurt others. We don't want to do that. But when we do—and we all do sometimes—it can help our relationship with that person when we apologize and when we say kind things to them and do kind things for them. But the important thing to remember is to just say kind things in the first place! **[Bottom Line] Choose your words carefully.**”*

## 2. Choose Your Words

**[Memory Verse Activity]**

*Play: an activity that encourages learning through following guidelines and working as a group*

**What You Need:** Bibles, prepared plastic tub with “Verse Words” Activity Page

**What You Do:**

- Hand out Bibles and guide kids to find 2 Peter 1:3a. Read the verse aloud several times.
- Place the tub in the middle of your space.
- Tell kids that the verse words are hidden inside the tub. Their job is to find all the words and put them in order.
- However, there is a catch! There are EXTRA words in the tub that aren't in the verse.
- If they find one of those words, they must put it back in the tub.
- Allow kids to take turns digging through the tub and choosing a word. (If your tub is big enough, let two or three kids dig at one time.)

- Once a kid has found a word, the next kid gets a turn.
- When a kid finds a word that's not in the verse, he puts it back and goes to the back of the line to get another turn.
- When all of the verse words have been found, guide kids to put the words in order.

### **What You Say:**

*“Great job choosing the words in our verse! Let’s say the verse together again. (Say the verse.) Great job! We know that God’s power gives us what we need. His power gives us the ability to choose the words we say and to choose the RIGHT words. When we need help to not say something mean or unkind, we can pray and ask God to help us use His power to have self-control and choose kind words. **[Bottom Line] Choose your words carefully.**”*

### **3. Pray and Dismiss**

#### **[Prayer Activity]**

*Reflect: an activity that creates space for personal understanding and application*

**What You Need:** “Kindness Cards” from earlier activity

#### **What You Do:**

- Hand out the kids’ cards from the “Kindness Cards” activity.
- Give kids 15–30 seconds to silently pray for the person they’re giving the card to.
- Give them some suggestions for what they might pray: that the person would know God, if they don’t already; that they would feel God’s love; that they would have a good week; etc.
- Close with the prayer below.

#### **What You Say:**

*“God, we thank You for loving us and for loving the people we made these cards for. Thank You for forgiving us when we sin and don’t choose our words carefully. Help us to be kind to people and not let our anger overflow onto other people. Help us to use Your power to have self-control. In Jesus’ name, amen. This week, I hope you remember to **[Bottom Line] choose your words carefully.**”*

***As adults arrive to pick up, tell them to ask kids why they made the cards and why it’s important to choose your words carefully. Also, don’t forget to hand out this week’s content overview to each parent!***