

456 SMALL GROUP

WEEK FIVE BIBLE STORY: Souped Up - Genesis 25:24-34 NIV Key Question: What could you miss out on by not waiting?? MEMORY VERSE: "Wait for the Lord. Be strong and don't lose hope Wait for the Lord!." - Psalm 27:14, NIrV LIFE APP: Patience - Waiting until later for what you want now BASIC TRUTH: I can trust God no matter what.

This week's key question is "What could you miss out on by not waiting?" God wants His best for us. Sometimes when were waiting, we rush to what we can get now instead of what is best. We hope that kids can discover that waiting for Gods best is the wisest choice they can make. We dont want kids to miss out on something God has planned for their life because they werent patient.





Wait for the Lord; be strong and take heart and wait for the Lord!

SNAPSHOT

(Activity for Group Application) WHAT YOU NEED: N/A

- Ask students to think of (but not to say out loud) situations when its a good idea to think twice and not act out of impulse or impatience. Their ideas can be real or silly.
- Tell them to share their ideas by acting them out in slow motion and letting the others guess what they're doing.
- Here are some possible ideas you can offer if needed:
 - Cheating on a test
 - Hitting the snooze button
 - Making fun of someone
 - Telling a secret
 - Saying cuss words
 - Gossiping
 - Crossing the street

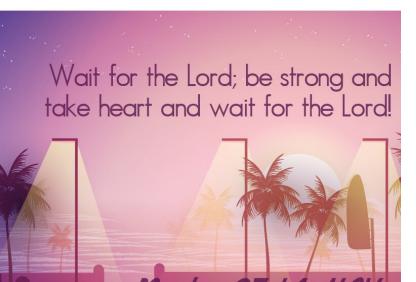




DISCUSSION

(Activity for Group Growth) WHAT YOU NEED: N/A

- What is it about pressure from our peers or stressful situations that often causes us to lose our cools and do something without thinking?
- The consequences of Esaus impulsive choice caused him a lot of pain and regret. What are some positive gains of waiting rather than settling for what we want right now?
- What can you do when everything in you wants to go the unwise route?
- What are some strategies that would help you practice patience by pausing to think twice when you feel like losing your cool?
- When you are continually impatient and seldom think twice, you become someone nobody wants to be around. Explain why you agree or disagree with that statement.





REFLECT (Activity for Personal Growth)

WHAT YOU NEED: N/A

- Sit in a circle.
- Lead the students in a prayer response using prompts below, allowing kids to pray their answers out loud like a popcorn prayer.
- • God, today I learned that . . .
 - God, please help me remember . . .
 - God, please forgive me for . . .
 - God, please help me think twice before I get impatient with . . .



WHAT YOU SAY: "Dear God, we have learned a lot about patience this month. Now it's time to put what we've learned into practice. Please help us wait with joy even when what's happening is stressful. Give us the strength to wait for what is best and not settle for a quick fix. We know that patience is fueled by faith, so help us trust you as we wait. In your name we pray, Amen."

