



WEEK TWO - JANUARY 2019

Bible Story: *Fool to Think (Slow to Anger) • Proverbs 16:32*

Bottom Line: *Think before you lose your temper*

Memory Verse: *"God's power has given us everything we need to lead a godly life." 2 Peter 1:3a*

Life App: *Self Control - Choosing to do what you should even when you don't want to*

Basic Truth: *I need to make the wise choice.*

9:00-9:10 | 10:30-10:44 - KIDS ARRIVE

Team Welcomes Kids *(Providing Time for Fun Interactions)*

Summary: Next, we look at Proverbs 16:32, where Solomon uses the idea of a fighting warrior to help us understand that, regardless of the situation, being patient and keeping our cool is always the wise choice.

God can give us the strength we need to pause and think about the consequences of our actions. Rather than letting our anger get the better of us, God can help us show patience and keep the situation under control.

9:10-9:35 | 10:40-11:05 - LARGE GROUP

"Je-sus loves me.

2 lap pats – 2 claps

Je-sus loves me.

2 lap pats – 2 claps

Jesus loves [child's name]"
shout out the name

1. Monster Masks

Made to Create: an activity that explores spiritual ideas through the process of drawing, building, and designing

What You Need: Paper Plates & Markers

What You Do:

- Set out the markers and give each child a paper plate.

- Instruct kids to draw an angry monster face on one side of their face and a happy monster face on the other side.
- Encourage them to make their monsters unique and as detailed as they wish.
- Collect their creations before going to Large Group for use again during Groups.

What You Say:

“With all this monster talk so far today, you’d think we’re talking about monsters in Large Group. That’s probably not the case, but I bet there’s a connection. [Transition] Let’s go to Large Group to find out what we’re talking about today, and when we get back, I think we might just be talking about monsters again.”

Bible Story - INTRO, Story, OUTRO Videos (whatever works best for your few)
Worship SONGS

9:35-10:05 | 11:05-11:35 - SMALL GROUP

GROUPS

(Creating a Safe Place to Connect)

2. The Monster Inside

[Bible Story Review]

Imagine: an activity that promotes empathy and facilitates biblical application through role-play and reenactment

What You Need: “Monster Masks” from Social, sticks, clear tape

What You Do:

- Ask kids what they remember from Large Group.
- Remind them of the Bottom Line: **[Bottom Line] Think before you lose your temper.** Make sure they understand that when you lose your temper, it’s like letting all your anger out.
- Explain that when you get angry, it’s like there’s a monster inside that wants to roar and kick and scream and throw things and be mean to people.
- Hand out kids’ monster masks.
- Invite kids to come up with a name for their monsters.
- Show kids how to tape a stick to the bottom edge of the plate so they can hold up the plate like it’s a mask.
- Tell kids to hold up the angry side of their monster masks and pretend to be an angry monster. Give each kid a turn to say something as an angry monster.
- They can say things like, “My name is Millie Monster, and I’m ANGRY and I’m going to throw things!”
- Then instruct kids to hold up the happy side of their monster masks and pretend to be a happy monster.
- Give each kid a turn to say something as a happy monster. They might say something like, “When I want to throw things, I will have self-control and squeeze my pillow instead.”
- You might need to help with examples and ideas for other ways to channel the angry energy. You might want to ask kids to repeat what you say.

What You Say:

*“Whenever you feel that angry monster starting to kick up some craziness inside of you, take a moment to think about what you’re feeling and choose to have self-control. Let the happy monster respond instead of the angry monster. It is so important to **[Bottom Line] think before you lose your temper.** Why? Because when we lose our temper, somebody can get hurt. We might hurt someone’s feelings, or we might actually hurt their bodies if we hit or throw things. We don’t want to do that, right? And I also know that when I lose my temper, I don’t feel right about it afterward. I know I didn’t do the right thing, and I need to apologize to the other person. So let’s all choose to think before losing our tempers, and let that happy monster take over instead.”*

3. Pray and Dismiss**[Prayer Activity]**

Reflect: an activity that creates space for personal understanding and application

What You Need: Kids’ masks from earlier activities

What You Do:

- Hand out the monster masks again.
- Tell kids that you will pray, and while you do so, you’ll guide them to hold their masks up.

What You Say:

“Hold up your happy faces as we begin. (Pause.) Dear God, we thank You for Your power. You are so amazing, and we’re so glad You love us. We know that sometimes we get angry. (To kids) Hold up your angry face. (Pause.) God, please help us to stop and think when we get angry. Help us to not lose our temper. (To kids) Hold up your happy face. (Pause.) We want to do the right thing and live godly lives. In Jesus’ name, amen.”

As adults arrive to pick up, tell them to ask kids what the masks are for and why they talked about monsters today. Also, don’t forget to hand out this week’s content overview to each parent!