



## WEEK ONE – JANUARY 2019 – KINDER/FIRST

**Bible Story:** *Busted Stuff • Proverbs 25:28*

**Bottom Line:** *Doing what you should can keep you safe*

**Memory Verse:** *“God’s power has given us everything we need to lead a godly life.” 2 Peter 1:3a*

**Life App:** *Self Control – Choosing to do what you should even when you don’t want to*

**Basic Truth:** *I can trust God no matter what.*

**Summary:** We start with a word picture Solomon writes in Proverbs 25:28. Solomon uses the idea of giant city walls keeping people safe as a way to show the importance of living with self-control. Kids will discover that having protection, like city walls, is the perfect way to help gain self-control.

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**8:50–9:00 | 10:20–10:30 | 11:50–12:00 – EARLY ARRIVERS ACTIVITIES**

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### **1. Early Arriver Idea**

*Create: an activity that explores spiritual ideas through the process of drawing, building, and designing*

**What You Need:** Paper & Markers

#### **What You Do:**

- Talk to kids about the three little pigs story:
  - Specifically, talk about how one built his house out of straw, one built his house out of sticks, and one built his house out of bricks.
  - Then the Big Bad Wolf blew them all down except the one made out of bricks.
- Ask kids what they think all the pigs should have built their house out of so the Big Bad Wolf couldn't blow it down.
- Talk to kids about what they would build their house out of if they could build a house.
- Pass out paper and markers and invite kids to draw what their house would look like if they could have any house.
- Invite kids to place their offerings in the For Everyone box on the wall near the main entrance

#### **What You Say:**

*“There are a lot of dangerous things in this world, but thankfully there are also a lot of things designed to help keep us safe if we use them correctly and follow instructions. **[Transition]** In Large Group today, we are going to hear about something that is supposed to keep us safe, but it can't if it's broken.”*

*Lead your group to the Large Group area.*

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**9:10–9:45 | 10:40–11:15 | 12:10–12:45 – LARGE GROUP**

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#### **OVERVIEW:**

**Bottom Line:** *Doing what you should can keep you safe. When you choose to do what you should, instead of doing what you want, you keep yourself out of danger. We hope kids discover the value of relying on God for self-control even when it's difficult.*

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**9:45–10:05 | 11:15–11:35 | 12:45–1:05 SMALL GROUP**

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## 1. Acts of Safety

### [Application Activity]

*Imagine: an activity that promotes empathy and facilitates biblical application through role-play and reenactment*

**What You Need:** N/A

### What You Do:

- Ask kids to stand up and face you.
- Explain that you will be asking them about things they can do that will keep them safe.
- They should silently act out the answers to your questions.
- Make sure kids understand there can be multiple answers to each question. They should act out the first one that comes into their minds.
- After they act out the answers, ask them why they should do those things—why those actions keep them safe.
- Questions:
  - What should you do before crossing the street? (Hold someone’s hand and look both ways.) Why? (So a car doesn’t hit you.)
  - What should you do before eating? (Wash your hands.) Why? (So you don’t get sick.)
  - What should you do before opening the door when the doorbell rings? (Go get an adult.) Why? (So you don’t let a stranger into your house.)
  - What should you do before hitting a baseball? (Put on a helmet.) Why? (So your head will be protected from the ball.)
  - What should you do before getting into a swimming pool? (Put on your floaties. Make sure the adult with you or watching. Look to see if there’s a lifeguard.) Why? (So they can help keep you safe in the water.)
  - What should you do before going outside into the snow? (Put on your coat, hat, gloves, etc.) Why? (To stay protected from the cold.)

### What You Say:

*“That’s a lot of ‘shoulds,’ isn’t it? We use the word ‘should’ because those are things that are very important things to do in order to make sure we stay safe. We could go out into the snow without a coat and gloves because we’re just so excited to go out and play. But SHOULD we? No. Because we could get really sick and hurt if we don’t have self-control and wait to put on our winter gear. **[Bottom Line] Doing what you should can keep you safe.**”*

## 2. Move It

### [Memory Verse Activity]

*Move: an activity that increases the oxygen in the brain and taps into the energy in the body*

## What You Need: Bibles

### What You Do:

- Guide kids to find 2 Peter 1:3a in their Bibles by using the following tips.
  - **Finding verses with kindergartners:** Guide children to open the Bibles to the marked page. Point to 2 Peter at the top of the page as you say “Second Peter” aloud. Then guide children to find the big number 1 on the page. Explain that this is the chapter number. Finally, guide them to look under the big 1 for the little 3; this is the verse number. Tell them to leave their finger on the verse as you read the verse aloud. Then lead everyone to say the verse together.
  - **Finding verses with 1st graders:** Guide them to open their Bibles to the front and find the table of contents. (Hold up a Bible opened to the table of contents to show the kids what the page looks like.) When the kids find the table of contents, lead them to find 2 Peter in the list under “New Testament.” You can help by telling them that 2 Peter starts with the number two. When the kids find 2 Peter, lead them to look at the page number beside the word. Explain that the number tells them on what page they can find 2 Peter. Help the kids find the page. When they find 2 Peter, explain that the big numbers on the page are the chapter numbers. Help them find chapter 1. Explain that the small numbers are verse numbers. Help them find verse 3 in chapter 1.
- Read the verse aloud several times together.
- Then show kids a few motions they can do along with the words and/or let them come up with some of their own.
  - “power”—muscles
  - “everything”—spread arms wide
  - “godly”—point up
- Say the verse several times with the motions.

### What You Say:

*“We can have self-control and be godly because we have God’s power. He is more powerful than anything, so if His power can help us have self-control, then we can be sure of it. But we have to choose it. And when we do choose it, God’s power will give us the ability to do the right thing. **[Bottom Line] Doing what you should can keep you safe.**”*

## 3. Pray and Dismiss

### [Prayer Activity]

*Reflect: an activity that creates space for personal understanding and application*

## What You Need: N/A

### What You Do:

- Ask kids about what they do to stay safe.
- Some examples might be looking both ways before they cross the street, wearing a helmet, wearing a seatbelt, obeying stop signs, staying inside the fences at parks and playgrounds, etc.
- Tell kids that sometimes we need to hold someone's hand to stay safe.
- Invite kids to hold hands while you pray.

**What You Say:**

*“Father, we thank You that You have given us so many instructions and directions about how to live. Help us to always remember to turn to You when we need to know what to do and remind us what You have told us through the Bible and through the people around us. Thank You that You have given us other people to help keep us safe. This week, remind us when we have a choice to make that **[Bottom Line] doing what you should can keep you safe.**”*

***As adults arrive to pick up, encourage kids to tell parents about the different ways that they learned on how to be safe. Also, don't forget to hand out this week's content overview to each parent!***