



WEEK THREE - APRIL 2018 - SECOND/THIRD

Bible Story: *Are We There Yet • Proverbs 14:29*

Bottom Line: *When you think you can't wait, keep your cool*

Memory Verse: *"Wait for the Lord. Be strong and don't lose hope. Wait for the Lord!" - Psalm 27:14
NIrV*

Life App: *Patience - Waiting until later later for what you want now*

Basic Truth: *I can trust God no matter what*

Summary: There's an important patience principle King Solomon wrote in **Proverbs 14:29**. Anyone who is patient has great understanding. But anyone who gets angry quickly shows how foolish they are (NIrV). How we respond to waiting shows others our character. Getting frustrated and angry doesn't make the wait any less; it just makes us look foolish

Bottom Line: Sometimes when you're waiting, becoming angry and frustrated with others is the first thing that pops into our minds. But when it comes to waiting, often there's very little we can do to make the wait any less. While you're waiting, don't make yourself look foolish by taking it out on the people around you.

8:50-9:00 | 10:20-10:30 | 11:50-12:00 - EARLY ARRIVERS ACTIVITIES

1. Early Arriver Idea

Connect: an activity that invites kids to share with others and build on their understanding

What You Need: N/A

What You Do:

- Ask kids about a time they lost their temper or someone lost their temper with them. What happened? How did they feel? Were they able to make it right with whoever was affected?

2. Follow My Lead

Create: an activity that explores spiritual ideas through the process of drawing, building & designing

What You Need: "Follow my Lead" Activity Page; markers

What You Do:

- Give each kid a copy of the Activity Page.
- Instruct them to follow the directions on the bottom of the page. (The last direction tells them not to start until you give the "okay.")
- Wait a couple minutes for kids to read directions. The kids who read the directions thoroughly should end up patiently waiting for you to tell them it's time to start drawing.
- If any kids start drawing before you tell them it's time to start, wait a minute or two to see if they notice that some kids haven't started yet.
- Keep it lighthearted, but point out the last line of instructions (#8) to the kids who started drawing. See how they react!
- Then give the entire group the "go-ahead" to follow the instructions.
- When they've drawn and colored everything according to the directions, kids can color and decorate their page however they want.

What You Say:

"You guys did a great job of following the instructions on your Activity Page. It was funny to realize you had missed something, wasn't it? The pictures you came up with look really good. Today in Large Group, we are going to talk about a book with a lot of instructions that, if you follow them, will help things go smoothly for you in life."

Lead your group to the Large Group area.

9:10-9:45 | 10:40-11:15 | 12:10-12:45 - LARGE GROUP

OVERVIEW:

Bottom Line: *When you think you can't wait, keep your cool." Having a plan for your impatience is important. Rather than just letting your frustration get to you, you can know the steps you can take to make sure that you don't lose your cool. We want kids to discover how they can make patience a priority.*

9:45-10:05 | 11:15-11:35 | 12:45-1:05 SMALL GROUP

1. Grain By Grain

[Talk about God | Bible Story Review]

Move: an activity that increases the oxygen in the brain & taps into the energy in the body

What You Need: Chopsticks; Timer (use phone); Cheerios; Bowl

What You Do:

- Set out a bowl of Cheerios on a table and give two kids chopsticks
- Set the timer for 30 seconds.
- Instruct the two kids with the chopsticks to use them to take out as many Cheerios as possible before the timer goes off. (They don't have to use chopsticks properly. Kids can put one chopstick in each hand and bring them together to squeeze the Cheerio.)
- Encourage the spectators to cheer on both kids.
- When the timer goes off, count how many each person got and declare a winner.
- Then let two other kids give it a try.
- Continue as time and interest allow.

What You Say:

*"That game was pretty exciting to watch, but it might not have been as exciting to play! How did you feel when you were trying to get the Cheerios out of the bowl, but you couldn't grab very many at a time? (Pause for answers.) I bet you definitely felt frustrated and rushed because you were trying to grab them fast and you couldn't use your hands—only those tiny tools. Maybe you even felt like you were going to lose your cool. You guys did a great job of being calm under pressure. Also, those of you who were waiting did a great job of being patient until it was your turn to give it a try. In both situations, you had to remember: **When you think you can't wait, keep your cool.**"*

2. Deep Breath!

[Memory Verse Activity]

Play: an activity that encourages learning through following guidelines & working as a group

What You Need: N/A

What You Do:

- Practice saying the memory verse together a group.
- Instruct kids to take a deep breath and say the whole memory verse as they exhale without taking another breath.
- Try it again as a group.
- Then give kids an opportunity to volunteer to say the memory verse individually all in one breath without taking another breath.

What You Say:

*"That was pretty funny to listen to! Bonus points for those of you who also managed to say the verse reference too while spitting all of that out! Even though we said it in a silly way, this verse has a very important message: we need to wait on the Lord and be strong and hopeful while we are waiting. In other words, **when you think you can't wait, keep your cool.** This week you might face a situation where you have to wait in line, or wait for someone else, or wait for something you want to do, but in all of those times we have to remember that waiting is sometimes just a fact of life and the best thing to do is just get through it well."*

3. Pray & Dismiss

[Prayer Activity]

Reflect: an activity that creates space for personal understanding and application

What You Need: N/A

What You Do:

- Invite kids to take three deep breaths and sit down cross-legged before praying.
- Ask kids what makes them feel calm or how they calm themselves down when they get angry or upset.
- Take another deep breath together and then say the prayer below.

What You Say:

*"God, thank You that you taught us in the Bible how to keep calm and be patient because You knew all along that we would need to know that. Please give us patience this week when we are in situations where we feel frustrated or stressed or like we just want to blow up. Also, if we see each other this week, remind us to tell one another: **When you think you can't wait, keep your cool.**"*



1. Read all directions before beginning the first step.
2. Draw an animal somewhere in front of the house.
3. Draw an airplane, helicopter, or hot air balloon in the sky.
4. Color the house your favorite color (except the doors and windows).
5. Draw an odd number of apples in the tree.
6. Draw a pattern on the door.
7. Color the windows in a primary color.
8. Do not draw or color anything until your Small Group Leader tells you it's time.

What to Do:

Print one page for every kid.

Follow My Lead

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